# C.O.R.E. Essentials

(Clinical Orientation & Resource Education)

Congratulations on your new nursing position at Indiana University Health.

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Following the one-day general IU Health Essentials, you will begin C.O.R.E Essentials.

The following information outlines details regarding C.O.R.E. Essentials.

# **LOCATION**

#### **Rogers Building**

714 S. Rogers (Level II) Bloomington, IN. 47403

Clinical Orientation & Resource Education (C.O.R.E.) will be held from 8 am – 5 pm.

C.O.R.E. Essentials are for new or transferred nurses, PCTs or Transport Techs as the beginning centralized clinical orientation. These classes follow IU Health Essentials Day 1 and 2. Once the required C.O.R.E classes have been successfully completed, you will then begin unit-specific orientation.

**NOTE:** Transferred or cross-trained employees may attend only parts of C.O.R.E, depending on needs assessment with educator and director.

#### **PARKING**

# **IU Health Bloomington Hospital Shuttle Lot**

(Corner of Patterson and Allen Street)

C.O.R.E. participants should advise Employee Shuttle Drivers that they need to be dropped off at the 714 S. Rogers Building for training. The Drivers will stop the Employee Shuttle on Rogers Street to allow participants quick access to the 714 S. Rogers Building.

Please allow 10 – 15 minutes to park and shuttle to 714 S. Rogers.

**NOTE:** Employee Parking Lots on the Hospital Campus are available on a first-come, first-serve basis and fill-up quickly through the weekdays. Plentiful parking is available via the Employee Shuttle Lot and is the recommended employee parking area.

# **DRESS CODE**

IU Health approved scrubs or Business attire is acceptable for Clinical Orientation & Resource Education. All RN, Patient Care Technicians, and Patient Transport staff will be asked to follow the IU Health Look of Assurance Guidelines. Please review these guidelines for instructions related to Shoe requirements and uniform accessories.

Please do not wear:

- Jeans or cargo pants
- Jean-type accessories
- Sleeveless tops
- T-shirts
- Midriff shirts

- Shorts
- Sweats
- Capri pants or leggings
- Sandals, tennis shoes or shoes without socks

Such dress does not characterize professionalism; therefore, you may be asked to leave and your continued employment may be jeopardized.

## **INPATIENT RN UNIFORM**

RN uniforms must be ordered through **lookofassurance.com** as soon as you receive your Employee ID Number included in your offer letter.

- In most cases, the RN uniform consists of an IU Health-approved red scrub top with custom black piping/trim in various styles with the IU Health logo on the upper left, and IU Health-approved black scrub pants (or skirts) with an IU Health logo on the lower left pocket area, near where your fingertips fall if your hands are hanging at your side. No additional embroidery will be included on the uniform tops, pants or skirts.
- Uniform tops may be worn with an all-white or all-black long- or short-sleeved shirt (t-shirt or undershirt), which must be tucked into uniform pants/skirts.
- The uniform includes all-black shoes that are free of obvious logos, colorful patterns and printed designs. The shoes must be clean, closed-toe, with soles of non-skid material.

#### PATIENT TRANSPORTERS

The Patient Transporter uniform consists of an IU Health-approved Khaki zip-up uniform shirt and black Landau black pants.

## **PATIENT CARE TECHNICIANS**

The Patient Transporter uniform consists of an IU Health-approved Khaki zip-up uniform shirt and black Landau black pants.

#### LUNCH

Approximately one hour will be scheduled for free time during lunch.

C.O.R.E Essentials attendees have the option to bring their own lunch or to eat at the following locations:

- IU Health Bloomington Hospital Breakaway Cafeteria
- If time permits, local restaurants

**NOTE:** A refrigerator and microwave are available in the Clinical Education & Practice Break area on Level II of the 714 S. Rogers Building. Lactation accommodations available upon request.

# SAFE MEDICATION ADMINISTRATION ASSESSMENT

Nurses only: As a part of C.O.R.E. Essentials you will be required to demonstrate safe medication administration through competency simulation including case based scenarios. In order to prepare for the simulation assessment, click here <a href="http://iuhealth.org/images/new-hir-doc-upl/IUHB\_HR">http://iuhealth.org/images/new-hir-doc-upl/IUHB\_HR</a>
TuitionReimbursement\_01012014.pdf to access a Dosage Calculations Self Study guide.

#### **TESTING INFORMATION**

Needs and skills assessment will be conducted on an individual basis for each new team member.

**Point of Care Testing:** This will be scheduled for the Thursday morning of your first week. You will be informed of your scheduled time and requirements during your first day of Clinical Orientation & Resource Education (C.O.R.E.).

**Informatics:** You will attend population specific computer classes during your first and second week of C.O.R.E. At six weeks, all nurses will complete an additional Clinical Informatics Optimization Course.

Basic Life Support: All Clinical staff will be required to maintain American Heart Association (AHA) Healthcare Provider Basic Life Support course certification. If your certification expires in the current year or you do not have a current AHA BLS Course completion card, you will be automatically enrolled in an AHA BLS Healthcare Provider Course during your first week of C.O.R.E.

**NOTE:** At six weeks, all nurses with less than six months of experience will begin Nurse Residency Program.

### **QUESTIONS?**

If you need special accommodations during the general IU Health Essentials or C.O.R.E. Essentials, contact us prior to your start date.

**Human Resources: 812.353.9535** 

Clinical Education & Practice: 812.353.5333

Manager of Clinical Education & Practice: 812.353.5153

Clinical Education & Practice Office Coordinator: 812.353.5885

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