Sports Medicine Fellowship Preparation Track

Requirements for Sports Medicine Track (based on guidelines from the AMSSM Fellowship Preparation Track):

1. Meet with the FM Sports Medicine Faculty and your advisor in your first 3 months of residency to establish goals for your residency & future practice plans in sports medicine.
2. ROTATIONS:
   a. At least three 4-week electives should be reserved for Sports Medicine electives – examples include MSK U/S, Primary Care Sports Med, Ortho Sports Med, Away Elective, Casting & Splinting
   b. Medical Selective Blocks should be spent on Rheumatology and Pain Management
   c. One 4-week Block or two 2-week Blocks spent at sites that resident is interested in applying to for fellowship – should be done late 2nd year or early 3rd year.
3. At least two but, preferably, three years of longitudinal team physician experience with an area high school including sideline coverage at football games and training room participation
4. Participation in medical coverage of at least one mass participation sporting event (ie. Muncie Endurathon, Indy mini-marathon, etc)
5. Presentations at hospital-wide Grand rounds and Family Medicine noon conference
6. Leadership of a sports medicine journal club including critical appraisal and teaching of junior colleagues
7. Teach at least 6 didactics per year to 2nd, 3rd, and 4th year IUSM clerkship students
8. Independent scholarly project (original research, case presentation, systematic review article) AND presentation of the project at ACSM or AMSSM regional or national forum (or publication in journal)
9. Attendance of at least one national sports medicine CME conference such as AMSSM, ACSM (regional or national), or an Advanced Team Physician Course

Applications for fellowships are accepted on ERAS July 1 of a candidates’ PGY 3 year.

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