2022-2024 IMPLEMENTATION STRATEGY





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Chair of IU Health West Central Region Board of Directors

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Indiana University Health's Mission

We are guided by our mission to improve the health of our patients and community through innovation, excellence in care, education, research and service.

Purpose of a Hospital's Implementation Strategy

An Implementation Strategy outlines how a hospital plans to address community health needs and is intended to satisfy the requirements set forth by state law and the Internal Revenue Code Section 501(r)(3) regarding Community Health Needs Assessments (CHNA) and Implementation Strategy. The Implementation Strategy process is meant to align Indiana University Health and its hospitals' initiatives and programs with goals, objectives and indicators that address significant community health needs described in the CHNA.

About the Hospital

Indiana University Health Arnett in Lafayette, Indiana, is a full-service, 191-bed hospital that includes more than 40 specialties and 23 outpatient clinics. The hospital features an adjacent outpatient surgery center, cancer center and several medical offices serving Lafayette and the surrounding counties. IU Health Arnett is a Magnet designated hospital recognized by the American Nurses Credentialing Center for demonstrating excellence in nursing services and high-quality clinical outcomes for patients.

The hospital is part of Indiana University Health (IU Health), the largest and most comprehensive health system in the state of Indiana. IU Health, in partnership with Indiana University School of Medicine, one of the nation's leading medical schools, gives patients access to leading-edge medicine and treatment options that are available first, and often only, at IU Health. Additional information about IU Health is available at: iuhealth.org.

Community Definition

IU Health Arnett's community is defined as Benton, Carroll, Tippecanoe and White counties, Indiana. These four counties accounted for 75 percent of the hospital's inpatient cases in 2019. The estimated population of this community in 2019 was 245,961. The following map portrays this community.



Development of Implementation Strategy

This Implementation Strategy was developed through conversations with key hospital leaders and community stakeholders within the West Central Region (WCR) of IU Health. The WCR includes the hospitals IU Health Arnett, Frankfort and White Memorial. Hospital team members included leaders and clinicians representing multiple areas of expertise, including administration, nursing, behavioral health, maternal and infant health, pediatrics, diversity and inclusion, human resources, population health and community outreach.

Each year, senior leadership at IU Health Arnett will review this Implementation Strategy to determine if changes should be made to better address the health needs of the community.

Community Health Needs Identified

The 2022 – 2024 Implementation Strategy was developed by IU Health Arnett in response to the prioritized, community health needs identified in the 2021 CHNA. The CHNA process was informed by multiple data sources gathered in January through June of 2021. Demographic, health condition, health behavior and social determinants of health data; findings from other community health assessments of the hospital's local community; and input from community members and organizations were analyzed and reviewed to assess the health of the community. Health disparities were highlighted across the different data sources too.

Significant community health needs in the 2021 CHNA are listed below, in alphabetical order. Those highlighted will be addressed in calendar years 2022 through 2024. For more information on the CHNA process, a summary of the significant community health needs, highlights of the multiple data sources that support the health needs and for a copy of the IU Health Arnett 2021 CHNA, please visit: **iuhealth.org/in-the-community/community-benefit**.

- 1. Access to Healthcare Services¹
- 2. Behavioral Health²
- 3. Maternal and Infant Health and Child Well-being
- 4. Smoking, Tobacco Use and Exposure to Secondhand Smoke
- 5. Social Determinants of Health³

¹ IU Health uses the term Behavioral Health to refer to Mental Health and Drug and Substance Abuse (including opioids and alcohol).

² Chronic Disease and Chronic Disease Management includes needs such as Obesity, Diabetes and Physical Inactivity.

³ Social Determinants of Health includes needs such as Food Insecurity and Healthy Eating.

Community Health Needs Hospital Will Address

Community Health Need: Access to Healthcare Services

Goal: Increase access to comprehensive, affordable and equitable healthcare services.

Initiative: Create a pipeline, targeting youth and adults, for fut	ture healthcare leaders to access local opportunities.
Strategies	Anticipated Impact as of December 31, 2024
 Establish partnerships and formal programs with 7-12 schools to increase student exposure to healthcare options. Identify a new model of care and establish a recruitment plan to fill in the nursing gaps in the community. Establish partnerships with higher education institutions to support the new model of care as well as increase the diversity of students accepted into healthcare programs. Recruit students for each Family Medicine Residency cohort. Train and develop physicians to be fully prepared to practice medicine. Engage Family Medicine residents in community service projects. 	 Increase the number of high school students who find interest in healthcare education/career. Reduce nursing vacancy and turnover. Create a feeder for a future diverse workforce that fits the new model of care to ensure ongoing ability to care for patients. Retain physicians to local healthcare entities, especially those located in rural communities. Increase community engagement for Family Medicine residents.
Internal/External Collaborations	Hospital Resources
 IU Health executive leaders IU Health clinical leaders Local and regional middle schools and high schools Educational institutions that offer healthcare programs IU Health Arnett Family Medicine Residency IU Health Community Outreach and Engagement (COE) 	Estimated Budget: \$80,000 annually (regional budget). Additional resources include staff time to coordinate pipeline initiative.*

^{*}The budget for this initiative is an estimate and should be regarded as such.

Initiative: Support community members accessing healthcare services regardless of their ability to pay.	
Strategies	Anticipated Impact as of December 31, 2024
 Provide medical financial assistance. Educate community members on how to qualify for financial assistance based on the IU Health financial assistance policy. Help community members enroll in healthcare coverage programs. 	 Charity care is provided to eligible patients who are underinsured/uninsured. Increase the number of patients with healthcare coverage and who understand their benefits.
Internal/External Collaborations	Hospital Resources
■ IU Health Finance ■ IU Health Individual Solutions Coordinators (ISCs)	Estimated Budget: Financial assistance is not a budgeted variable. Additional resources include staff time to help patients apply for healthcare coverage programs.*
This initiative may also address the community health need Social Determinants of Health. ⁴	

^{*}The budget for this initiative is an estimate and should be regarded as such.

⁴ Some significant community health needs connect to one another and may impact one another or work towards the same impact. This may be the same for other initiatives described throughout this plan.

Initiative: Offer community Emergency Medical Technician (EMT) classes.	
Strategies	Anticipated Impact as of December 31, 2024
 Provide EMT curriculum instruction to high school students at Greater Lafayette Career Academy. Provide EMT curriculum instruction to community members. 	 Increase the understanding of EMT curriculum. Increase interest in healthcare careers.
Internal/External Collaborations	Hospital Resources
 Greater Lafayette Career Academy Community-based organizations 	Estimated Budget: Additional resources include staff time and equipment.*
This initiative may also address the community health need Social Determinants of Health.	

^{*}The budget for this initiative is an estimate and should be regarded as such.

Anticipated Impact as of December 31, 2024
 Virtual urgent consults available to all primary care practices for adult and pediatric populations. Maintain virtual and embedded social workers within IU Health primary care clinics to assist people struggling with social needs. Increase addressing social needs that contribute to ongoing health problems.
Hospital Resources
Estimated Budget: \$1.1 million annually for IU Health (system). Additional resources include staff time to support Integrated Social Work workflow.*

^{*}The budget for this initiative is an estimate and should be regarded as such.

Community Health Need: Behavioral Health

Goal: Increase access to comprehensive, affordable and equitable behavioral health services.

Strategies	Anticipated Impact as of December 31, 2024
 Provide medication-assisted treatment (MAT) to local community. Reach out to community resources to create multifaceted approach to MAT clinic. Distribute naloxone to community. Promote the IU Health Arnett Safe Medication Disposal Program. Participate in annual Medication Take-Back Day events. 	 Increase access to MAT for patients seeking recovery. Increase retention in treatment. Lengthen sustainable recovery. Increase access to naloxone. Increase the usage of the IU Health Arnett Medication Disposal Box. Reduce the misuse of prescription drugs.
Internal/External Collaborations	Hospital Resources
 IU Health Arnett Family Medicine IU Health Arnett Behavioral Health IU Health Arnett Retail Pharmacy IU Health Arnett Emergency Department (ED) Overdose Lifeline Purdue BoilerWoRx 	Estimated Budget: \$500 annually. Additional resources include staff time and clinic space.*

^{*}The budget for this initiative is an estimate and should be regarded as such.

Initiative: Further implement Virtual Care Peer Recovery Coaching Program (provides patients with substance use concerns virtual behavioral health services).	
Strategies	Anticipated Impact as of December 31, 2024
 Provide 24/7 virtual peer recovery counseling for patients who present in the ED with substance use concerns. Ensure services demonstrate cultural humility. 	■ Increase the number of patients with substance use concerns who receive counseling when visiting the ED.
Internal/External Collaborations	Hospital Resources
■ IU Health Virtual Care Peer Recovery Coaching Program ■ IU Health Arnett ED	Estimated Budget: \$9.9 million annually for IU Health (system) (includes other services too). Additional resources include staff time to coordinate program; virtual care technology; and staff training.*
This initiative may also address the community health need Access to Healthcare Services.	

^{*}The budget for this initiative is an estimate and should be regarded as such.

Strategies	Anticipated Impact as of December 31, 2024
 Coordinate West Central Region (WCR)⁵ Opioid Stewardship Committee. Provide opioid prescribing education to providers. Review, update and adopt system-wide Chronic Opioid Policy. Participate on statewide planning committee for 988 initiative. Open Crisis Stabilization Unit in region through collaboration with other partners. Connect IU Health departments with organizations addressing behavioral health needs. Implement youth mental health collaborative project to address identified gaps in the community. 	 Decrease opioid dependency and overdoses in the community. Create a system approach to effectively prevent behaviora health crisis or reduce acute symptoms of illness. Increase IU Health collaboration and partnership in community. Reduce number of youth presenting to the ED with thoughts of suicide.
Internal/External Collaborations	Hospital Resources
 IU Health Providers System Opioid Stewardship Committee Healthy Active Tippecanoe Mental Health Collaborative Network Tippecanoe Recovery and Resilience Network Bauer Family Services Mental Health America Community Leadership Committee – Crisis Stabilization Unit Crisis Response Team Committee North Central Health Services Franciscan Health 	Estimated Budget: \$130,000 annually. Additional resources include staff time.*

^{*}The budget for this initiative is an estimate and should be regarded as such.

Initiative: Further implement emergency department (ED) virtual care program (provides patients virtual access to behavioral health services).	
Strategies	Anticipated Impact as of December 31, 2024
 Trained behavioral health clinicians provide virtual visits to patients who present in the ED with behavioral health concerns. Ensure services demonstrate cultural humility. 	 Increase the number of patients receiving behavioral health assistance when visiting the ED.
Internal/External Collaborations	Hospital Resources
■ IU Health Virtual Care ■ IU Health Arnett ED	Estimated Budget: \$9.9 million annually for IU Health (system) (includes other services too). Additional resources include virtual care technology and staff training.*
This initiative may also address the community health need Access to Healthcare Services.	

^{*}The budget for this initiative is an estimate and should be regarded as such.

⁵ IU Health's West Central Region includes the hospitals IU Health Arnett, Frankfort and White Memorial.

Strategies	Anticipated Impact as of December 31, 2024
 Rollout initiative at hospital in first quarter 2022. Eligible patients (25+ years old) will be assessed using evidence-based assessment for suicide ideation. Virtual behavioral health team will make referrals to Zero Suicide therapist via Jabber. Therapist will reach out to patient within 48 hours. Provide suicide prevention education to team members. 	 Reduce patients' return to the ED for a mental health crisis. Increase number of team members educated on the Zero Suicide framework. Lower suicidal behaviors of patients under care.
Internal/External Collaborations	Hospital Resources
■ IU Health Virtual Behavioral Health ■ IU Health Community Health	Estimated Budget: \$398,000 annually for IU Health (system). Additional resources include staff time to coordinate the initiative.*

^{*}The budget for this initiative is an estimate and should be regarded as such.

Strategies	Anticipated Impact as of December 31, 2024
 Provide behavioral health skill training for team members. Provide individual and family therapy using evidence-based practices. Consult with family and team members on patient behaviors. Consult with child and adolescent psychiatrist for medication recommendations. Provide outpatient referrals and follow-ups. Ensure services demonstrate cultural humility. 	 Ensure pediatric patients Increase trainings for team members. Improve the availability of comprehensive pediatric behavioral health services in various clinical settings.
Internal/External Collaborations	Hospital Resources
 IU Health Arnett Child Life Specialists IU Health Arnett Pediatric Unit IU Health Arnett ED 	Estimated Budget: \$9.9 annually million for IU Health (system) (includes other behavioral services too). Additional resources include staff time to coordinate program; virtual care technology; and training staff.*

^{*}The budget for this initiative is an estimate and should be regarded as such.

Community Health Need: Maternal and Infant Health and Child Well-being

Goal: Promote and protect the health and well-being of mothers, infants and children.

Initiative: Deliver maternal and infant health support groups and education opportunities to community.		
Strategies	Anticipated Impact as of December 31, 2024	
 Coordinate regional child safety seat distribution and education. Provide free child car safety seats to families in the West Central Region who are experiencing financial hardship. Purchase and distribute series of safe sleep educational video clips. Partner with Knights of Columbus to distribute pack and plays to qualifying families. Provide ongoing support groups for the following: breastfeeding, grief and loss, perinatal mood and anxiety disorder and families with an infant in a newborn intensive care unit (NICU). 	 Distribute an average 100 car seats per month between January 2022 and December 2024. Ensure car seats are installed correctly for newborns leaving the hospital. Attend at least six community events to promote safe sleep practices. Increase capacity to provide support to families. 	
Internal/External Collaborations	Hospital Resources	
 Buckle Up for Life Indiana Criminal Justice Institute Indiana Department of Health Tippecanoe County Health Department Purdue University Knights of Columbus March of Dimes IU Health Arnett Social Work IU Health Arnett NICU IU Health Arnett Mother Baby Unit 	Estimated Budget: \$500 annually. Additional resources include staff time and staff travel.*	

^{*}The budget for this initiative is an estimate and should be regarded as such.

Initiative: Provide onsite and local access to programs and services for new families and victims of sexual assault.	
Strategies	Anticipated Impact as of December 31, 2024
 Provide office location within IU Health Arnett Mother-Baby unit for Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) coordinator to meet with new parents. Provide nutrition and health screenings, assessments and breastfeeding support. Through the Center of Hope, provide medical-forensic examinations to victims of crime: child abuse, sexual assault, domestic violence, strangulation and homicide at IU Health Arnett, White Memorial and Frankfort hospitals. 	 Increase number of qualifying families that apply for WIC support. Increase breastfeeding rates to have healthier babies in our community. For victims of sexual and physical abuse, increase access to a safe space to receive treatment and care after an assault.
Internal/External Collaborations	Hospital Resources
 Local WIC programs IU Health Arnett Mother Baby Unit Indiana Department of Health Local health department Family Medicine and OB/GYN IU Health Foundation ED within the region and beyond Indiana Criminal Justice Institute Department of Child Services from 8 different counties 	Estimated Budget: Approximately \$282,000 for White/ Carroll County WIC and \$80,000 for Center of Hope (regional budget) annually. Additional resources include hospital space.*
Prosecuting Attorneys from 8 different countiesLaw enforcement and first responders	

^{*}The budget for this initiative is an estimate and should be regarded as such.

Initiative: Contribute leadership and expertise to Fetal Infant Mortality Review Team.	
Strategies	Anticipated Impact as of December 31, 2024
 Review fetal and infant mortality cases in the 12-county region (Benton, Boone, Carroll, Cass, Clinton, Fountain, Jasper, Montgomery, Pulaski, Tippecanoe, Warren and White). Participate on Community Action Team. 	 Identify service gaps in prenatal, perinatal, postpartum and pediatric care. Develop prevention strategies to improve collaboration of care and overall health of women, infants and families.
Internal/External Collaborations	Hospital Resources
 Tippecanoe County Health Department County Coroners IU Health Arnett Neonatology IU Health Arnett Mother Baby Unit IU Health WCR COE 	Estimated Budget: Additional resources include staff time annually.*

^{*}The budget for this initiative is an estimate and should be regarded as such.

Initiative: Develop Child Care Partnership to address child care needs in the community.	
Strategies	Anticipated Impact as of December 31, 2024
 Conduct feasibility study for Lafayette area locations. Create child care strategy. Explore child care partnerships to help expand local capacity. 	 Determine feasibility of providing onsite child care at IU Health Arnett. Increase local capacity for quality child care options.
Internal/External Collaborations	Hospital Resources
Bright HorizonsIU Health WCR Human ResourcesIU Health Foundation	Estimated Budget: \$17,000 in 2022. Additional resources include staff time.*
This initiative may also address the community health need Social Determinants of Health.	

^{*}The budget for this initiative is an estimate and should be regarded as such.

Community Health Need: Smoking, Tobacco Use and Exposure to Secondhand Smoke

Goal: Reduce illness, disability and death related to tobacco use and secondhand smoke.

Initiative: Implement Tobacco Cessation Programs.	
Strategies	Anticipated Impact as of December 31, 2024
 Implement Tobacco Cessation Grant. Provide free Nicotine Replacement Therapy for qualified patients. Provide group classes for community organizations that promote tobacco cessation. 	 Increase number of people who quit smoking. Increase access to cessation resources. Increase number of community group classes.
Internal/External Collaborations	Hospital Resources
IU Health Population HealthVarious community organizations	Estimated Budget: \$9,900 annually. Additional resources include staff time and the use of virtual meeting equipment.*

^{*}The budget for this initiative is an estimate and should be regarded as such.

Strategies	Anticipated Impact as of December 31, 2024
 Screen patients for any tobacco use. If patient is agreeable to referral for tobacco cessation/reduction treatment, refer patient to the CTTP CTTP staff will perform a level of care assessment to determine the best collaborative approach to treatment options including CTTP Tobacco Treatment Specialist (TTS) coach, Clickotine, Indiana Tobacco Quitline and APP Pharmacotherapy management. Patients accept treatment. Ensure services demonstrate cultural humility. 	 Increase the number of patients screened for tobacco use. Increase patient access to evidence-based tobacco cessation treatment. Reduce the use of tobacco in adults and adolescents.
Internal/External Collaborations	Hospital Resources
 IU Health Community Health Division IU Health providers IU Health Healthy Results IU Health Centralized Tobacco Treatment Program Indiana Department of Health (IDOH) – Indiana Tobacco Quitline Clickotine 	Estimated Budget: \$450,000 annually for IU Health (system). Additional resources include staff time to coordinate program; training for staff and providers; and discharge planning.*

^{*}The budget for this initiative is an estimate and should be regarded as such.

Community Health Need: Social Determinants of Health

Goal: Increase the health and well-being of the community by addressing the impact of social, economic, physical and/or environmental factors on health.

Initiative: Establish strategic collaborative relationships with local community-based organizations addressing social determinants of health.	
Strategies	Anticipated Impact as of December 31, 2024
 Identify and implement collaborative projects to address health equity and increase inclusivity. Create sustainable partnerships between the clinical teams and community partners. Coordinate regional Congregational Care Network to connect patients to congregation and community volunteers to provide companionship and other resources. Maintain sponsorship for Junior Achievement A BizTown healthcare center. Plan team member community service projects that align with priority health needs and impact populations who have been economically and socially marginalized. 	 Increase number of formal clinical-community partnerships to address social determinants of health. Increase educational outreach by sharing knowledge and expertise on health-related topics. Ensure community service projects are available to team members at least quarterly for IU Health Arnett.
Internal/External Collaborations	Hospital Resources
 Hanna Community Center Indiana Minority Health Coalition Latino Center for Wellness and Education Pride Groups IU Health WCR COE IU Health WCR Population Health Greater Lafayette Diversity Roundtable Greater Lafayette Human Relations Commission (HRC) IU Health WCR Diversity, Equity and Inclusion 	Estimated Budget: \$45,500 annually. Additional resources include staff time to coordinate programs.*

^{*}The budget for this initiative is an estimate and should be regarded as such.

Initiative: Support career pathway development program.	
Strategies	Anticipated Impact as of December 31, 2024
 Create content that can be shared during Preparing for College and Careers courses at local college. Establish mentor program to help local high school students pursue their individual career pathway. 	 Engage 10-15 students in career coaching program. Extend collaborations to reach at least one additional junior high school. Increase student knowledge of healthcare career pathways beyond physician roles.
Internal/External Collaborations	Hospital Resources
 Greater Lafayette Career Academy Tecumseh Junior High School IU Health WCR Talent Acquisition IU Health WCR Marketing & Communication IU Health WCR Diversity, Equity and Inclusion 	Estimated Budget: \$2,000 annually. Additional resources include staff time to coordinate efforts.*
This initiative may also address the community health need Access to Healthcare Services.	

^{*}The budget for this initiative is an estimate and should be regarded as such.

Strategies	Anticipated Impact as of December 31, 2024
 Assess current programs and identify gaps across the region. Develop regional plan to increase number of translators to assist in healthcare. Test IU Health Arnett team members on language abilities. 	Promote and build capacity of medical interpreters, which will support effective communication in healthcare services.
Internal/External Collaborations	Hospital Resources
■ IU Health WCR Human Resources ■ IU Health WCR Diversity, Equity and Inclusion	Estimated Budget: Additional resources include staff time to coordinate the initiative annually.*

^{*}The budget for this initiative is an estimate and should be regarded as such.

Initiative: Provide fiscal support to organizations addressing social determinants of health.	
Anticipated Impact as of December 31, 2024	
 Increase collaborative partnerships with community-based organizations to address social determinants of health. Increase health and well-being in the community by addressing the social determinants of health Increase various programmatic impacts based on funded initiatives. 	
Hospital Resources	
Estimated Budget: \$1 million over three years (1150 Academy); depends on budget of proposed initiative; \$25,000 COE Community Grant Fund (regional). Additional resources include staff time to coordinate the CII Fund and track grantee activities.*	

^{*}The budget for this initiative is an estimate and should be regarded as such.

Community Health Needs Hospital Will Not Address

IU Health Arnett will address all the community health needs identified in the 2021 Community Health Needs Assessment.

Please contact **communitybenefit@iuhealth.org** with additional questions.

