# 2025–2027 IMPLEMENTATION STRATEGY





## **Table of contents**

he IU Health Way	3
Nbout the hospital	3
Purpose of a hospital's implementation strategy	3
Community definition	4
Development of implementation strategy	4
Community health needs identified	5
Community health needs hospital will address	6
Community health needs hospital will not address	13
racking progress and community henefit	13

# The IU Health Way

# Vision • Values • Promise

#### Our vision, values and promise

IU Health has been on a path to create a healthy culture for all. The IU Health Way describes our shared culture and how we aspire to treat each other, our patients and the communities we serve.

We will lead the transformation of healthcare through quality, innovation and education, and make Indiana one of the nation's healthiest states









**PROMISE** 

### **About the hospital**

IU Health Ball serves Muncie, Indiana, and the surrounding counties. It offers 45 medical specialties, including primary care, orthopedics, neurology and many more. The Medical Education department is home to three residencies and a research department. IU Health Ball is a Magnet-designated hospital recognized by the American Nurses Credentialing Center for demonstrating excellence in nursing services and high-quality clinical outcomes for patients.

The hospital is part of IU Health, the largest and most comprehensive health system in Indiana. IU Health, in partnership with Indiana University School of Medicine, one of the nation's leading medical schools, gives patients access to leading-edge medicine and treatment options that are available first, and often only, at IU Health.

# Purpose of a hospital's implementation strategy

IU Health Ball presents this implementation strategy which follows the development of its 2024 community health needs assessment (CHNA). Every three years, a CHNA is conducted to understand the community served by the hospital, including its greatest health issues, health disparities and root causes of poor health. This information is then used to inform strategies designed to improve the community's health.

The implementation strategy process is meant to align IU Health and its hospitals' programs, services and resources with goals, objectives and strategic initiatives that address significant community health needs described in the CHNA.

IU Health's process follows the Internal Revenue Service (IRS) Tax Code 501(r) requirements to conduct a CHNA every three years and adopt an implementation strategy that addresses significant community health needs as set forth by the Patient Protection and Affordable Care Act (PPACA).

### **Community definition**

IU Health Ball defines the local community served as Blackford, Delaware, Jay and Randolph counties, Indiana.

In 2022,

**Percent of hospital inpatient cases from** local community

83.5%

**Estimated total population in local community** 

169,267

### **IU Health Ball local community** served - Blackford, Delaware, Jay and Randolph counties



Source: Power BI and IU Health, 2024

## **Development of** implementation strategy

This implementation strategy was developed through conversations with key hospital leaders and community stakeholders within Blackford, Delaware, Jay and Randolph counties. Hospital team members included leaders and clinicians representing multiple areas of expertise, including Administration, Nursing, Behavioral Health, Maternal and Infant Health, clinics and Community Outreach. Community stakeholders included representatives from local county health departments, social service organizations, county corrections, local government officials, faith-based organizations, neighborhood associations, educational institutions, clergy coalitions, philanthropic organizations, food banks, community health organizations and other health care providers.

Each year, senior leadership at IU Health Ball will review this implementation strategy to determine if changes should be made to better address the health needs of the community.

#### **Learn More**

Visit the IU Health website for more information on the CHNA process, a summary of the significant community health needs, highlights of the many data sources that support the health needs and for a copy of the 2024 IU Health Ball CHNA.

# Community health needs identified

The 2025 – 2027 implementation strategy was developed by IU Health Ball in response to the prioritized community health needs in the 2024 CHNA. The CHNA process was informed by multiple data sources gathered in January through June of 2024. Demographic, health condition, health behavior and social determinants of health data; findings from other community health assessments of the hospital's local community; and input from individuals and organizations who participated in the community input process were analyzed and reviewed to assess the health of the community. Health disparities were highlighted across the different data sources too.

Many health needs were identified in the 2024 CHNA with much input from individuals and organizations in the local

community, including ways to address these needs. The Hanlon Method was used to prioritize health needs in the community. This evidence-based technique takes the community health needs and rates them against specific criteria and other factors, identifying issues with the highest scores.

The final list of significant community health needs in the 2024 CHNA are listed below, in alphabetical order. It is not surprising that many, if not all of them, are the same from the 2021 CHNA. These health needs and social determinants of health (i.e., conditions in the environment where people are born, live, learn, work, play, worship and age that impact health) are complex and often connected to one another. Sustained community collaborations and resources as well as comprehensive interventions (i.e., program-to-policy approaches) over longer periods of time will be vital to see changes in health outcomes and health disparities in the local community served by the hospital.

#### Community health needs hospital will address (in calendar years 2025 -2027)

Access to healthcare services

Aging population and needs of older adults

Behavioral health (mental health and substance use)

Chronic disease prevention and management

Maternal and infant health and child well-being

Smoking, vaping and tobacco use

Social determinants of health

#### Community health needs hospital will not address

All community health needs identified in the 2024 CHNA will be addressed.

## **Community health needs hospital will address**

#### **Community health need: Access to healthcare services**

#### Goal: Increase equitable access to affordable and quality healthcare services.

- Increase the number of people who receive clinical and community-based preventive services, especially in geographic areas where resources are limited and for groups experiencing health disparities.
- Increase the number of people who have health insurance and can access payment assistance for healthcare services.
- Increase the development of a skilled and diverse healthcare workforce.

Strategic initiative*	Performance indicator	Internal and external partners	Hospital resources
Provide mobile, home or community-based services that provide education, referrals and prevention services (e.g., screenings and vaccines) outside traditional medical settings.	<ul> <li>Number of people served</li> <li>Number of services provided</li> <li>Number of events where services are provided</li> <li>Types of community collaborations</li> </ul>	<ul> <li>Community-based organizations</li> <li>IU Health – Healthy Communities department and clinical staff</li> </ul>	Estimated budget: Additional resources include staff time and education, vaccines and clinical supplies.**
Assist people with enrollment in healthcare coverage programs, drug assistance programs and other services.	<ul> <li>Number of people served</li> <li>Number of people referred for IU Health financial assistance</li> <li>Training and certification requirements maintained by IU Health financial counselors</li> </ul>	<ul> <li>Indiana state agencies</li> <li>Local social service agencies</li> <li>IU Health financial counselors</li> </ul>	Estimated budget: Additional resources include staff time, certification programs and training.**
Implement medical provider recruitment plan to address areas experiencing a shortage of primary and specialty care services.	<ul><li>Number of providers contracted</li></ul>	<ul> <li>External recruitment resources</li> <li>IU Health Ball Residency programs</li> <li>Internal recruitment resources</li> </ul>	Estimated budget: Additional resources include staff time.**
Collaborate with local educational institutions for healthcare specific workforce development initiatives.	<ul> <li>Number of people served</li> <li>Types of collaborations with local educational institutions</li> </ul>	<ul> <li>Erskine Green         Training Institute         Various local schools         IU Health Human         Resources     </li> </ul>	Estimated budget: Additional resources include staff time.**
Implement bridge advanced practice provider to ensure patients without insurance and an assigned primary care provider (PCP) are seen for follow-up and additional care until a PCP appointment is established.	Number of patients without insurance are assisted with follow-up appointments	■ IU Health Medical Group ■ IU Health Inpatient Case Management	Estimated budget: Additional resources include staff time.**
Provide specialized medical-forensic services to victims/survivors of crime through Center of Hope.	■ Number of people served	■ Center of Hope through IU Health Ball	Estimated budget: Additional resources include staff time and clinic space.**
Operate Graduate Medical Education Outreach Clinics to provide clinical access to patients with little to no insurance.	■ Number of people served	<ul> <li>Indiana University Family Medicine Residency and Internal Medicine Residency Program</li> <li>IU Health clinical staff</li> </ul>	Estimated budget: Additional resources include staff time and clinic space.**

Implement no-cost registered nurse (RN) navigator program with lung cancer screening programs to provide better patient outcomes for community members screening positive.	<ul> <li>Number of people screened and referred to treatment</li> <li>Reduction in time between screening and treatment</li> </ul>	<ul> <li>IU Health Cardiovascular Surgery</li> <li>IU Health Ball Cancer Services</li> </ul>	Estimated budget: Additional resources include staff time and supplies (regional impact).**
--	--	--	---

<sup>\*</sup>A strategic initiative listed above may impact more than one community health need.

#### Community health need: Aging population and the needs of older adults

#### Goal: Promote the health and well-being of older adults through the aging process.

- Increase the number of older adults who receive clinical and community-based healthcare services, especially in geographic areas where resources are limited and for older adults experiencing health disparities.
- Increase the number of older adults who can access social services in the community.

Strategic initiative*	Performance indicator	Internal and external partners	Hospital resources
Provide health promotion activities (e.g., fall risk education, prescription education and screenings) in the community for older adults.	<ul> <li>Number of people served</li> <li>Number of events</li> <li>Number of health touches</li> </ul>	<ul> <li>Muncie/Delaware County Senior Center</li> <li>Blackford Community Senior Center</li> <li>Jay Community Senior Center</li> <li>IU Health Rehab, Pharmacy, Trauma departments</li> </ul>	Estimated budget: \$2,000 annually (regional impact). Additional resources include staff time and screening supplies.**
Participate in community health and wellness events for older adults.	<ul><li>Number of people served</li><li>Number of events attended</li></ul>	<ul> <li>Lifestream Services</li> <li>Muncie/Delaware County Senior Center</li> <li>IU Health Rehab, Pharmacy, Trauma, Community Outreach departments</li> </ul>	Estimated budget: \$1,000 annually.**

<sup>\*</sup>A strategic initiative listed above may impact more than one community health need.

<sup>\*\*</sup>The budget for this strategy is an estimate and should be regarded as such.

<sup>\*\*</sup>The budget for this strategy is an estimate and should be regarded as such.

#### **Community health need: Behavioral health (mental health and substance use)**

#### Goal: Increase equitable access to affordable and quality behavioral health services.

- Increase the number of people who receive behavioral health services, especially in geographic areas where resources are limited and for groups experiencing health disparities.
- Increase the integration of behavioral health with other healthcare services.

Strategic initiative*	Performance indicator	Internal and external partners	Hospital resources
Provide virtual behavioral health services to increase access to mental health services and professionals.	<ul><li>Number of people served</li><li>Types of services offered</li></ul>	■ IU Health Virtual Behavioral Health and primary care practices	Estimated budget: Additional resources include staff time and equipment (system impact).**
Provide the Integrated Social Work Initiative in IU Health clinical settings.	■ Number of encounters	■ IU Health Virtual Care	Estimated budget: Additional resources include staff time and equipment (system impact).**
Offer group, individual and peer recovery services through the IU Health Ball Addiction Treatment and Recovery Center.	<ul> <li>Number of individual therapy sessions</li> <li>Number of group therapy sessions</li> <li>Number of peer recovery sessions</li> </ul>	<ul> <li>Addictions Coalition of Delaware County (ACDC) and its 30+ community partners</li> <li>Recovery Café</li> <li>Family Resource Center</li> <li>IU Health Ball Emergency department (ED) and Inpatient Behavioral Health unit</li> </ul>	Estimated budget: Additional resources include staff time and clinic space.**
Participate in community behavioral health promotion and prevention activities with a focus on reducing stigma and poor behavioral health outcomes.	<ul><li>Number of people served</li><li>Number of events attended</li></ul>	■ IU Health team members	Estimated budget: Additional resources include staff time and supplies. **
Provide medication disposal boxes at hospital pharmacy locations.	<ul><li>Number of disposals</li><li>Amount of disposed medications</li></ul>	■ IU Health Retail Pharmacies	Estimated budget: Additional resources include staff time and the disposal expense.**

<sup>\*</sup>A strategic initiative listed above may impact more than one community health need.

<sup>\*\*</sup>The budget for this strategy is an estimate and should be regarded as such.

#### **Community health need: Chronic disease prevention and management**

Goal: Reduce the burden of chronic disease and improve quality of life for people who have, or are at risk for, chronic disease.

- Increase the number of people who have access to chronic disease screening, referral and disease management services, especially in geographic areas where resources are limited and for groups experiencing health disparities.
- Increase people's ability to monitor and manage their chronic disease.

Strategic initiative*	Performance indicator	Internal and external partners	Hospital resources
Support the Healthy Community Alliance of East Central Indiana.	<ul> <li>Partner growth</li> <li>Number of resources employed by partners</li> <li>Number of community collaborations and persons served</li> </ul>	■ 150 member coalition includes county health departments, Purdue Extension, YMCA, Ball State University, Muncie Community Schools	Estimated budget: \$35,000 annually. Additional resources include staff time and supplies (regional impact).**
Provide chronic disease management programming including outpatient nutrition counseling, community support groups, health education, screenings and referrals in the community.	<ul> <li>Number of people served</li> <li>Number of health touches</li> <li>Number of referrals for follow-up care</li> <li>Number of lung cancer scans</li> </ul>	<ul> <li>Community-based organizations</li> <li>IU Health team members (clinical), nutrition educators and IU Health Imaging Services</li> <li>IU Health Community Outreach department</li> </ul>	Estimated budget: Additional resources include staff time and supplies.**
Provide funding to community based organizations to address chronic disease and risk factors.	<ul><li>Number of organizations supported</li><li>Amount of grant support provided</li></ul>	<ul> <li>YMCA of Muncie</li> <li>IU Health Foundation</li> <li>IU Health Ball Philanthropy Leadership Council</li> </ul>	Estimated budget: \$1,000,000 per year 2025 – 2027. Additional resources include staff time and supplies.**

<sup>\*</sup>A strategic initiative listed above may impact more than one community health need.

<sup>\*\*</sup>The budget for this strategy is an estimate and should be regarded as such.

#### Community health need: Maternal and infant health and child well-being

#### Goal: Promote and protect the health and well-being of all mothers, infants and children.

- Increase the number of people who receive maternal health services, especially in geographic areas where resources are limited and for groups experiencing health disparities.
- Increase support service programming for expectant mothers, new parents/caretakers and families.

Strategic initiative*	Performance indicator	Internal and external partners	Hospital resources
Provide maternal navigation to optimize prenatal visits and referrals to local support services.	<ul> <li>Number of encounters with maternal navigators</li> </ul>	<ul> <li>Women, Infants, and Children (WIC) program</li> <li>Local food pantries</li> <li>Family Resource Center</li> <li>IU Health Mother/Baby unit</li> </ul>	Estimated budget: Additional resources include staff time.**
Pediatric Rehabilitation Services will provide physical, occupational and speech and feeding therapies to increase access in the region.	<ul><li>Number of clinic visits</li><li>Number of hours of school coverage</li></ul>	<ul><li>Muncie Community Schools</li><li>IU Health Rehabilitation Services</li></ul>	Estimated budget: Additional resources include staff time.**
Offer education and screenings at local community baby showers to pregnant women and new mothers with limited resources.	■ Number of people served	<ul><li>Local health departments</li><li>IU Health team members</li></ul>	Estimated budget: \$500 annually (regional impact). Additional resources include staff time.**
Provide safety, health and injury prevention programs and services to expectant mothers and parents/caretakers of infants and children.	<ul> <li>Number of car seat safety inspections</li> <li>Number of car seats distributed</li> <li>Number of events attended</li> <li>Number of Pack and Plays distributed</li> <li>Number of people served</li> <li>Number of courses offered</li> </ul>	■ IU Health Mother/Baby unit	Estimated budget: Additional resources include staff time, supplies and meeting space.**

<sup>\*</sup>A strategic initiative listed above may impact more than one community health need.

<sup>\*\*</sup>The budget for this strategy is an estimate and should be regarded as such.

#### Community health need: Smoking, vaping and tobacco use

#### Goal: Reduce disease, disability and death related to tobacco use or exposure to secondhand smoke.

- Increase access to clinical screening and treatment in the healthcare setting for patients who use tobacco products, especially for those experiencing health disparities.
- Increase tobacco prevention and cessation interventions for youth or adults in the community.

		3	3
Strategic initiative*	Performance indicator	Internal and external partners	Hospital resources
Provide free tobacco cessation programming to support patients' desire to quit tobacco use.	<ul> <li>Number of referrals</li> <li>Number of patients         participating in programs</li> <li>Number of patients         completing programming</li> </ul>	■ IU Health – Healthy Communities department and clinical staff	Estimated budget: Additional resources include staff time (system impact).**
Distribute cessation kits in the community.	■ Number of kits distributed	<ul> <li>Healthy Community Alliance of East Central Indiana</li> <li>Community-based organizations</li> <li>IU Health Cardiopulmonary</li> </ul>	Estimated budget: \$2,000 annually. Additional resources include staff time.**

<sup>\*</sup>A strategic initiative listed above may impact more than one community health need.

<sup>\*\*</sup>The budget for this strategy is an estimate and should be regarded as such.

#### **Community health need: Social determinants of health (SDOH)**

Goal: Reduce the burden of social and economic barriers keeping people from achieving their full potential for health and well-being.

- Increase engagement with community-based organizations and leaders to support initiatives that address key social and environmental factors impacting health.
- Increase screening and referral opportunities for patients and community members to identify and address underlying social needs that impact health.

Strategic initiative*	Performance indicator	Internal and external partners	Hospital resources
Implement multi-partner community collaborations and interventions through the IU Health Community Impact Investment Fund (CII).	<ul> <li>Number of people/families served by initiative</li> <li>SDOH being addressed</li> <li>Number and types of community collaborations</li> </ul>	<ul> <li>Community-based organizations</li> <li>IU Health – Healthy Communities department, Foundation and team members</li> </ul>	Estimated budget: Additional resources include staff time.**
Engage patients in varied clinical settings to assess social needs and refer to resources.	<ul> <li>Number of people screened for social needs</li> <li>Number of people referred to community services</li> </ul>	<ul> <li>Community-based organizations</li> <li>IU Health – Healthy Communities department, primary care practices and other team members</li> </ul>	Estimated budget: Additional resources include contracted services with Twistle platform and staff time (system impact).**
Promote findhelp.org to ensure patients and community members can find free and reduced-cost programs to meet their social needs.	<ul><li>Number of users</li><li>Number of searches</li><li>Types of services sought by users</li></ul>	<ul> <li>Local food pantries</li> <li>Local community     health centers</li> <li>IU Health – Healthy     Communities department</li> </ul>	Estimated budget: \$67,000 annually (system impact). Additional resources include staff time.**
Provide employee service opportunities, including IU Health Ball Days of Service, through IU Health Serves, to address the social needs of community members.	<ul> <li>Number of people served</li> <li>Number of projects completed</li> <li>Number of volunteer hours</li> </ul>	<ul> <li>Community-based organizations</li> <li>IU Health – Healthy Communities department and team members</li> </ul>	Estimated budget: Additional resources include staff time and funding.**

<sup>\*</sup>A strategic initiative listed above may impact more than one community health need.

<sup>\*\*</sup>The budget for this strategy is an estimate and should be regarded as such.

# **Community health needs hospital will not address**

IU Health Ball will address all the community health needs identified in the 2024 community health needs assessment.

# Tracking progress and community benefit

Every year, from 2025 to 2027, IU Health Ball will report its progress on the above strategic initiatives on the Internal Revenue Services (IRS) Schedule H (Form 990) along with community benefit spending on financial assistance, unreimbursed Medicaid, other community

benefit and community building activities. Visit the **Indiana Department of Health** website to view this form.

IU Health also publishes a yearly report that highlights community benefit spending by the healthcare system and its hospitals, including IU Health Ball. Visit the **IU Health website** to view the report.

#### **Contact us**

IU Health values what matters to our patients and the communities we serve. We welcome your comments, questions and feedback on this implementation strategy. Written comments can be sent to **communitybenefit@iuhealth.org**.

