



Patient Label

Patient/MD/Provider Checklist for Medical History

Except for space reserved "For MD/Provider Use Only," we request each patient fill out this from and return it to your physician/care provider on the first visit.

Today's Date Social Security # Date of Birth Age

In-Patient Out-Patient

PATIENT'S LEGAL NAME: (Last, First, Middle Initial, Nickname)

Address (Street, Apt. #) - Where patient lives. City, State Zip

Home Phone # Work Phone # Cell # Email Address

Do you have a Living Will or Advance Directive? Yes No

Other Providers Who Should Receive Medical Information from Us:

My Primary Care Physician Is:

1. Name Address City, State Zip Phone FAX
2. Name Address City, State Zip Phone FAX

Physician's Name Address City, State Zip Phone FAX Email

REVIEW OF SYSTEMS

Please check yes or no to indicate if you have any of the following symptoms. If there are question you prefer not to answer, leave them blank, and you may discuss them with the physician or provider.

GENERAL YES NO Feeling Too Cold Normal Weight for You Your Present Weight Your Present Height Trouble Sleeping

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EYES YES NO Excessive Tearing Glaucoma Other Vision/Glasses Double Vision Failing Vision Pain In Eyes Seeing "Floaters" Inflammation Sensitive to Light Dry Eyes

EARS YES NO Other Earache Deafness Ringing In Ears Discharge

NOSE / MOUTH YES NO Sores In Nose Sores In Mouth Other Hay Fever Loss of Smell Frequent Nose Bleeds Post-nasal Drip Sinus Problems Runny Nose Chronic Nose Obstruction Dentures

NECK YES NO Stiffness Persistent Swelling In Neck Other History of Thyroid Problems Prolonged Hoarseness Sore Throat Pain In Neck

MUSCULOSKELETAL YES NO Other Joint Stiffness Joint Swelling / Warmth





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REVIEW OF SYSTEMS (CONTINUED)

LUNGS YES NO YES NO
Short of Breath Lying Down
Short of Breath at Rest
Short of Breath with Walking or Exercise
Chest Pain with Breathing
Cough
Cough with Blood
Last PPD (TB) Test Date
Other

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HEART YES NO YES NO
Chest Pain with Activity
Heart Skips Beats
Heart Beats Too Fast
Ever Had a Heart Attack
Passing Out Spells
High Blood Pressure
Heart Murmur
Bad Heart Valve
History of Rheumatic Fever
Pacemaker
Other

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STOMACH, INTESTINES, LIVER YES NO
Chronic Abdominal Pain
Persistent Nausea
Frequent Vomiting
Heartburn
Difficulty with Swallowing
Loss of Appetite
Indigestion
Vomit Blood
Skin Turns Yellow
Clay-colored Stools
Changes in Bowel Habits
Chronic Diarrhea
Any Black Tarry Stools
Any Blood from Rectum
Habitual or New Constipation
Hemorrhoids
Rectal Pain
Other

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GENITO-URINARY TRACT (WOMEN) YES NO
Pain with Urination
Frequent Bladder Infection
Can't Hold Urine
Can't Empty Bladder
Have to Urinate More Than Two (2) Times at Night
Blood in Urine
Vaginal Discharge
Heavy Menstrual Periods
Premenstrual Tension
Irregular Menstrual Periods
Severe Pain with Menses
Passed Any Stones
Age When Menstruation Started
Length of Average Cycle
Last Menstrual Period
Number of Pregnancies
Number of Births
Number of Miscarriages
Number of Living Children
Ever Have (Sexually Transmitted) Venereal Disease
Other

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GENITO-URINARY TRACT (MEN) YES NO
Pain with Urination
Discharge from Penis
Blood in Urine
Have to Urinate More Than Two (2) Times at Night
Hard or Short Stream
Weak Stream
Stream Starts and Stops
Dribbling Urine
Passed Any Stones
Ever Have (Sexually Transmitted) Venereal Disease
Other

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NEUROLOGIC YES NO YES NO
Dizziness
Stiffness
Trouble Walking
Persistent Swelling in Neck
History of Stroke
Numbness
Frequent Headaches
Migraine Disorders
Sleep Disorders
Seizures
Loss of Memory
Paralysis / Weakness
Speech Disturbances
Recent Head Trauma
Other

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PSYCHIATRIC YES NO YES NO
History of Depression
History of Anxiety
Anorexia / Bulimia (Eating Disorders)
Nervous Breakdown
Psychotherapy / Counseling
Any Alcohol Problems
Any Drug Problems
Any Physical, Verbal, or Sexual Abuse
Other

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SKIN YES NO YES NO
Rash
Rash with Sun Exposure
Loss of Hair
Fingers Turn Color in Cold
Skin Dryness
Itching
Bleeds or Bruises Easily
Concerning Skin Sores/Spots
Psoriasis
Skin Thickening

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IUH P DaLD PATIENT/MD/PROVIDER CHECKLIST FOR MEDICAL HISTORY



Patient Label

MEDICATIONS AND ALLERGIES

Please list all of your **MEDICATION ALLERGIES**:

| | |
|--------------------|------------------|
| MEDICATION: | REACTION: |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

In-Patient Out-Patient

If you need additional space **CHECK HERE** and use the back of this page.

Please list all of your current **PRESCRIPTION MEDICATIONS**: (If you have prepared a prescription medication list already, please bring in your list, and we will complete this section. Also, it will be helpful if you bring with you all of your medications in bottles.)

| MEDICATION | DOSAGE | NUMBER OF TIMES/DAY | REASON FOR WHICH YOU TAKE THIS |
|-------------------|---------------|----------------------------|---------------------------------------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

If you need additional space **CHECK HERE** and use the back of this page.

Please list all of your current **OVER-THE-COUNTER MEDICATIONS, VITAMIN SUPPLEMENTS, FIBER SUPPLEMENTS, SUPPOSITORIES, HERBAL REMEDIES, ETC.**: (If you have prepared a prescription medication list already, please bring in your list, and we will complete this section. Also, it will be helpful if you bring with you all of your medications in bottles.)

| MEDICATION | TIMES/DAY | MEDICATION | TIMES/DAY | MEDICATION | TIMES/DAY |
|-------------------|------------------|-------------------|------------------|-------------------|------------------|
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |

PAST MEDICAL SURGICAL HISTORY

| | | |
|--|-------|-----------------------------------|
| PLEASE LIST ALL OF YOUR OPERATIONS/SURGERIES | DATE | PLEASE LIST ALL OF YOUR DIAGNOSES |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

PLEASE GIVE DATES AND REASONS FOR ANY HOSPITALIZATION WHICH YOU WERE NOT IN FOR SURGERY

| APPROXIMATE DATE/REASON | APPROXIMATE DATE/REASON |
|-------------------------|-------------------------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

SOCIAL HISTORY

PLEASE LIST THE NAME AND PHONE NUMBER OF AN **EMERGENCY CONTACT PERSON?** _____ ()

How many years of school have you completed? _____ Your Current Employment Status _____

Previous Occupations / Jobs _____

Have your symptoms caused you to miss or stop work? Yes No

Are you currently married? Yes No If yes, your spouse's name _____

Do you live: Alone With Spouse Only With Spouse and Children Other _____

Is there anything about your religious or cultural beliefs that could affect your medical care? Yes No

If yes, please specify _____

Do you exercise routinely? Yes No If yes, describe your exercise activities, including frequency _____

Last dental exam date _____ Any Dental Problems? (specify) _____

Have you used any of the following substances?

| SUBSTANCE | CURRENTLY USE? | PREVIOUSLY USE? | TYPE/AMOUNT/FREQUENCY | HOW LONG? (Years) | IF STOPPED, HOW LONG? (Years) |
|-----------------------------|--|--|------------------------------|--------------------------|--------------------------------------|
| Caffeine: Coffee, Tea, Soda | <input type="checkbox"/> No <input type="checkbox"/> Yes | <input type="checkbox"/> No <input type="checkbox"/> Yes | | | |
| Tobacco | <input type="checkbox"/> No <input type="checkbox"/> Yes | <input type="checkbox"/> No <input type="checkbox"/> Yes | | | |
| Alcohol | <input type="checkbox"/> No <input type="checkbox"/> Yes | <input type="checkbox"/> No <input type="checkbox"/> Yes | | | |
| Recreational/Street Drugs | <input type="checkbox"/> No <input type="checkbox"/> Yes | <input type="checkbox"/> No <input type="checkbox"/> Yes | | | |

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CHECKLIST FOR MEDICAL HISTORY



Patient Label

FAMILY HISTORY

FATHER ALIVE (Age _____) DECEASED (Age _____) UNKNOWN
Cause of Death _____

In-Patient Out-Patient

MOTHER ALIVE (Age _____) DECEASED (Age _____) UNKNOWN
Cause of Death _____

| | NUMBER ALIVE | APPROXIMATE AGES | NUMBER DECEASED | APPROXIMATE AGE(S) AT DEATH | CAUSES OF DEATH |
|-----------|--------------|------------------|-----------------|-----------------------------|--|
| Brothers | _____ | _____ | _____ | _____ | _____ <input type="checkbox"/> UNKNOWN |
| Sisters | _____ | _____ | _____ | _____ | _____ <input type="checkbox"/> UNKNOWN |
| Sons | _____ | _____ | _____ | _____ | _____ <input type="checkbox"/> UNKNOWN |
| Daughters | _____ | _____ | _____ | _____ | _____ <input type="checkbox"/> UNKNOWN |

Place a check mark ✓ in the appropriate boxes to identify all illnesses/conditions which you know have occurred in your blood relatives. Check "NONE" if you are not aware of any relative having the illness/condition. Describe the illness/condition.

FAMILY MEMBERS

If you need additional space **CHECK HERE** and use the back of this page.

| ILLNESS / CONDITION | FAMILY MEMBERS | | | | | | | DESCRIPTION |
|--|----------------|--------|--------|---------|--------|-----|----------|-------------|
| | GRANDPARENT | FATHER | MOTHER | BROTHER | SISTER | SON | DAUGHTER | |
| Cancer (Describe the type of cancer for each person) | | | | | | | | |
| Heart Disease | | | | | | | | |
| Diabetes | | | | | | | | |
| Stroke / TIA | | | | | | | | |
| High Blood Pressure | | | | | | | | |
| High Cholesterol or Triglyceride | | | | | | | | |
| Liver Disease | | | | | | | | |
| Alcohol or Drug Abuse | | | | | | | | |
| Anxiety, Depression, or Psychiatric Illness | | | | | | | | |
| Tuberculosis (TB) | | | | | | | | |
| Anesthesia Complications | | | | | | | | |
| Genetic Disorder | | | | | | | | |
| Kidney Disease | | | | | | | | |
| Rheumatoid Arthritis / Lupus | | | | | | | | |
| Other Autoimmune Disease (Specify) | | | | | | | | |
| Other (Describe) | | | | | | | | |

Additional Information about your family that you want us to know _____

ADULT PREVENTIVE CARE MEASURES

Please indicate whether you have had these preventive care measures, performed on a regular basis, as recommended:

| TEST / VACCINATION | STARTING | | YES | NO | DATE OF LAST TEST OR VACCINE | TEST / VACCINATION | STARTING | | YES | NO | DATE OF LAST TEST OR VACCINE |
|------------------------|----------|-----------------|--------------------------|--------------------------|------------------------------|------------------------------|----------|-----------------------------|--------------------------|--------------------------|------------------------------|
| | AGE | FREQUENCY | | | | | AGE | FREQUENCY | | | |
| Serum Cholesterol | 20 | Every 5 Years | <input type="checkbox"/> | <input type="checkbox"/> | _____ | Fecal Immunochemical (iFOBT) | 50 | Every Year | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Mammogram (Women Only) | 40 | Every 1-2 Years | <input type="checkbox"/> | <input type="checkbox"/> | _____ | Vision / Glaucoma | 40 | Every 2-4 Years | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Pap Smear (Women Only) | 18 | Every 1-3 Years | <input type="checkbox"/> | <input type="checkbox"/> | _____ | Tetanus-Diphtheria | 18 | Every 10 Years | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Sigmoidoscopy | 50 | Every 5 Years | <input type="checkbox"/> | <input type="checkbox"/> | _____ | Pneumovax | 65 | once, may need repeated | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Colonoscopy | 50 | Every 10 Years | <input type="checkbox"/> | <input type="checkbox"/> | _____ | Influenza Vaccines | 65 | Every Year | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Colonoscopy | 50 | Every 10 Years | <input type="checkbox"/> | <input type="checkbox"/> | _____ | PSA (Men Only) | 50 | Every Year (If Recommended) | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Guaiac-based (gFOBT) | 50 | Every Year | <input type="checkbox"/> | <input type="checkbox"/> | _____ | | | | | | |

REVIEWER

PHYSICIAN / CARE PROVIDER

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