Resupply schedule for your PAP equipment



Recommended resupply schedule

Replacing your PAP supplies regularly is an important part of maximizing your therapy. Not only will your equipment fit more comfortably, but you will also sleep better.

Below is the recommended supply replacement calendar:



Every two weeks

- Disposable filters
- Mask seal (cushions and pillows)



Every month

■ Full face seal (cushion)



Every three months

- Mask frame system
- Tubing





Every six months

- Headgear
- Water chamber

By performing the recommended routine supply replacement and routine care, most patients report a much more comfortable and better night's sleep.

IU Health Sleep Apnea Education Center

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