

**Authorization Form for Release of Test Results  
to the Patient by the Laboratory  
IU HEALTH PATHOLOGY LABORATORY  
Indianapolis, IN 46202**

*Indiana University Health Pathology Laboratory (IUHPL) will make a limited number of results available directly to the patient (or their designated representative) upon physician's written request for direct release of results to the patient.*

1. Direct release of test results to patients will be limited to specific test results that are necessary for the patient's use to provide timely care and treatment. These tests are:

	<b>PTINR</b>		<b>aPTT</b>		<b>Glucose</b>		<b>HgbA1C</b>		<b>AFP Tumor Marker</b>		<b>PSA</b>
	<b>Cyclosporine</b>		<b>Tacrolimus (FK506)</b>		<b>WBC</b>		<b>Platelet Count</b>		<b>Hgb</b>		<b>Hct</b>
	<b>Sed rate</b>		<b>UA</b>		<b>Strep Screen</b>		<b>RSV</b>		<b>MonoSpot</b>		<b>Rapid Flu Test</b>

2. All other test results may be obtained from the ordering physician, or through Indiana University Health, Health Information Management/Medical Records M-F between the hours of 8 AM-430 PM. Methodist: (317) 962-8911/Room (DG 402) or UH/Riley: (317) 994-2337/ Room (UH 3280).
3. This service is available only for testing performed in one of the IUHPL's labs.
4. IUHPL requires the patient to obtain their results by telephone (results will not be made available at the collection site).
  - Each patient will be requested to provide certain required identification information at the time of their telephone inquiry; the *minimum* information requested will be - full name, name of the test, date collected, ordering physician and the patient's unique 4 digit lab - PIN code.
  - Patients will be asked to write down the results and to repeat the results reported to them.
  - Results will be available by phone ONLY. Contact (317) 491-6000.
  - For Standing Orders - Patients will be asked to bring a copy of this signed release with them each time that they present themselves for testing.
5. The patient and/or their designated representative will be fully responsible for maintaining the integrity and confidentiality of the PIN code and test results once they are provided by IUHPL.

**Inherent Risks:**

- Result(s) recording errors by the patient
- Inappropriate interpretation and / or action by the patient

**PATIENT AUTHORIZATION AND ACCEPTANCE OF RELEASE PROCESS:**

Date \_\_\_\_\_ Signature \_\_\_\_\_  
*Patient*

Signature \_\_\_\_\_  
*Parent / Guardian*

## Direct Release of Patient Results by the Laboratory

1. The HIPAA Privacy Rules provides the Patient with the right to request a copy of their medical records. Indiana University Health Health accommodates this right - through the Department of Health Information Management's (HIM) Patient release area. The HIPPA Privacy laws stipulate that certain steps must be followed by the holder of the personal health information (PHI) before release of PHI, in order to validate the identity of the party requesting/receiving the PHI.
2. Indiana University Health Pathology Laboratory (IUHPL) recognizes that there may be some instances where the patient or their personal representative participates in their respective treatment and care plan, and may need specific test results in order to implement or modify their treatment.
3. IUHPL has established the following requirements for release of PHI to the patient directly from the lab:
  - Results needed are required by the patient for care and treatment
  - Results are needed by patient sooner than 24 hours following testing
  - Patient signs an authorization form for release of results by telephone
  - Only certain results are defined for direct release by the laboratory staff
  - Requires the ordering physician to send a written request to the laboratory, to validate that the patient or their representative is responsible and educated on how to use the results; that the results are needed sooner than they could be obtained from HIM; and that the patient and physician have discussed a plan of action in the event that the results are CRITICAL VALUES.
4. LIST OF TEST RESULTS APPROVED FOR DIRECT RELEASE FROM THE LABORATORY:
  - Coagulation Tests – PT/INR, aPTT
  - Chemistry Tests - Glucose, HgbA<sub>1c</sub>, AFP, PSA, Cyclosporine, Tacrolimus (FK506)
  - Hematology Tests- WBC, Plt. Count, Hgb, Hct, Sed rate, UA
  - Microbiology/Serology/Virology - Strep Screen, RSV, MonoSpot, Rapid Flu test
5. RESULT REPORTING TO THE ORDERING PHYSICIAN will not change from the current process, and all CRITICAL VALUES will still be called to the physician/office immediately.
6. Should the physician request Direct Release of Results for Standing Orders, IUHPL will require the patient to bring in a copy of the original Release form with the copy of the Standing Order each time that they present for a sample collection.
7. For Specimens collected at the physician's office – A *completed and signed Release form must accompany the specimen and written order* – in order for the results to be released to the patient directly from the lab. There must be a way to identify the patient. (Lab PIN code)

*Reviewed March 2010*

Modified January 2011