



3. Health Equity: Includes access to healthcare, education, healthy food and shelter

- Support Coordinated School Health efforts to promote health and wellness for school age children
- Increase access of underserved population to care through preventive screenings.
- Increase access of underserved population to and understanding of health insurance and navigating the healthcare system

Identified Need	Implementation Strategy	Anticipated Impact
<ul style="list-style-type: none"> • Monroe County has a high population of undocumented workers and homeless who do not access healthcare services until emergent • Limited knowledge of healthcare system, insurance plans and how to negotiate the processes 	<p>Research and evaluate the following opportunities:</p> <ul style="list-style-type: none"> • Support onsite preventative screening, access eligibility and provide health care onsite in shelters • Collaborate with service providers on screenings, vaccinations, health insurance outreach and health literacy at community events 	<ul style="list-style-type: none"> • Increase number of community members accessing healthcare services including health screenings and vaccinations <p>Decrease the number of this population's use of healthcare in the emergent situation using prevention and education</p> <ul style="list-style-type: none"> • Increase in health literacy



1. Substance Abuse Objectives

- Increase access to substance abuse prevention and treatment services
- Decrease incidence of infection and death from substance abuse

Identified Need	Implementation Strategy	Anticipated Impact
<ul style="list-style-type: none"> • Lack of programs and resources to address substance abuse • Little or no awareness of resources and how to access these resources for help • Significant use of tobacco products, illegal drugs and misuse of prescription medications 	<p>Research and evaluate the following opportunities:</p> <ul style="list-style-type: none"> • Collaborate with nonprofits providing behavioral health and substance abuse programs and services • Develop and execute communication plan to inform community of programs and services • Research training of care providers in early identification of behavioral health issues and substance abuse and referral process <p>Collaborate with community agencies to support Needle Access Program approved by State</p> <p>Discuss potential policy changes of pain medication prescription</p>	<ul style="list-style-type: none"> • Increase awareness of issue across all populations • Expand access of substance abuse services and tobacco cessation • Increase in number of individuals identified for early interventions and referrals <p>Decrease number of infections and disease spread through IV drug use. Ie Hepatitis C, HIV.</p> <p>Decrease the availability of prescription pain relievers to those using improperly</p>



2. Obesity and Chronic Disease

- Increase the amount of physical activity and access to healthy and affordable food
- Provide early detection and access to care and intervention

Identified Need	Implementation Strategy	Anticipated Impact
<ul style="list-style-type: none">• Unhealthy diet and exercise habits• Limited or no access to healthy and affordable food• Lack of understanding and education of healthy habits	<p>Research and evaluate the following opportunities:</p> <ul style="list-style-type: none">• Provide educational materials and promote healthy habits• Invest in food access initiatives including summer food programs, food pantries and community garden• Increase access to physical assets and community spaces that encourage physical activity and wellness• Support physical activity and healthy foods in schools and after school care	<ul style="list-style-type: none">• Increase understanding of healthy behaviors• Expand access to healthy and affordable food• Increase physical activity



4. Behavioral Health

- Relieve stigma associated with behavioral health issues
- Increase screening opportunities
- Increase programs and resources to serve this need

Identified Need	Implementation Strategy	Anticipated Impact
<ul style="list-style-type: none"> • Stigma prevents individuals from seeking help • High rate of mental health in those who are homeless • Lack of safe and affordable housing, • Lack of providers of Behavioral Health support 	<p>Research and evaluate the following opportunities:</p> <ul style="list-style-type: none"> • Mental Health Task Force will continue to collaborate with community partners to increase awareness of need and decrease stigma • Support and continue to seek funding for housing programs for those living with Mental Health issues • Community Health staff will serve on the Housing Network 10 Year plan specifically the Healthcare Committee • Add screening tool and resource list to monthly screenings for targeted populations • Support new mental health providers in community. • Work with IU School of Social Work and other departments to offer practical experiences for students 	<ul style="list-style-type: none"> • open discussions will occur • Community activities offered to promote education about this issue will be well attended • All available housing units will be used appropriately • Clients seeking services will receive them in a timely manner • Those in need will have access to needed services



5. Senior Health

- Increase Senior Adults living independently
- Decrease the

	Implementation Strategy	Anticipated Impact
<ul style="list-style-type: none">• Monroe County is a retirement community• Seniors want to live as independently as possible• Dementia issues decrease quality of life for individual and caregiver	<p>Research and evaluate the following opportunities:</p> <ul style="list-style-type: none">• Support community efforts to empower Seniors to prevent disease and disability through Senior Expo, Creative Aging Festival• Promote physical activity and healthy diet to population• Develop Dementia Capable Community• Support Palliative Care services provided	<ul style="list-style-type: none">• Seniors will live independently longer• Futile medical services will decrease• All Seniors will live and die with dignity• Clients seeking services will receive them in a timely manner