



Facial, Plastic & Reconstructive Surgery

Brow Lift Post-Operative Instructions

Please follow the General Instructions provided. In Addition:

- **Head and Shoulder Elevation:** Elevate your head and shoulders using extra pillows for the first week.
- **Ice Application:** Apply ice to your forehead intermittently for the first 48 hours (20 minutes on, 20 minutes off).
- **First Post-Op Visit:** Your first post-operative visit will be scheduled 7-10 days after surgery. Sutures will be removed during this visit.
- **Ointment Application:**
 - **Days 1-4:** Apply Bacitracin ointment 2-3 times a day.
 - **Day 5 onwards:** Switch to Vaseline.
- **Make-Up:** You may resume wearing make-up on the 10th post-operative day.
- **Facial Cleansing:** Wash your face with a gentle cleanser, avoiding stress to the suture lines.
- **Activity Resumption:** Normal activities can be resumed two weeks post-operatively.