

# Cancer Center Annual Report and Screening Results for 2017

## Indiana University Health Arnett Cancer Services

### PREVENTION PROGRAMS

- Education on Maintaining a Healthy Diet & Regular Exercise
  - 2 outreach efforts

### EARLY DETECTION SCREENING PROGRAMS

- Lung Cancer Screenings (Low-Dose Lung CT)
  - 147 screened
    - 55 recommended for follow up
    - 1 Lung cancer found
- Breast Cancer Screenings
  - 9,560 screening mammograms
  - 2,818 diagnostic mammogram referrals
- Colon Cancer Screenings
  - 421 FIT test screenings

### COMMUNITY ACTIVITIES

- Relay for Life
  - 1 Tippecanoe County
- Health & Safety Fair
  - Breast health awareness and education using breast models to educate on self-examination and breast cancer awareness at IU Health White Memorial
  - Distribute sun beads and sun screening education; BMI screening; Breast health awareness and education using breast models to educate on self-examination and breast cancer awareness at IU Health Arnett
- Community Events
  - Distribute Colon FIT Test kits to eligible patients Senior Health Fair Tippecanoe County
  - Distribute Colon FIT Test kits to eligible patients WILO Senior Health Fair in Frankfort
- Media/WLFI TV
  - Arnett nurse navigator, radiation oncologist, surgeon, and the nurse practitioner interviewed and educated public on breast cancer during "My Breast Cancer Journey Through Breast Cancer" series
  - 1 Provider article in newspaper (radiation oncologist 4/17 Head & Neck cancer awareness)
- Making Strides Against Breast Cancer
  - 1 Tippecanoe County
- Light the Night Walk – Leukemia & Lymphoma Society
  - 1 Tippecanoe County
- Aviators Baseball Game distributed information on Colon and Breast cancers.
- Retired Teachers Association spoke about cancers and what services IU Health Arnett Cancer Service line offers.
- Community presentation at a church about Advanced Directives and End of Life Care.

### PRECISION GENOMICS

Precision Genomics program at IU Health Arnett Cancer Center uses scientific advances in DNA sequencing to treat cancer. Understanding the genetic changes in cancer cells leads to more effective treatment strategies tailored to the genetic profile of individual cancer patients. Patients are referred by their medical oncologist.



## Cancer Centers

[iuhealth.org/arnett/cancer](http://iuhealth.org/arnett/cancer)