ABOUT INDIANA UNIVERSITY HEALTH

Indiana University Health is Indiana's most comprehensive health system. With hospitals, physician offices and allied services, IU Health provides access to a full range of specialty and primary care services for adults and children. A unique partnership with Indiana University School of Medicine—one of the nation's leading medical schools—gives patients access to groundbreaking research and innovative treatments to complement high-quality care.

INDIANA'S LARGEST AND MOST COMPREHENSIVE HEALTH SYSTEM

With 16 hospitals across Indiana, we offer:
- Statewide options for highly skilled, compassionate physicians and advanced providers
- A coordinated, personalized approach that includes a wide range of services, from primary and preventive healthcare to end-of-life care
- More than 300 primary care and specialty care offices
- A growing network of urgent care clinics and other clinical support services
- Individual, commercial and Medicare health insurance through IU Health Plans
- Regional LifeLine bases providing care for the most critically ill and injured patients, with advanced air medical helicopters and mobile intensive care units

MISSION, VISION AND VALUES

Indiana University Health's mission is to improve the health of our patients and community through innovation, excellence in care, education, research and service.

IU Health strives to be a preeminent leader in clinical care, education, research and service. Our excellence is measured by objective evidence and established best practices.

We value:
- Total patient care, including mind, body and spirit
- Excellence in education for healthcare providers
- Quality of care and respect for life
- Charity, equality and justice in healthcare
- Leadership in health promotion and wellness
- Excellence in research
- An internal community of mutual trust and respect
Nearly every day, I hear from patients and families who tell me how Indiana University Health providers and team members have impacted their lives. Each unique story—whether about a patient benefiting from an innovative new medication, a single working father granted financial aid, or a community leader grateful for IU Health team members who volunteered to revitalize a community park and build walking trails—shares the common theme of care and compassion.

As the largest and most comprehensive health system in Indiana, IU Health is committed to improving the health of Hoosiers. **Our vision is to make Indiana one of the healthiest states in the nation.**

To achieve this ambitious goal, we invest in supporting both individual patients and the communities we serve. In 2017, IU Health provided more than $561 million in total community benefit and served more than one million individuals. Our team members share our organization's commitment to the community—more than 7,500 have devoted thousands of volunteer hours to community projects through our employee volunteer program.

I am proud that IU Health is a leader in providing community benefit, working to enhance the health and well-being of all Hoosiers. This is who we are. As you look through this report, you will see how we are making a difference in healthcare and in communities across Indiana.

Dennis M. Murphy  
President and CEO  
Indiana University Health
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HOSPITAL OVERVIEW
Indiana University Health Arnett Hospital in Lafayette, Indiana is a full-service, 191-bed hospital that includes an adjacent outpatient surgery center and medical office building. With six technologically advanced surgical suites, IU Health Arnett Hospital can accommodate complex surgeries, such as open heart, neurosurgical procedures and minimally invasive robotic assisted surgery. IU Health Arnett is a Magnet-designated hospital, an organization that has been recognized by the American Nurses Credentialing Center as demonstrating excellence in patient care within nursing practice and throughout the entire hospital.

PRIORITY COMMUNITY HEALTH NEEDS

<table>
<thead>
<tr>
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<th>Behavioral Health/Substance Abuse</th>
<th>Nutrition and Healthy Weight</th>
<th>Pre-K-12th Education</th>
<th>Chronic Disease Management</th>
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<td><img src="image4.png" alt="Icon" /></td>
<td><img src="image5.png" alt="Icon" /></td>
</tr>
</tbody>
</table>

Community Benefit
- $6,452,273 Financial Assistance
- $15,540,275 Unreimbursable Medicaid
- $3,756,194 Community Health Improvement Services
  - $91,580 Community Benefit Operations
  - $127,038 Health Professions Education
  - $221,443 Research
  - $409,199 Financial and In-Kind Contributions

Other Investments
- $14,125 Community Building Activities
- $18,213,972 Medicare
- $7,255,684 Bad Debt¹

Total Community Benefit
$26,598,002

Total Community Investment
$52,081,783

¹ The amount of bad debt represents unpaid patient expenses reported at cost.
Suicide prevention line offers teens support through text

Indiana ranks second in the nation for number of attempted suicides by teenagers. In order to bring much-needed suicide prevention resources to our teens, Indiana University Health Arnett is partnering with Mental Health America – Wabash Valley Region. Given that our youth’s preferred method of communication is through texting, we’ve recognized the need to provide a local, reliable resource for teens to text when they feel stressed and/or suicidal.

“The most common crisis issues that adolescents text about are: stress, cyber-bullying, sexual abuse, drug and alcohol abuse, domestic abuse, sexual orientation, mental disorders, bullying and peer pressure, pregnancy and suicide,” stated Jennifer Flora, executive director of Mental Health America (MHA) – Wabash Valley Region. “Studies show that when a suicide is prevented and accompanied by medical care, 70 percent of individuals involved are able to overcome the crisis and no longer seek suicide as an option.”

When someone texts a message to Safe2Talk, the texts are responded to by trained crisis intervention specialists with MHA. MHA Crisis Center staff and volunteers undergo an extensive assessment and background check. They successfully complete 32 hours of classroom training followed by 28 hours of on-the-job training. Safe2Talk is certified as a crisis response center by the American Association of Suicidality as part of the National Suicide Prevention Lifeline, using only the best practices, policies and procedures available.

The Safe2Talk program was rolled out at Tippecanoe School Corporation (TSC) on Dec. 1, 2017. Throughout that month, more than 114 texts were received. The first text was from a teen contemplating suicide. The conversation lasted over 92 minutes and the outcome was successful, as the teen agreed to continue talking to a counselor and a parent.

As a part of the Safe2Talk initiative, MHA has trained administrators and counselors at Lafayette School Corporation and TSC in a suicide prevention program called QPR. Additional schools in Tippecanoe County have received the training and launched the program in early 2018.

QPR stands for “question, persuade and refer.” These are three steps anyone can learn to help prevent suicide. The two-hour training session teaches attendees how to recognize the warning signs and risk factors associated with suicidal thoughts and when to utilize QPR. Just like CPR, QPR is an emergency response to someone in crisis and can save lives. This training is recognized by the U.S. Substance Abuse and Mental Health Services Administration as an evidence-based training.

Safe2Talk information and QPR training sessions have been offered at all schools in Benton, Carroll, Clinton, Tippecanoe and White counties with plans to expand the teen texting program in 2018.

**HOSPITAL STATISTICS**

- **$6,452,273** Financial Assistance
- **191** Beds
- **10,226** Surgeries
- **44,687** Emergency Dept Visits
- **1,612** Babies Delivered
- **1,607** Team Members
HOSPITAL OVERVIEW
Indiana University Health Ball Memorial Hospital is a preferred healthcare facility for residents of East Central Indiana. The hospital was founded in 1929 as both a teaching hospital and regional referral center for Muncie, Indiana and surrounding counties. IU Health Ball Memorial Hospital offers 45 medical specialties, including cancer care, cardiology, orthopedics and specialized services for women and children. The IU Health Ball Memorial Hospital Medical Education department is home to three residencies (family medicine, internal medicine and a transitional year) as well as a research department. More than 60 resident physicians are trained every year at IU Health Ball Memorial Hospital Family Medicine and Internal Medicine clinics and conduct more than 25,000 patient visits annually.

PRIORITY COMMUNITY HEALTH NEEDS

Community Benefit
$7,338,859 Financial Assistance
$2,285,072 Unreimbursable Medicaid
$2,252,328 Community Health Improvement Services
$72,803 Community Benefit Operations
$8,574,648 Health Professions Education
$979,715 Research
$1,115,214 Financial and In-Kind Contributions

Other Investments
$734,945 Community Building Activities ($7,901,192) Medicare¹
($7,901,192) Medicare¹
$4,040,782 Bad Debt²

Total Community Benefit
$22,618,639

Total Community Investment
$19,493,174

¹ The increase in excess Medicare is due to the impact of the lump sum offering to the pension plan participants.
² The amount of bad debt represents unpaid patient expenses reported at cost.
Nearly 400 walkers participated in the 2017 Walk Indiana, a non-competitive walking marathon sponsored by Indiana University Heath Ball Memorial Hospital. The fundraising event is designed to get people outdoors using the Cardinal Greenway, part of a 62-mile trail network across East Central Indiana. True to the mission, participation increased from the year prior, including approximately 75 team and family members from the IU Health East Central Region. Event partners from the community include Cardinal Greenway Inc. and Ball State University.

Walk Indiana draws participants from all ability levels and ages, and for a variety of different reasons.

Terry Crabtree is a Delaware County resident who maintains an active lifestyle and was a regular at his gym prior to receiving a liver transplant in 2015 at IU Health University Hospital. He has participated in all eight Walk Indiana events to date because he enjoys the camaraderie and socializing with other participants.

“I do it every year and I’m going to continue to do it as long as I can,” said Crabtree. His favorite memory of the event is a past half-marathon in which “several of us from work walked together, encouraging one another.”

Another veteran walker is Geneece Pritchard. She completed the 13.1-mile half marathon in 2015 and 2016, and participated in this year’s 5K event while rehabilitating broken bones in both feet. Pritchard plans to return to the longer walks again soon and will encourage others to join her at future Walk Indiana events.

“Walking keeps my weight down and also keeps my joints from getting stiff,” she said. “It’s all about staying healthy, and I love doing it.”

**HOSPITAL STATISTICS**

- **$8,574,648**
  - Health professions education
- **2,243**
  - Students training in health professions
- **$1,115,214**
  - Cash donations and in-kind contributions
- **17,462**
  - Inpatient admissions
- **291,058**
  - Outpatient visits
- **64,002**
  - Community volunteer hours
**HOSPITAL OVERVIEW**

Indiana University Health Bedford Hospital operates as a critical access hospital with inpatient, outpatient and ambulatory care services, including a 24-hour emergency room and emergency medical services. IU Health Bedford Hospital is a modern healthcare facility approved by The Joint Commission on the Accreditation of Healthcare Organizations. We offer advanced technology and medical services in internal medicine, family practice, general surgery, orthopedics and gynecology.

**PRIORITY COMMUNITY HEALTH NEEDS**

- Mental Health
- Substance Abuse
- Obesity Prevention
- Basic Needs
- Chronic Disease Prevention

### Community Benefit

<table>
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<tr>
<th>Description</th>
<th>Amount</th>
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<tbody>
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<td>Financial Assistance</td>
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<td>Subsidized Health Services</td>
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<td>Financial and In-Kind Contributions</td>
<td>$5,640</td>
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### Other Investments

- Community Building Activities: $4,057
- Medicare: $210,938
- Bad Debt: $1,156,445

### Total Community Benefit

$3,707,195

### Total Community Investment

$5,078,635

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1 The amount of bad debt represents unpaid patient expenses reported at cost.
Indiana University Health Bedford Hospital is continually focused on improving the health among residents of Lawrence County and preventing obesity within our community. In the fall of 2017, IU Health Bedford Hospital had the opportunity to partner with the American Cancer Society (ACS) to host a local 5K event to raise money for the ACS. By partnering in this event, we could promote exercise to help fight obesity in our county while also advocating for the mission of the American Cancer Society to help those fighting cancer.

This was the first time IU Health Bedford Hospital and the ACS partnered in such an endeavor, and it was a success. Dozens of local community members and city officials joined us on a brisk October morning, lacing up their shoes and getting their heart rates pumping. Eighty community members participated in the 5K, which helped raise over $2,000 for American Cancer Society research.

It was an honor for our organization to be a part of this day, which inspired our community to get fit for a cause and to improve its overall health.

### New partnership gets the community moving for a cause

<table>
<thead>
<tr>
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<tbody>
<tr>
<td><strong>$2,755,656</strong></td>
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<tr>
<td>UNREIMBURSABLE MEDICAID/MEDICARE</td>
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<tr>
<td>STUDENTS TRAINING IN HEALTH PROFESSIONS</td>
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<tr>
<td><strong>16</strong></td>
</tr>
<tr>
<td>HOSPITAL DESIGNATIONS</td>
</tr>
</tbody>
</table>
**HOSPITAL OVERVIEW**

Indiana University Health Blackford Hospital, located in Hartford City, Indiana, serves the needs of area residents by providing unsurpassed care to the people of Blackford County. Our facility offers a specialty clinic, outpatient surgical services and a paramedic-level ambulance service. At IU Health Blackford Hospital, patients and their loved ones experience superior care in a familiar, community atmosphere.

**PRIORITY COMMUNITY HEALTH NEEDS**

<table>
<thead>
<tr>
<th>Access to Healthcare</th>
<th>Behavioral Health</th>
<th>Obesity Prevention</th>
<th>Smoking and Tobacco Cessation</th>
<th>Infant Health</th>
</tr>
</thead>
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**Community Benefit**

- Financial Assistance: $391,253
- Unreimbursable Medicaid: $2,325,961
- Community Health Improvement Services: $208,166
- Community Benefit Operations: $8,852
- Health Professions Education: $40,926
- Financial and In-Kind Contributions: $1,994

**Other Investments**

- Community Building Activities: $36,410
- Medicare¹: ($456,283)
- Bad Debt²: $560,970

**Total Community Benefit**

$2,977,152

**Total Community Investment**

$3,118,249

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¹ As a critical access hospital, IU Health Blackford Hospital is reimbursed by Medicare at a rate of 101 percent of its allowable cost in order to ensure access to care in rural communities.

² The amount of bad debt represents unpaid patient expenses reported at cost.
Our annual Indiana University Health Blackford Health Fair is the largest community health event in the Hartford City area, and this year the popular event relocated to a brand-new home.

IU Health Blackford Hospital hosted the event on-site for the first time since it moved from Northside Elementary School. Our hospital is located prominently in the center of Hartford City, within easy reach of service providers and many attendees. Approximately 200 attended, with participation numbers increasing over previous years.

Several health agencies from Blackford and surrounding counties were represented at the fair, plus a large contingent of our team from IU Health Blackford and IU Health Ball Memorial Hospital in nearby Muncie. Those present included dietitians, rehabilitation services and trauma nurses promoting car seat safety.

Free or heavily discounted blood work remained a big draw for participants each year. More than 100 people underwent blood pressure, glucose or A1c diabetes screenings provided by the laboratory.

One of the newest – and most popular – attractions was special guest Dr. Stufts, a young girl portraying a popular children’s animated character who promotes comfort in visiting the doctor and getting regular checkups. Dr. Stufts also provided “medical” care to children’s stuffed animals to pique their interest in careers within the medical field.

Sharla and Scott Berger, physical therapists from Upland, said Dr. Stufts was a hit with their three children, Avlyn, Eliza and Solomon.

“The girls like how she helps and takes care of the animals,” Sharla said, adding that the girls often like to perform “checkups” on their four-month-old baby brother.

“Her character’s warmth on the program has allowed the girls to get more comfortable with the process of a doctor visit, from listening to hearts and lungs to the importance of washing hands and understanding how germs are spread. It helps them to understand what kind of things we look for when we visit the doctor.”

The family also appreciated the new venue for this year’s fair. “It’s very organized here and the hospital still feels nice and new,” Sharla said, alluding to the now 15-year-old hospital. “I think it is very convenient for everyone—participant or visitor alike—to enjoy the fair here.”

**HOSPITAL STATISTICS**

- **$40,926** Health professions education
- **15** Beds
- **$208,166** Community health improvement services
- **456** Inpatient admissions
- **38,813** Outpatient visits
- **$36,410** Community building activities
HOSPITAL OVERVIEW
Indiana University Health Bloomington Hospital serves the South Central Indiana population of more than 460,000 people across 11 counties, offering a comprehensive array of inpatient and outpatient healthcare services. IU Health Bloomington Hospital is accredited by The Joint Commission, and is a Magnet-designated hospital.

PRIORITY COMMUNITY HEALTH NEEDS

Senior Health  Behavioral Health  Obesity and Chronic Disease  Health Equity  Substance Abuse

Community Benefit
$4,398,480 Financial Assistance
$9,518,490 Unreimbursable Medicaid
$3,570,698 Community Health Improvement Services
$548,714 Community Benefit Operations
$637,487 Health Professions Education
$7,199,023 Subsidized Health Services
$18,332 Research
$73,843 Financial and In-Kind Contributions

Other Investments
$220,875 Community Building Activities
$11,842,822 Medicare
$4,629,762 Bad Debt†

Total Community Benefit
$25,965,067

Total Community Investment
$42,658,526

† The amount of bad debt represents unpaid patient expenses reported at cost.
The Alzheimer's Resource Service (ARS) is a service of Indiana University Health Bloomington's Community Health that provides support, education and connection to resources for people living with dementia and their care partners. In 2017, the scope of our support broadened considerably in the Monroe County area.

Over one hundred individuals from various sectors of the community came together in May 2017 for the first Dementia Friendly Communities Conference in Bloomington. Together, our group defined what a “dementia friendly” community would look like and created workgroups to address tangible goals to create a more supportive and accessible community for both people living with dementia and their care partners. Subcommittees formed to work on issues of transportation, education, public spaces, legal and financial issues, caregiver support, healthcare, social services and advocacy. Two of the most successful outcomes of this movement have been the Dementia Friendly Business/Organization training and the Dementia Friendly Caregiver Development Program.

The Dementia Friendly Business/Organization training was one of the first Dementia Friendly initiatives in Monroe County. This award-winning program provides free trainings to businesses and organizations who would like to better understand and communicate with people living with dementia, and create more dementia-friendly environments and procedures to allow those living with dementia to continue engaging in the community. To be certified, businesses must train 50 percent or more of their staff, who must pass a test demonstrating their knowledge. At the time of this writing, more than 25 businesses and organizations have completed certification in Indiana. This program has developed into a strong partnership with Indiana University, whose gerontology students help contact interested businesses and update online materials.

These initiatives have sparked an interest in companies to make a deeper commitment to this cause. Over the past year, a “Level II” certification was piloted, which involves making tangible changes within an organization’s environment and policies. This in-depth process became available by the end of summer 2018.

The Dementia Friendly Caregiver Development Program was created by the ARS, in partnership with the local high school career center. Educators provide 20-hour dementia training to all health sciences students. This partnership has also created a training program that allows high school students to obtain a home health aide (HHA) and certified nursing assistant (CNA) license, at no cost, by graduation.

Low caregiver numbers are a problem in every community and turnover is high due to increased workloads and inadequate training. Our program seeks to alleviate some of that shortfall, and in fact, there are already graduates of this program who have earned jobs locally. Through partnership with Teepa Snow’s Positive Approach to Care (PAC) team, this program continues to grow. ARS and PAC educators are training teachers from five counties in South Central Indiana to deliver dementia education in their own career centers and continue to grow the important work of providing the best care to people living with dementia. This program expansion is expected to reach over 600 students in the next two years.

HOSPITAL STATISTICS

- $4,398,480 FINANCIAL ASSISTANCE
- $637,487 HEALTH PROFESSIONS EDUCATION
- $3,570,698 COMMUNITY HEALTH IMPROVEMENT SERVICES
- 9 HOSPITAL DESIGNATIONS
- 1,950 BABIES DELIVERED
- 5,438 CHARITY CARE PATIENTS SERVED
HOSPITAL OVERVIEW
Indiana University Health Frankfort Hospital joined the Indiana University Health system on June 1, 2017. IU Health Frankfort Hospital is a 25-bed facility serving the residents of Clinton County, Indiana. Designated as a critical access hospital, IU Health Frankfort provides a full range of healthcare services including inpatient services, outpatient surgery, endoscopy, emergency medicine, cardiovascular, laboratory, diagnostic imaging services, pastoral care, radiology, rehabilitation services, respiratory care and women's health.

PRIORITY COMMUNITY HEALTH NEEDS

Access to Healthcare  Behavioral Health/Substance Abuse  Nutrition and Healthy Weight

Community Benefit
$903,509  Financial Assistance
$2,304,113  Unreimbursable Medicaid
$234,438  Community Health Improvement Services
$4,182  Financial and In-Kind Contributions

Other Investments
($49,551)  Medicare¹
$705,188  Bad Debt²

Total Community Benefit
$3,446,242

Total Community Investment
$4,101,879

¹ As a critical access hospital, IU Health Frankfort Hospital is reimbursed by Medicare at a rate of 101 percent of its allowable cost in order to ensure access to care in rural communities.
² The amount of bad debt represents unpaid patient expenses reported at cost.
Colorectal cancer awareness has a new look

Colorectal cancer is one of the leading causes of cancer-related deaths in the United States. A cancer that begins in the large intestine (colon) or the rectum, colorectal cancer is also one of the most treatable cancers, if detected early. Indiana University Health Frankfort Hospital wanted to raise awareness among residents about colon cancer and early detection. But we wanted to make a greater impact than simply handing out pamphlets at a health fair. Our team took it one step further—we asked people to take a stroll inside a giant colon.

The giant colon was featured at the 2017 Frankfort WILO Senior Fair, measuring more than 10 feet tall and 12 feet wide. Since most people never get to see what the inside of a colon looks like, the giant colon was a great way to gain people’s attention and engage them in learning more about colon health and cancer screenings. The colon featured visuals of an abnormal growth or cancer in various stages as well as non-cancerous polyps.

Visitors enjoyed getting up close and touring the inside the colon to visualize the various stages of colon cancer and polyps. They also were able to see what a normal colon should look like and learned the signs and symptoms of cancer, appropriate screening techniques for average-risk cancer patients and who should be screened.

More than 225 people were screened at the Senior Fair and 11 people received FIT kits. The fecal immunochemical test (FIT) is also called an immunochemical fecal occult blood test and sometimes abbreviated (iFOBT). FIT tests for hidden blood in stool by reacting to the human hemoglobin protein found in red blood cells.

The FIT test can be done in the privacy of your own home by collecting small amounts of stool on cards (or in tubes). Unlike some other tests, there are no drug or dietary restrictions before the test (vitamins and foods do not affect the FIT), collection is simple and must be done annually. This test is also less likely to react to bleeding from other parts of the digestive tract, such as the stomach.

A colonoscopy is still the gold standard test because it visualizes the entire colon and is provided at 10-year intervals for average-risk patients. However, some people are unable to or opt out of this more invasive testing and the FIT test provides them with an alternative to the colonoscopy.

The American Cancer Society adopted the goal of “80 by 18” to screen 80 percent of appropriate patients by 2018. This inspired IU Health’s accredited cancer programs to participate in this initiative across the state to increase the number of screenings in Indiana in a system-wide outreach effort.

HOSPITAL STATISTICS

$903,509 FINANCIAL ASSISTANCE

25 BEDS

6,286 EMERGENCY DEPT VISITS

208 INPATIENT ADMISSIONS

12,337 OUTPATIENT VISITS

104 TEAM MEMBERS

IU Health Frankfort Hospital Statistics reflect numbers from June 1, 2017 – December 31, 2017.
ACADEMIC HEALTH CENTER
The Indiana University Health Adult and Pediatric Academic Health Center is comprised of IU Health Methodist Hospital, IU Health University Hospital, IU Health Saxony Hospital, IU Health Morgan and Riley Hospital for Children at Indiana University Health. As national and regional healthcare leaders, the staff strives to improve the health of our patients and community through innovation and excellence in care, education, research and service.

PRIORITY COMMUNITY HEALTH NEEDS

<table>
<thead>
<tr>
<th>Access to Healthcare</th>
<th>Behavioral Health</th>
<th>Nutrition and Healthy Weight</th>
<th>Community Revitalization</th>
</tr>
</thead>
</table>

**Community Benefit**
- $44,232,998 Financial Assistance
- $282,748,062 Unreimbursable Medicaid
- $17,895,708 Community Health Improvement Services
- $830,930 Community Benefit Operations
- $68,650,941 Health Professions Education
- $12,567,398 Subsidized Health Services
- $6,795,330 Research
- $12,595,313 Financial and In-Kind Contributions

**Other Investments**
- $271,059 Community Building Activities
- $24,061,693 Medicare
- $34,481,458 Bad Debt¹

**Total Community Benefit**
$446,316,680

**Total Community Investment**
$505,130,890

¹ The amount of bad debt represents unpaid patient expenses reported at cost.
Behavioral health is an area of significant need within our communities. IU Health offers several programs throughout the system to help to address this growing need, including the Chronic Pain and Chemical Dependency Program at IU Health Methodist Hospital. This program offers services for those recovering from drug, alcohol, gambling or pain medication addictions, as well as people suffering from chronic pain.

The Chemical Dependency Program provides our participants with access to physical therapy, process groups, activity therapy, pain group counseling and education. These services are designed to help identify and confront negative behaviors.

“It’s not about the addiction itself; it’s about changing the pattern of behaviors associated with the addiction,” said Jim Ryser, program director.

Participants attend periodic follow-up appointments after the conclusion of the program and many have seen significant improvements in their well-being. In fact, this program recently began collaborating with IU Health’s Stoplight Program within Methodist’s Emergency Department (ED) to prevent future addictions. In Stoplight, ED providers are trained to recognize signs of chronic pain and chemical dependency and then guide the patient into the Chronic Pain and Chemical Dependency Program.

“We are putting stop gaps into place to prevent overmedicating patients,” said Ryser. “It’s a great program in which patients are able to receive the help they need, without judgment.”

The collaboration between the ED’s Stoplight Program and the Chronic Pain and Chemical Dependency Program has reduced the instances of repeat medical care and it continues to grow and evolve to offer our patients the best support and medical care possible.

“Our efforts help to ease people back into community recovery and out of emergency situations,” said Ryser. “We prepare our patients to continue on their paths to recovery at home.”

**HOSPITAL STATISTICS**

- **151,851** Medicaid and Charity Care Patients
- **$12,595,313** Cash and In-Kind Contributions
- **15,555** Community Volunteer Hours
- **170,489** Emergency Dept Visits
- **4,824** Volunteers
- **14,468** Team Members
HOSPITAL OVERVIEW
Indiana University Health North Hospital has provided leading family-centered care in Carmel, Indiana since 2005. As a full-service hospital for adults and children, with an attached medical office building, IU Health North Hospital brings together inpatient and outpatient healthcare services into one location where patients receive excellent and compassionate care. IU Health North Hospital has five core principles to guide behavior expectations of the hospital’s team members: show kindness, connect fully, take ownership, create joy and do more.

PRIORITY COMMUNITY HEALTH NEEDS

Access to Healthcare
Physical Activity and Nutrition
Older Adults and Aging
Behavioral Health/Substance Abuse

Community Benefit
$1,435,113 Financial Assistance
$9,938,046 Unreimbursable Medicaid
$815,916 Community Health Improvement Services
$110,311 Community Benefit Operations
$201,133 Health Professions Education
$108,953 Financial and In-Kind Contributions

Other Investments
$10,662,243 Medicare
$2,732,336 Bad Debt\(^1\)

Total Community Benefit
$12,609,472

Total Community Investment
$26,004,051

\(^1\) The amount of bad debt represents unpaid patient expenses reported at cost.
Child advocacy program in schools helps to stop and prevent abuse

In 2017, Indiana University Health North Hospital provided a $10,000 grant to support Chaucie’s Place, a Hamilton County child advocacy organization that focuses on the prevention of child sexual abuse and youth suicide through education.

Chaucie’s Place reached over 14,833 students in Hamilton County in 2017 with Smart Steps: A Body Safety Program for Children. The group also facilitated “Talk Time” to help 879 children who wished to disclose potential abuse. Of those 879 children, staff made 33 reports of suspected child sexual abuse to the Department of Child Services and/or local law enforcement.

One child’s story in particular illustrates IU Health’s dollars at work through ongoing programming offered by Chaucie’s Place:

One Hamilton County student benefited from the Smart Steps program not once, but twice. In 2014, the first-grade student disclosed abuse, which was reported and stopped. Three years later, the student sat through the Smart Steps program once again as a fourth grader. This time, she realized that the abuse she had suffered was not her fault. Had this child not heard the Smart Steps messages on how to keep her body safe and why it’s ok to tell a trusted adult, she might still be enduring that abuse today.

“Chaucie’s Place is tremendously grateful for the support of our community partner, IU Health North Hospital,” said Melissa Peregrin, executive director of Chaucie’s Place. “Without this type of financial support, we would not be able to further our mission of preventing child sexual abuse and youth suicide in Indiana.”

<table>
<thead>
<tr>
<th>HOSPITAL STATISTICS</th>
</tr>
</thead>
<tbody>
<tr>
<td>$1,435,113</td>
</tr>
<tr>
<td>FINANCIAL ASSISTANCE</td>
</tr>
<tr>
<td>$108,953</td>
</tr>
<tr>
<td>CASH AND IN-KIND CONTRIBUTIONS</td>
</tr>
<tr>
<td>577</td>
</tr>
<tr>
<td>COMMUNITY VOLUNTEER HOURS</td>
</tr>
<tr>
<td>21,527</td>
</tr>
<tr>
<td>EMERGENCY DEPT VISITS</td>
</tr>
<tr>
<td>2,466</td>
</tr>
<tr>
<td>BABIES DELIVERED</td>
</tr>
<tr>
<td>8,216</td>
</tr>
<tr>
<td>MEDICAID AND CHARITY CARE PATIENTS</td>
</tr>
</tbody>
</table>
HOSPITAL OVERVIEW
Indiana University Health Paoli Hospital specializes in rural, community-based services to serve South Central Indiana. IU Health Paoli includes a 24-hour emergency department with air transport availability; OB services; inpatient rehab, community outreach programs; physical, occupational and speech therapy; medical imaging; laboratory services; outpatient surgery and visiting specialist services.

PRIORITY COMMUNITY HEALTH NEEDS

| Access to Healthcare | Behavioral/Mental Health | Nutrition and Active Living | Pre-K-12th Education | Tobacco Cessation |

**Community Benefit**
- $700,279  Financial Assistance
- $0  Unreimbursable Medicaid
- $641,569  Community Health Improvement Services
- $17,646  Community Benefit Operations
- $229,464  Health Professions Education
- $407,797  Subsidized Health Services
- $39,338  Financial and In-Kind Contributions

**Other Investments**
- $1,411  Community Building Activities
- $355,194  Medicare
- $737,744  Bad Debt¹

**Total Community Benefit**
$2,036,093

**Total Community Investment**
$3,130,442

¹ The amount of bad debt represents unpaid patient expenses reported at cost.
According to a 2009 report from the Drug Enforcement Administration, nearly seven million Americans are abusing prescription drugs. This is greater than the number who are abusing cocaine, heroin, hallucinogens, ecstasy and inhalants combined.

In June of 2014, Indiana University Health Paoli formed a subcommittee of the Emergency Department Committee to monitor frequent visitors. The goal of the subcommittee is to help treat patients without contributing to the overuse of narcotic pain medication. As a result, the Pain Management Program was created. This triad includes an emergency department physician, a nurse manager and an emergency department registered nurse, known as the pain resource nurse.

This pain resource nurse is responsible for gathering information from reports, nursing staff and providers to compile a list of at-risk patients. Each patient is assessed and evaluated by the committee on a case-by-case basis. Oftentimes, our team can identify barriers and challenges to treatment as the causes for frequent emergency room visits. The pain resource nurse sends a certified letter to the individuals identified by the committee and follows up with the patient as needed to help resolve identified barriers to care.

As a result of our program, the pain resource nurse has made a lasting impact on these patients and the community. In 2015, the nurse sent 17 letters with 97 pre-letter visits and 39 post-letter visits, resulting in a 59.79 percent decrease in emergency room visits. As of December, 2016, the nurse sent 16 letters with 131 pre-letter visits and 42 post-letter visits, resulting in a 67.9 percent decrease in emergency room visits. The pain resource nurse was able to work with 11 of the 16 patients on resolving identifiable causes for increased emergency room visits.

In February 2017, Cheryl Lee, RN and pain resource nurse, represented IU Health Paoli by presenting a poster presentation at the 2017 American Hospital Association Rural Health Care Leadership Conference. She continues to reach out to several patients to help reduce emergency room visits by individuals requesting pain medications. This work continues toward our goal of avoiding the detriment caused by the overuse of narcotic pain medications.

**HOSPITAL STATISTICS**

- **$700,279** Financial Assistance
- **998** Charity Care Patients
- **201** Team Members
- **10,653** Emergency Dept Visits
- **309** Inpatient Admissions
- **27,927** Outpatient Visits
HOSPITAL OVERVIEW
Indiana University Health Tipton Hospital has provided patient-centered care to residents of Tipton County and surrounding communities for more than 65 years. IU Health Tipton Hospital is an acute care hospital offering personalized care and a wide range of medical specialties and services. IU Health Tipton Hospital is fully accredited by The Joint Commission and is also a member of the American Hospital Association, the Indiana Hospital Association and the Indiana Rural Healthcare Association.

PRIORITY COMMUNITY HEALTH NEEDS

Access to Healthcare  Behavioral Health  Nutrition and Active Living  Injury Prevention  Chronic Disease Management

Community Benefit
$619,140  Financial Assistance
$2,623,612  Unreimbursable Medicaid
$135,173  Community Health Improvement Services
$71,512  Health Professions Education
$139,259  Financial and In-Kind Contributions

Other Investments
$364  Community Building Activities
$226,736  Medicare¹
$857,820  Bad Debt²

Total Community Benefit
$3,588,696

Total Community Investment
$4,220,144

¹ As a critical access hospital, IU Health Tipton Hospital is reimbursed by Medicare at a rate of 101 percent of its allowable cost in order to ensure access to care in rural communities.
² The amount of bad debt represents unpaid patient expenses reported at cost.
IU Health Tipton Hospital is committed to improving the future of our community members by offering programs that lead to improved health.

In 2017, our annual health fair offered a variety of free and low-cost screenings, including blood draws (including glucose, A1C and cholesterol), blood pressure checks, foot screenings, echocardiogram screenings, sleep disorders screenings, bone density screenings and colorectal cancer screening kits.

These evaluations were offered at no cost to about 130 community members. Participants also had the opportunity to bring any unwanted medications to our collection site so they could be disposed of properly.
HOSPITAL OVERVIEW
Indiana University Health West Hospital, located in Avon, Indiana, is privileged to provide the highest level of care and service to the residents of Hendricks County, Indiana, and beyond. Our team is proud that our commitment to service extends beyond the hospital walls.

PRIORITY COMMUNITY HEALTH NEEDS

- Accessing and Utilizing Healthcare
- Mental Wellness
- Physical Activity and Nutrition
- Substance Abuse
- Tobacco Cessation

Community Benefit
- $3,658,940 Financial Assistance
- $5,277,555 Unreimbursable Medicaid
- $1,100,294 Community Health Improvement Services
- $42,430 Community Benefit Operations
- $199,025 Health Professions Education
- $115,688 Financial and In-Kind Contributions

Other Investments
- $41,225 Community Building Activities
- $2,452,991 Medicare
- $2,806,724 Bad Debt¹

Total Community Benefit
$10,393,932

Total Community Investment
$15,694,872

¹ The amount of bad debt represents unpaid patient expenses reported at cost.
Dragstrip Dash Express race promotes fitness while supporting community trail

The Dragstrip Dash Express is a race designed to promote fitness throughout our community. An accessible and affordable competitive 5K/10K event, all proceeds from the Dragstrip Dash Express go to supporting the continued completion and expansion of the B&O Trail across Hendricks County.

In 2017, a significant new section of the trail was completed: a “missing link” between sections of the trail that run east of the Ronald Reagan Parkway and northwest of CR 300. Runners, walkers and bikers may now travel uninterrupted on the trail from Raceway Road on the Marion County line to west of SR 267 in Brownsburg.

IU Health West has been a long-term partner to the B&O Trail Association in its efforts to complete this important, free-to-use fitness asset in the community.

HOSPITAL STATISTICS

| # | 4,197 CARE PATIENTS |
| $ | $115,688 CASH AND IN-KIND CONTRIBUTIONS |
| ⌛ | 812 COMMUNITY VOLUNTEER HOURS |
| 🚑 | 47,081 EMERGENCY DEPT VISITS |
| 👣 | 988 BABIES DELIVERED |
| 💰 | $3,658,940 FINANCIAL ASSISTANCE |
HOSPITAL OVERVIEW
Indiana University White Memorial Hospital is located in Monticello, Indiana and has served the White County region for more than 60 years. Today, IU Health White Memorial offers a wide range of services that include: general medical and surgical services which includes hospitalist coverage; a 24-hour emergency department with onsite helipad for critical care transportation; sophisticated diagnostic imaging services including mammography, MRI and CT; laboratory, chemotherapy, physical therapy and swing bed services. IU Health White Memorial Hospital is accredited by the Healthcare Facilities Accreditation Program (HFAP).

PRIORITY COMMUNITY HEALTH NEEDS

<table>
<thead>
<tr>
<th>Community Benefit</th>
<th>Amount</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$696,598</td>
<td>Financial Assistance</td>
</tr>
<tr>
<td></td>
<td>$0</td>
<td>Unreimbursable Medicaid</td>
</tr>
<tr>
<td></td>
<td>$100,496</td>
<td>Community Health Improvement Services</td>
</tr>
<tr>
<td></td>
<td>$2,856</td>
<td>Community Benefit Operations</td>
</tr>
<tr>
<td></td>
<td>$19,242</td>
<td>Health Professions Education</td>
</tr>
<tr>
<td></td>
<td>$1,210</td>
<td>Subsidized Health Services</td>
</tr>
<tr>
<td></td>
<td>$62,327</td>
<td>Financial and In-Kind Contributions</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Other Investments</th>
<th>Amount</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$16,259</td>
<td>Community Building Activities</td>
</tr>
<tr>
<td>($105,767)</td>
<td>Medicare¹</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$662,854</td>
<td>Bad Debt²</td>
</tr>
</tbody>
</table>

Total Community Benefit
$882,729

Total Community Investment
$1,456,075

¹ As a critical access hospital, IU Health White Memorial Hospital is reimbursed by Medicare at a rate of 101 percent of its allowable cost in order to ensure access to care in rural communities.
² The amount of bad debt represents unpaid patient expenses reported at cost.
Walking is a simple and effective way to improve health. With a sturdy pair of shoes, anyone can begin reaping the benefits of regular, brisk walks to maintain a healthy weight; improve fitness, mood, balance and coordination; and to prevent or manage conditions such as heart disease, high blood pressure and Type 2 diabetes.

It is especially beneficial for older adults to stay active. Exercise can help to improve many aspects of a senior's life, including physical strength, cognitive functioning and social interaction. That's why Indiana University Health White Memorial Hospital stepped up to help our local seniors get moving in a Silver Sneakers walking group.

In 2017, IU Health White Memorial Hospital awarded a handful of scholarships that allowed seniors to join the Silver Sneakers walking group at a local gym. Our team members provided participants with free, onsite health screenings each month, as well as walking logs and t-shirts.

At least one dedicated Silver Sneakers participant attended the class three times a week.

“The program has been great for my father,” said the participant’s daughter. “The classes have not only maintained but even improved his range of motion, balance and muscle tone. He really enjoys the group.”

Silver Sneakers is a national program designed to help older adults stay healthy by exercising and socializing. The program is available to qualifying individuals at no cost to them. IU Health White Memorial provided scholarships to seniors who did not qualify for Silver Sneakers through their insurance plans.
IU Health System Totals

**Community Benefit**

<table>
<thead>
<tr>
<th>Amount</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>$71,613,301</td>
<td>Financial Assistance</td>
</tr>
<tr>
<td>$335,105,904</td>
<td>Unreimbursable Medicaid</td>
</tr>
<tr>
<td>$30,982,030</td>
<td>Community Health Improvement Services</td>
</tr>
<tr>
<td>$1,727,767</td>
<td>Community Benefit Operations</td>
</tr>
<tr>
<td>$78,767,423</td>
<td>Health Professions Education</td>
</tr>
<tr>
<td>$20,257,704</td>
<td>Subsidized Health Services</td>
</tr>
<tr>
<td>$8,014,820</td>
<td>Research</td>
</tr>
<tr>
<td>$14,670,950</td>
<td>Financial and In-Kind Contributions</td>
</tr>
</tbody>
</table>

**Other Investments**

<table>
<thead>
<tr>
<th>Amount</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>$1,340,730</td>
<td>Community Building Activities</td>
</tr>
<tr>
<td>$59,060,324</td>
<td>Medicare</td>
</tr>
<tr>
<td>$60,627,767</td>
<td>Bad Debt(^1)</td>
</tr>
</tbody>
</table>

**Total Community Benefit**

$561,139,899

**Total Community Investment**

$682,168,720

\(^1\) The amount of bad debt represents unpaid patient expenses reported at cost.
Indiana University Health invites community members to review the community health needs assessments and provide comments to communitybenefit@iuhealth.org.

For a full, detailed listing of each IU Health implementation strategy, visit: www.iuhealth.org/in-the-community.
### Priority Health Need: Nutrition and Active Living

**Goal:** Providing education and resources to our all ages who are at-risk for diabetes or obesity will help them lead a healthier lifestyle. Also, through A1C screenings, trying to catch those at risk or already diabetic but unaware. Our approach targets children, families, low income community members and individuals who are at-risk for diabetes.

<table>
<thead>
<tr>
<th>Objective</th>
<th>Strategy &amp; Time Frame</th>
<th>Evaluation Mechanism</th>
<th>Annual Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>Increase community resources to promote nutrition and active living</td>
<td>• Provide or support community walking programs</td>
<td>• Reduce BMI in 15% of walking group participants  • Increase physical activity through completion of Walking Journal</td>
<td>$500 for supplies</td>
</tr>
<tr>
<td>Increase nutrition and physical activity resources in schools</td>
<td>• Engage team members in Day of Service activities at local schools</td>
<td>• Reduce BMI  • Improve healthy school environment  • Increase amount of physical activity for students and teachers</td>
<td>$7,000 for materials</td>
</tr>
<tr>
<td>Increase community education opportunities regarding obesity prevention, nutrition and physical education</td>
<td>• Nutrition education at Farmer's Markets  • Provide healthy eating education at community events  • Participate in medical weight loss clinical trials</td>
<td>• Record number of screenings at community events  • Decrease elevated A1C of medical weight loss participants</td>
<td>$1,000 for materials</td>
</tr>
<tr>
<td>Increase access to healthy fruits and vegetables in senior population</td>
<td>• Provide meals via Meals on Wheels (MOW)</td>
<td>• Number of participants for MOW program</td>
<td>IU Health Arnett dedicates 1-2 full time team members to the Meals on Wheels program</td>
</tr>
</tbody>
</table>

### Priority Health Need: Access to Healthcare

**Goal:** By physically and financially supporting our community, we’ll increase healthcare access to low income or minority community members. Additional resources made available to patients will allow them to continue receiving required medication or healthcare services.

<table>
<thead>
<tr>
<th>Objective</th>
<th>Strategy &amp; Time Frame</th>
<th>Evaluation Mechanism</th>
<th>Annual Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>Increase low-cost healthcare options</td>
<td>• IU Health Arnett financial assistance  • Low cost physicals for student athletes  • Car seat safety checks  • Support groups  • Family Medicine Practice Residency Program</td>
<td>• Number of individuals screened and approved for financial assistance  • Number of students provided free or low-cost physicals  • Number of car seat safety checks and free car seats distributed  • Number of resident physicians in program</td>
<td>IU Health Arnett staff will dedicate time to providing screenings, car seat safety checks and support groups.  • 5 full-time family medicine residents will join the staff in June 2018</td>
</tr>
<tr>
<td>Increase access to healthcare in northwest area of county</td>
<td>• Work with City Bus to obtain and maintain route to/from hospital and medical office building</td>
<td>• Number of passengers to/from hospital/medical office building</td>
<td>$0</td>
</tr>
</tbody>
</table>
**Priority Health Need: Chronic Disease Management**

Goal: Providing education and resources to all ages who are at-risk or living with a chronic disease, learn to manage the disease and lead a healthier lifestyle. Through screenings we are trying to catch those at risk but unaware. Our approach targets children, families, low income community members and individuals who are at risk.

<table>
<thead>
<tr>
<th>Objective</th>
<th>Strategy &amp; Time Frame</th>
<th>Evaluation Mechanism</th>
<th>Annual Budget</th>
</tr>
</thead>
</table>
| Increase awareness and education of chronic disease management | • Increase number of screenings  
• Increase number of educational opportunities | • Number of screenings completed  
• Number of community events where IU Health provides educational materials  
• Number of people provided educational materials | $5,000 for screenings supplies and educational materials |

**Priority Health Need: Behavioral Health and Substance Abuse**

Goal: Providing education and resources to all ages who have behavioral health issues helping them lead a healthier lifestyle. Our approach targets children, families, low income community members and individuals who may be suffering with behavioral health issues.

<table>
<thead>
<tr>
<th>Objective</th>
<th>Strategy &amp; Time Frame</th>
<th>Evaluation Mechanism</th>
<th>Annual Budget</th>
</tr>
</thead>
</table>
| Increase youth access to mental health resources | • Provide QPR (question, persuade and refer) training to all school staff  
• Promote and offer access to Mental Health America’s Safe2Talk texting line | • Number of school staff members trained in QPR  
• Number of schools trained and participating in Safe2Talk promotion  
• Number of texts/calls received through Safe2Talk line | $10,000  
• IU Health Arnett will also provide all the marketing materials to schools |
| Increase the number of trained responders for mental health crises | • Provide training for school staff, community members and IU Health team members in QPR or other mental health training | • Number of people trained  
• Number of trained crisis intervention specialists at Mental Health America | $10,000  
• IU Health Arnett will also promote the crisis intervention specialist volunteer opportunities |
| Improve local response to opioid crisis | • Participate in local opioid task force and plan for possible state legislation  
• Approval of final plan for legislative pilot project | Emergency Department and behavioral health leadership will participate in meetings and planning |
| Improve access to behavioral health services | • Behavioral health integration in primary care | • Number of patients utilizing behavioral health services in primary care setting | IU Health Arnett will dedicate at least 1 full time psychiatrist to the behavioral health integration in the primary care setting |
| Increase local awareness of and reduce the mental health stigma | • Sponsor year-long regional media campaign with WLFI | • Number of page views  
• Number of website hits  
• Number of stories focused on mental health | $21,000  
• IU Health leaders and physicians will participate in story development and interview opportunities |

*Indiana University Health invites community members to review the community benefits plan online at https://iuhealth.org/in-the-community and provide comments to communitybenefit@iuhealth.org.*
### Priority Health Need: Nutrition and Active Living (Obesity Prevention)

**Goal:** Increased education/opportunities regarding nutrition and physical activity to community members

<table>
<thead>
<tr>
<th>Objective</th>
<th>Strategy &amp; Time Frame</th>
<th>Evaluation Mechanism</th>
<th>Annual Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reduced obesity rates, reduced associated chronic disease rates</td>
<td>• Work with community partners to develop a broad-based collective impact model health coalition targeted to improved nutrition and increased physical activity</td>
<td>• # of participating Partners</td>
<td>$25,000</td>
</tr>
<tr>
<td>Provide education regarding farmers markets</td>
<td>• IU Health Bucks Farmers Market nutrition programs targeted to underserved population</td>
<td>• Identify number of people served and survey knowledge attained pre and post programming</td>
<td>$5,000</td>
</tr>
<tr>
<td>More at-risk youth engaged in positive lifestyle activities and education</td>
<td>• Support for YMCA 7th and 8th Grade free membership initiative</td>
<td>• Identify number of people served</td>
<td>$5,000</td>
</tr>
<tr>
<td>Increase physical activity in youth at school</td>
<td>• Promote Strong Schools funding for obesity prevention programming in area schools</td>
<td>• Identify number of people served</td>
<td>$5,000</td>
</tr>
<tr>
<td>Increase physical activity and nutrition knowledge in youth at school</td>
<td>• Support afterschool childhood obesity prevention programs</td>
<td>• Identify number of people served and survey knowledge attained pre and post programming</td>
<td>$15,000</td>
</tr>
<tr>
<td>Promote increased use of local park facilities</td>
<td>• Organize employee service days to make improvements at local school and park playground facilities</td>
<td>• Inventory of park improvements, identify number of people served</td>
<td>$8,000</td>
</tr>
<tr>
<td>Increase adult walking opportunities</td>
<td>• Support for walking programs and initiatives including Walk Indiana</td>
<td>• Identify number of people served</td>
<td>$5,000</td>
</tr>
</tbody>
</table>

### Priority Health Need: Infant Health Factors

**Goal:** Reduce unfavorable infant mortality rates

<table>
<thead>
<tr>
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<th>Strategy &amp; Time Frame</th>
<th>Evaluation Mechanism</th>
<th>Annual Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>Root causes of infant mortality available for study; increased interventions for at-risk women</td>
<td>• Provide expertise and resources for continued operation of Fetal Infant Mortality Review Program and Community Action Teams related to infant health</td>
<td>• Annual program review; infant mortality statistics</td>
<td>$5,000</td>
</tr>
<tr>
<td>Improve community knowledge and practice regarding infant safe sleep practices</td>
<td>• Offer Pack-n-Play infant beds plus Halo Sleep Sacks in conjunction with educational programming to families at risk for unsafe sleep practices. Collaborate with community partners to promote the ABC’s of safe sleep in key locations</td>
<td>• Identify number of people served</td>
<td>$130,000</td>
</tr>
<tr>
<td>Engage additional partners in prenatal programming efforts</td>
<td>• Introduce IUH pre-natal practitioners to the Nurse Family Partnership Program</td>
<td>• Completion of introductions</td>
<td>N/A</td>
</tr>
<tr>
<td>Expand obstetrics provider base at local Federally Qualified Health Center</td>
<td>• Provide two Family Medicine Directors and a resident rotation at a subsidized rate to local Federally Qualified Health Center Open Door Health Services to expand Obstetrics capacity to serve low income residents</td>
<td>• Identify number of people served</td>
<td>$150,000</td>
</tr>
</tbody>
</table>
### Priority Health Need: Behavioral Health

**Goal:** Address substance abuse, mental health issues

<table>
<thead>
<tr>
<th>Objective</th>
<th>Strategy &amp; Time Frame</th>
<th>Evaluation Mechanism</th>
<th>Annual Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>Increase number of individuals identified and assisted with substance use disorders</td>
<td>• IUHBMH Family Medicine Residency SBIRT Screening. SBIRT is an approach to the delivery of early intervention and treatment to people with substance use disorders and those at risk of developing these disorders</td>
<td>• Identify number of people served, referred to treatment</td>
<td>N/A</td>
</tr>
<tr>
<td>Improved evaluation and management of psychological concerns of patients with pain disorders and weight-related medical problems</td>
<td>• IUHBMH Family Medicine Residency behavioral health initiative for improved behavioral health assessment and treatment planning</td>
<td>• Process in place to serve clinic clients</td>
<td>N/A</td>
</tr>
<tr>
<td>Reduce stigma associated with mental health</td>
<td>• Support local organizations in promoting awareness of mental health needs</td>
<td>• Inventory amount of engagement</td>
<td>$5,000</td>
</tr>
<tr>
<td>Increase community access to mental health programming</td>
<td>• Provide support for evening stress management groups (schools, faith based) offered through the IUHBMH Family Medicine Residency and other community partners</td>
<td>• Identify number of persons served</td>
<td>$500</td>
</tr>
</tbody>
</table>

### Priority Health Need: Smoking and Tobacco

**Goal:** Increase the amount of physical activity and access to healthy and affordable foods

<table>
<thead>
<tr>
<th>Objective</th>
<th>Strategy &amp; Time Frame</th>
<th>Evaluation Mechanism</th>
<th>Annual Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reduce smoking and tobacco use</td>
<td>• Work with community partners to develop a broad-based collective impact model health coalition targeted to reduced tobacco use</td>
<td>• # of participating Partners</td>
<td>$25,000</td>
</tr>
<tr>
<td>Increased referrals to 1-800-Quit-Now</td>
<td>• Create Health Care (HC) provider training regarding tobacco interventions and availability of 1-800-Quit-Now resources</td>
<td>• Organizational process in place</td>
<td>$2,500</td>
</tr>
<tr>
<td></td>
<td>• Widely publicize 1-800 Quit Now Line to patients and families, prepare additional handouts specific to certain populations (i.e. parents with newborns)</td>
<td>• Resources available for referral</td>
<td></td>
</tr>
</tbody>
</table>

### Priority Health Need: Access to Care

**Goal:** Increase access to affordable healthcare and primary care physicians.

<table>
<thead>
<tr>
<th>Objective</th>
<th>Strategy &amp; Time Frame</th>
<th>Evaluation Mechanism</th>
<th>Annual Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assist self-pay patients in acquiring healthcare coverage when eligible</td>
<td>• Hospital Presumptive Eligibility (H.P.E.) screening of Self Pay, inpatient, outpatient and emergency patients. Enroll in HIP 2.0, Medicaid or children's programs</td>
<td>• # of patients provided presumptive eligibility screening</td>
<td>$1,000,000 (Reflects multiple budgets across system for staffing and program management)</td>
</tr>
<tr>
<td>Reduce barriers for physician access</td>
<td>• Utilize 1-800 Same Day appointment program with Family Medicine and Internal Medicine Residency physicians</td>
<td>• Program utilization statistics</td>
<td>N/A</td>
</tr>
<tr>
<td>Increase patient visit capacity at local FQHC</td>
<td>• Provide two Family Medicine Directors and a resident rotation at a subsidized rate to local Federally Qualified Health Center Open Door Health Services to expand capacity to serve low income residents</td>
<td>• Identify number of people served</td>
<td>$150,000</td>
</tr>
<tr>
<td>Connect additional persons to available healthcare resource</td>
<td>• Investigate potential of advanced community screenings that tie back to a physician navigator, or financial navigator at the event</td>
<td>• Evaluation completed, process in place</td>
<td>N/A</td>
</tr>
<tr>
<td>Identify cancer at early stages</td>
<td>• Offer free or reduced cost screenings for lung, breast, skin and cervical cancers</td>
<td>• # of screening events and people served</td>
<td>$200,000</td>
</tr>
</tbody>
</table>

*Indiana University Health invites community members to review the community benefits plan online at https://iuhealth.org/in-the-community and provide comments to communitybenefit@iuhealth.org.*
# Bedford Hospital 2016-2018 Community Benefit Plan

## Priority Health Need: Substance Use
Goal: Increase access to free resources for tobacco use and support local organizations addressing substance abuse issues in the community.

<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Substance Use</td>
<td>• Offer free tobacco cessation classes (Weekly; 1 hour)</td>
<td>• Identify the number of people attending and how many have quit smoking in result of the program</td>
<td>$3,010 Total Budget (Note, not all funds are directly from CB budget but some resources are given through additional departments.)</td>
</tr>
<tr>
<td></td>
<td>• Support local substance abuse group, Parents of Addicted Loved Ones</td>
<td>• Track the number of people attending the free PALS group</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Allow the group to utilize hospital space at no cost</td>
<td>• Track the number of participants each year at the annual recovery day</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Provide financial support to the annual recovery day (2018).</td>
<td>• Quiz the students on their knowledge of tobacco use</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Education to middle school students about damaging effects of using tobacco products</td>
<td>• Count the number of participants at the event</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Safe Night: provided information to kids about not smoking and the effects of using tobacco</td>
<td>• Evaluate the number of people that attended the class, as well as how many have quit using tobacco</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Beat tobacco education class at local business (Lehigh, Mitchell Ind.)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## Priority Health Need: Mental Health
Goal: Increase access to behavioral health services including support groups and financial support of local organizations.

<table>
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<tbody>
<tr>
<td>Mental Health</td>
<td>• Donate financial resources as requested</td>
<td>• Review impact of the organization and evaluate current state and effectiveness upon future requests. Utilizing Versaic to determine appropriate focus of benefit</td>
<td>$2,836 Total Budget</td>
</tr>
<tr>
<td></td>
<td>• Support groups annually</td>
<td>• Review the feedback from participants and measure their input of effectiveness. Track attendance/completion or repeat session of the group</td>
<td></td>
</tr>
<tr>
<td></td>
<td>* Two grief support groups offered each year for a six week term</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Priority Health Need: Chronic Disease Management
Goal: Address the largest chronic disease issues in Lawrence County: COPD and cancer.

<table>
<thead>
<tr>
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</table>
| Chronic Disease Management | • Offer free support groups weekly for tobacco cessation (ties to substance abuse)  
• Cancer Services provided education to middle school students about damaging effects of using tobacco products  
• Advocate for the American Cancer Society  
• Screenings (annual; event based)  
• Financial support for Lawrence County Cancer Patient Services & local advocacy events  
• Get Outdoor Day giving education to children on sun safety (provided hats, UV bead bracelets, sunglasses)  
• Free Sport Echos offered annual in the Spring  
• Free COPD screening at Lawrence County 4H Fair  
• Free COPD screening at Health Fair 2018  
• Medical Nutrition Therapy  
• Sunscreen donations to local pools; organizations  
• Diabetes clinic  
• Senior Fair: colorectal screening kits  
• Blood Pressure Checks | • Identify the number of people attending and how many have quit smoking in result of the program  
• Calculate the number of students that were able to hear the message  
Track participation in the following:  
• Relay for Life  
• Host Trick or Trot 5K raising money for the ACS  
• Women’s health: screening for breast and pelvic cancer  
• Skin screenings  
Track financial contribution each year  
Track number of participants  
Track number of participants each year  
Track number of participants Completed only in 2017  
Track number of participants Completed only in 2018  
Track amount of people served  
Sunscreen was delivered to the local pool two years in a row and at a local ball park  
Track participants served and financial cost  
Track number of kits distributed  
Track participants from event | $17,443 Total Budget |

*Not included in above budget.
### Priority Health Need: Healthy Weight & Nutrition

**Goal:** Increase the amount of physical activity and access to healthy and affordable foods.

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<tbody>
<tr>
<td>Healthy Weight and Nutrition</td>
<td>Farmer’s Market:</td>
<td>• Measure # of vouchers used</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Health Bucks: $5 vouchers to all WIC and SNAP participants using their own funds for fresh goods at the farmers market (SNAP added in 2017)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Cooking Demo 2017</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Partnered with Live Well Lawrence County and the Bedford Parks Department to develop a community garden site</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Cancer education at middle school</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Advocate for the American Cancer Society</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Measure # of plots reserved</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Track number of students and how their drinking habits changed after challenge</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Track participation in the following</td>
<td></td>
</tr>
</tbody>
</table>

### Priority Health Need: Basic Needs

**Goal:** Reach the community areas/support local businesses that help those without homes, proper clothing, food, hygiene products, etc.

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<tbody>
<tr>
<td>Basic Needs</td>
<td>• Becky’s Place: Develop hygiene kits for the residents</td>
<td>• Calculate the amount of people impacted by the kits; request feedback from the organization and residents on effectiveness</td>
<td>$3,661.50</td>
</tr>
<tr>
<td></td>
<td>• Live Well Lawrence County: Hospital involved to help advocate for healthier lifestyles, habits and help those in need who are lacking access to healthy food or resources</td>
<td>• Track participants who have reserved plots</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Financial support to local organizations and advocacy groups in support of this need</td>
<td>• Evaluate organization’s effectiveness when determining financial contribution (L.I.F.E. food pantry, Becky’s Place Women and Children’s Shelter)</td>
<td></td>
</tr>
</tbody>
</table>

Indiana University Health invites community members to review the community benefits plan online at [https://iuhealth.org/in-the-community](https://iuhealth.org/in-the-community) and provide comments to communitybenefit@iuhealth.org.
### Priority Health Need: Nutrition and Active Living (Obesity Prevention)

**Goal:** Increased education/opportunities regarding nutrition and physical activity to community members.

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<tbody>
<tr>
<td>Reduced obesity rates, reduced associated chronic disease rates</td>
<td>• Work with community partners to develop a broad-based collective impact model health coalition targeted to improved nutrition and increased physical activity</td>
<td>• # of participating Partners</td>
<td>$25,000*</td>
</tr>
<tr>
<td>Provide education regarding farmers markets</td>
<td>• IU Health Bucks Farmers Market nutrition programs targeted to underserved population</td>
<td>• Identify number of people served and survey knowledge attained pre and post programming</td>
<td>$5,000*</td>
</tr>
<tr>
<td>Increase physical activity in youth at school</td>
<td>• Promote Strong Schools funding for obesity prevention programming in area schools</td>
<td>• Identify number of people served</td>
<td>$2,000</td>
</tr>
<tr>
<td>Increase physical activity and nutrition knowledge in youth at school</td>
<td>• Support afterschool childhood obesity prevention programs</td>
<td>• Identify number of people served and survey knowledge attained pre and post programming</td>
<td>$15,000*</td>
</tr>
<tr>
<td>Promote increased use of local park facilities</td>
<td>• Organize employee service days to make improvements at local school and park playground facilities</td>
<td>• Inventory of park improvements, identify number of people served</td>
<td>$4,000</td>
</tr>
<tr>
<td>Increase adult walking opportunities</td>
<td>• Support for walking programs and initiatives including Walk Indiana</td>
<td>• Identify number of people served</td>
<td>$5,000*</td>
</tr>
</tbody>
</table>

### Priority Health Need: Infant Health Factors

**Goal:** Reduce unfavorable infant mortality rates.

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</thead>
<tbody>
<tr>
<td>Root causes of infant mortality available for study; increased interventions for at-risk women</td>
<td>• Provide expertise and resources for continued operation of Fetal Infant Mortality Review Program and Community Action Teams related to infant health</td>
<td>• Annual program review; infant mortality statistics</td>
<td>$5,000*</td>
</tr>
<tr>
<td>Improve community knowledge and practice regarding infant safe sleep practices</td>
<td>• Offer Pack –n-Play infant beds plus Halo Sleep Sacks in conjunction with educational programming to families at risk for unsafe sleep practices. Collaborate with community partners to promote the ABC’s of safe sleep in key locations</td>
<td>• Identify number of people served</td>
<td>$130,000*</td>
</tr>
<tr>
<td>Engage additional partners in prenatal programming efforts</td>
<td>• Introduce IUH pre-natal practitioners to the Nurse Family Partnership Program</td>
<td>• Completion of introductions</td>
<td>N/A</td>
</tr>
<tr>
<td>Expand obstetrics provider base at local Federally Qualified Health Center</td>
<td>• Provide two Family Medicine Directors and a resident rotation at a subsidized rate to local Federally Qualified Health Center Open Door Health Services to expand Obstetrics capacity to serve low income residents</td>
<td>• Identify number of people served</td>
<td>$150,000*</td>
</tr>
</tbody>
</table>

### Priority Health Need: Behavioral Health

**Goal:** Address substance abuse, mental health issues.

<table>
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</thead>
<tbody>
<tr>
<td>Increase number of individuals identified and assisted with substance use disorders</td>
<td>• IUHBMH Family Medicine Residency SBIRT Screening. SBIRT is an approach to the delivery of early intervention and treatment to people with substance use disorders and those at risk of developing these disorders</td>
<td>• Identify number of people served, referred to treatment</td>
<td>N/A</td>
</tr>
</tbody>
</table>
### Priority Health Need: Smoking and Tobacco

**Goal:** Increase the amount of physical activity and access to healthy and affordable foods

<table>
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</thead>
<tbody>
<tr>
<td>Reduce smoking and tobacco use</td>
<td>• Work with community partners to develop a broad-based collective impact model health coalition targeted to reduced tobacco use</td>
<td>• # of participating Partners</td>
<td>$25,000*</td>
</tr>
<tr>
<td>Increased referrals to 1-800-Quit-Now</td>
<td>• Create Health Care (HC) provider training regarding tobacco interventions and availability of 1-800-Quit-Now resources</td>
<td>• Organizational process in place</td>
<td>$2,500*</td>
</tr>
<tr>
<td></td>
<td>• Widely publicize 1-800 Quit Now Line to patients and families, prepare additional handouts specific to certain populations (i.e., parents with newborns)</td>
<td>• Resources available for referral</td>
<td></td>
</tr>
</tbody>
</table>

*IU Health Blackford Hospital is a rural, critical access 15 bed hospital with a county population of 12,149. Many of the persons it serves also receive services in adjoining Delaware County, pop. 115,600 and home of IU Health Ball Memorial Hospital with 300+ beds and over 45 medical specialties. IU Health Blackford and IU Health Ball Memorial Hospital share identical CHNA priority needs and strategies. Many of the IU Health Blackford Hospital strategies are developed and funded by IU Health Ball Memorial Hospital with the intent of also benefiting persons in Blackford County.


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# Bloomington Hospital 2016-2018 Community Benefit Plan

## Priority Health Need: Substance Abuse
Goal: Make a positive change in Substance Use Disorder

<table>
<thead>
<tr>
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</thead>
</table>
| Increase awareness and decrease stigma associated with Substance Use Disorder | • Increase awareness of issue across all populations  
• Expand access of substance abuse services and tobacco cessation  
• Increase in number of individuals identified for early interventions and referrals  
• Decrease number of infections and disease spread through IV drug use (i.e. Hepatitis C, HIV)  
• Decrease the availability of prescription pain relievers to those using improperly | • Completion of plan with the SA/MH community committee  
• Follow County level data: number of overdoses, number of deaths due to substance abuse  
• Number of programs to support those living with substance abuse  
• Number of community partners to support prevention and access to treatment | $30,000 |

## Priority Health Need: Behavioral Health
Goal: Improve access to Behavioral Health services

<table>
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</thead>
</table>
| Develop access to Behavioral Health opportunities | • Open discussions will occur  
• Community activities offered to promote education about this issue will be well attended  
• All available housing units will be used appropriately allocated  
• Clients seeking services will receive them in a timely manner  
• Those in need will have access to needed services | • Completion of plan with the SA/MH community committee  
• Partnerships developed to support access to MH care with community agencies | $30,000 |

## Priority Health Need: Obesity and Chronic Disease
Goal: Increase awareness of obesity issues such as weight and physical activity. Develop early intervention for chronic diseases such as diabetes.

<table>
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</thead>
</table>
| Develop screenings, activity based opportunities and education | • Increase understanding of healthy behaviors  
• Expand access to healthy and affordable food  
• Increase physical activity | • Positive change in GOAL and other GOAL program participant behavior change (i.e., decrease # of sugar sweetened beverages, increase of active time, and decrease in screen time)  
• Number of walkers in Walking Group attending 6 or more times  
• A1C after Diabetes Self-Management Education  
• Number of Dementia Friendly businesses identified  
• # attending Virtual Dementia Tours | $160,000 |
## Priority Health Need: Health Equity
Goal: Educate community and partners on the basic needs of shelter, education, access to care and healthy food.

<table>
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</table>
| Education programs and events will have access points to services | • Increase number of community members accessing healthcare services including health screenings and vaccinations  
• Decrease the number of this population’s use of healthcare in the emergent situation using prevention and education  
• Increase in health literacy | • Percent of Positive Link clients with insurance  
• Number of Dementia clients and families in supportive services  
• Number screened for pre diabetes and provided access to care | $150,000 |

## Priority Health Need: Senior Health
Goal: Support senior's independence and quality of life.

<table>
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</tr>
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</table>
| Educate caregivers, providers and family members of resources, access points and services | • Seniors will live independently longer  
• Futile medical services will decrease  
• All Seniors will live and die with dignity  
• Clients seeking services will receive them in a timely manner | • Support of Senior Expo with all screening opportunities met  
• Wellness screenings held 4 times per year  
• Wellness attendees needing primary care are referred | $20,000 |

Indiana University Health invites community members to review the community benefits plan online at https://iuhealth.org/in-the-community and provide comments to communitybenefit@iuhealth.org.
### Priority Health Need: Nutrition and Active Living

**Goal:** Providing education and resources to our all ages who are at-risk for diabetes or obesity will help them lead a healthier lifestyle. Also, through A1C screenings, trying to catch those at risk or already diabetic but unaware. Our approach targets children, families, low income community members and individuals who are at-risk for diabetes.

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</table>
| Increase nutrition and physical activity resources in schools | • Engage team members in Day of Service activities at local schools  
• Enhance local Boys and Girls Club playground | • Improve healthy school environment  
• Increase amount of physical activity for students and teachers | $4,000 for materials |
| Increase community education opportunities regarding obesity prevention, nutrition and physical education | • Provide healthy eating education at community events | • Record number of screenings at community events | $2,000 for materials |

### Priority Health Need: Access to Healthcare

**Goal:** By physically and financially supporting our community, we’ll increase healthcare access to low income or minority community members. Additional resources made available to patients will allow them to continue receiving required medication or healthcare services.

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<tbody>
<tr>
<td>Increase low-cost healthcare options</td>
<td>• IU Health Frankfort financial assistance</td>
<td>• Number of individuals screened and approved for financial assistance</td>
<td>IU Health Frankfort staff will dedicate time to screening for eligibility</td>
</tr>
</tbody>
</table>

### Priority Health Need: Chronic Disease Management

**Goal:** Providing education and resources to all ages who are at-risk or living with a chronic disease, learn to manage the disease and lead a healthier lifestyle. Through screenings we are trying to catch those at risk but unaware. Our approach targets children, families, low income community members and individuals who are at risk.

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</table>
| Increase awareness and education of chronic disease management | • Increase number of screenings  
• Increase number of educational opportunities | • Number of screenings completed  
• Number of community events where IU Health provides educational materials  
• Number of people provided educational materials | $2,000 for screenings supplies and educational materials |
### Priority Health Need: Behavioral Health and Substance Abuse

**Goal:** Providing education and resources to all ages who have behavioral health issues helping them lead a healthier lifestyle. Our approach targets children, families, low income community members and individuals who may be suffering with behavioral health issues.

<table>
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</table>
| Increase youth access to mental health resources | • Provide QPR (question, persuade and refer) training to all school staff  
• Promote and offer access to Mental Health America’s Safe2Talk texting line | • Number of school staff members trained in QPR  
• Number of schools trained and participating in Safe2Talk promotion  
• Number of texts/calls received through Safe2Talk line | • Funding provided by IU Health Arnett  
• IU Health Frankfort Hospital will encourage team members to volunteer and will promote the program at community events |
| Increase the number of trained responders for mental health crises | • Provide training for school staff, community members and IU Health team members in QPR or other mental health training | • Number of people trained  
• Number of trained crisis intervention specialists at Mental Health America | • Funding provided by IU Health Arnett  
• IU Health Frankfort will also promote the crisis intervention specialist volunteer opportunities |
| Improve access to behavioral health services | • Behavioral health integration in primary care | • Number of patients utilizing behavioral health services in primary care setting | Behavioral Health integration provided by IU Health Arnett (in the West Central Region) |
| Increase local awareness of and reduce the mental health stigma | • Sponsor year-long regional media campaign with WLFI | • Number of page views  
• Number of website hits  
• Number of stories focused on mental health | • Funding for campaign provided by IU Health Arnett  
• IU Health leaders and physicians will participate in story development and interview opportunities |

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**Priority Health Need: Access to Care**
**Goal:** Increase access to care and resources for health and wellbeing among vulnerable populations

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</table>
| Increase access to primary care physicians | • Partner with HealthNet and free clinics in Marion County to support programming financially and with volunteers throughout the calendar year  
  • Provide financial support for walk-in/urgent care clinics | • Identify number of people served and number of volunteer hours donated  
  • # additional doctor office hours  
  • # of screenings and vaccinations | $1.5 million |
| Increase access to and understanding of health insurance and navigating the healthcare system | • Collaborate with service providers on screenings, vaccinations and health insurance outreach at community events  
  • Taxi and bus passes to primary care appointments  
  • Support training for community health workers (CHWs) to conduct health-related initiatives from Mid North and Northwest area quality of life plans | • # of health insurance outreach events  
  • # of new health insurance enrollees  
  • # of passes provided  
  • Reduction in missed appointments | $100,000 |

**Priority Health Need: Behavioral Health**
**Goal:** Increase access to behavioral health services including substance abuse and prevention treatments

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<tbody>
<tr>
<td>Implement behavioral health resources in schools</td>
<td>• Partner with Families First, Overdose Lifeline, and Reach for Youth to fund youth behavioral health programming annually</td>
<td>• Identify number of people served and survey knowledge attained pre and post programming</td>
<td>$50,000</td>
</tr>
</tbody>
</table>
| Increase access to substance abuse prevention/treatment services & behavioral health services | • Provide grants to mental health service providers  
  • Partner with Mental Health America for Teen Text line expansion  
  • Explore the use of SBIRT and tobacco cessation programs in primary care settings  
  • Provide heroin overdose kits to IMPD and IEMS and other first responders  
  • Sponsor Narcotics Anonymous groups in low-income areas | • # of grants provided  
  • # of teens reached  
  • # of new physicians using SBIRT  
  • Increase in referrals to tobacco cessation  
  • # of heroin overdose kits provided  
  • Reduction in heroin overdose deaths  
  • # of new Narcotics Anonymous groups started | $150,000 |
## Priority Health Need: Community Revitalization

**Goal:** Improve and beautify physical and built environments in underserved neighborhoods

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</table>
| Rehabilitate neighborhoods, parks, and school environments | • Partner with Indy Parks Foundation and Groundworks during the annual Day of Service to do neighborhood and park cleanups, build playgrounds, and paint crosswalks  
• Partner with Habitat for Humanity on an annual build to brings people together to build homes, communities and hope | • Identify number of people served and number of volunteer hours donated | $130,000 |

## Priority Health Need: Healthy Weight & Nutrition

**Goal:** Increase the amount of physical activity and access to healthy and affordable foods

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</thead>
</table>
| Increase physical activity in youth at school | • Award annual grants to schools throughout Indiana supporting health and wellbeing programs for students (including but not limited to JumpIN, Playworks, IU Health Strong Schools) | • Change in average daily minutes of physical activity and number of people served  
• # of IU Health Strong Schools/grants provided | $50,000 |
| Increase access to healthy and affordable food | • Advocate for food access (grocery stores, food co-ops, etc.) in collaboration with Quality of Life groups in the Northwest and Mid North areas  
• Provide support to summer food programs, food pantries and community garden initiatives  
• Sell affordable produce through Garden on the Go® | • # of participants | $235,000 |

Indiana University Health invites community members to review the community benefits plan online at [https://iuhealth.org/in-the-community](https://iuhealth.org/in-the-community) and provide comments to communitybenefit@iuhealth.org.
### Priority Health Need: Access to Health Services

**Goal:** Continue to support & develop appropriate avenues to address health services access & utilization challenges

| Objective                                                                                           | Strategy & Time Frame                                                                                           | Evaluation Mechanism                                                                 | Annual Budget |
|----------------------------------------------------------------__________________________________|---------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------|
| Increase affordability of and access to health services for those who are uninsured and underinsured | • Provide operational & programmatic funding to support Trinity Free Clinic (Carmel) and Heart & Soul Clinic (Westfield)  
• Provide free community health screenings (BP, A1C, pediatric developmental, pulmonary function, etc.) at community events and through community partnerships  
• Provide an IU Health Individual Solutions Coordinator to help individuals and families register for HIP 2.0 or other Marketplace Insurance  
• Continue working with and providing financial support for the Partnership for a Healthy Hamilton County (PHHC) | • # of patients served  
• # screened and # referred for follow up care  
• # registered for insurance  
• PHHC to provide year-end results of health-based initiatives | $55,000 |
| Reduce unnecessary trips to Emergency Department (ED) and unnecessary medical runs by Carmel Fire Department | • Explore partnership with the Carmel Fire Department and its Community Paramedicine program | • # of calls/runs/visits as compared to previous years | |

### Priority Health Need: Exercise, Nutrition & Weight

**Goal:** Advocate for and support access to healthy eating and exercise options in the community

| Objective                                                                                           | Strategy & Time Frame                                                                                           | Evaluation Mechanism                                                                 | Annual Budget |
|----------------------------------------------------------------__________________________________|---------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------|
| Increase access to healthy foods                                                                   | • Support local farmers markets and advocate for WIC/SNAP programming at affiliated markets  
• Provide healthy cooking demonstrations at farmers markets using local produce | • Market volumes and WIC/SNAP benefits redemption  
• # people served at cooking demonstrations | $12,000 |
| Address youth obesity prevention                                                                  | • Partner with local schools to provide additional fitness and nutrition resources and education (presentations by dietitians, pedometer/walking competition, walking/running clubs)  
• Explore Jump In and Playworks for local school intervention | • Total participation, length of program, # steps, etc | $10,000 |
| Increase access to fitness activities and opportunities for low-income individuals and families      | • Explore and assist with development of Hamilton County Parks & Rec BeneFIT program  
• Partner with Fishers Parks & Rec Department  
• Support dance camp scholarships for Junior Civic Theatre | • Establish a baseline for appropriate measurement of success  
• Completion of camp by children who received scholarship | $10,000 |
## Priority Health Need: Behavioral Health
Goal: Continue to support and develop appropriate avenues to build awareness of mental health and substance abuse issues and address mental health needs including screening and care/support

<table>
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<tr>
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</table>
| Increase availability of mental health providers and resources | • Explore opportunities to support/fund Aspire Indiana, Inc., Indiana Chapter of American Foundation for Suicide Prevention, Mental Health America of Hamilton County  
• Explore opportunities to provide mental health awareness seminars and/or support groups in the community | • Establish baseline and set goals | $19,000 |
| Address behavioral health root causes related to child sexual abuse | • Partner with Chaucie's Place to offer community and staff education on preventing and recognizing child sexual abuse  
• Provide funding to Chaucie's Place to further child sexual abuse prevention programming in Hamilton County | • # staff and community members who receive training  
• Establish a baseline for appropriate measurement of success | $7,000 |
| Develop understanding of substance abuse challenges facing Hamilton County residents | • Explore appropriate partnerships with existing groups/agencies, including the Substance Abuse Task Force, local law enforcement | • Establish a baseline for appropriate measurement of success | |

## Priority Health Need: Older Adults & Aging
Goal: Advocate for and support the health of older adults through the aging process

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<tr>
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</thead>
</table>
| Increase access to health services for older adults | • Explore opportunities to support/fund Central Indiana Council on Aging (CICOA) in Hamilton County  
• Explore volunteer networks/organizations to support patient transportation strategies  
• Provide free balance screenings for older adults | • Establish baseline and set goals  
• # patients served  
• # adults screened and results of screenings | $5,000 |
| Develop greater understanding of health challenges facing elderly Hamilton County residents | • Explore appropriate partnerships with existing groups/agencies | • Establish a baseline for appropriate measurement of success | |
| See ACCESS TO HEALTH SERVICES for further implementation strategies | | | |

## Priority Health Need: Transportation
Goal: Advocate for and support local initiatives to alleviate transportation issues in Hamilton County

<table>
<thead>
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</table>
| Increase public transportation | • Participate in the Hamilton County Transit Forum and support the work of the group  
• Work with local agencies and organizations (Hamilton County Express, Janus Development) to explore opportunities to expand transportation services | • Periodically gauge progress of the Hamilton County Transit Forum | $0 |
| TRANSPORTATION is a county wide issue that expands beyond health care. Because of this, IU Health North and Saxony hospitals will participate in and support local initiatives to address the issue, but will not necessarily lead the charge. | • As a large employer in the county, IU Health North and Saxony will provide funding and political support for transportation initiatives when appropriate | | |

Indiana University Health invites community members to review the community benefits plan online at https://iuhealth.org/in-the-community and provide comments to communitybenefit@iuhealth.org.
Paoli Hospital 2016-2018 Community Benefit Plan

Priority Health Need: Access to Care
Goal: Increase access to care and resources for health and wellbeing among vulnerable populations

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<thead>
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</thead>
<tbody>
<tr>
<td>Increase access to primary care physicians</td>
<td>• Assist and support in provider recruitment to Orange County, a Medically Underserved Area, and provide guaranteed salary</td>
<td>• Identify number of hours invested on provider recruitment and number of physicians recruited during the timeframe</td>
<td>Variable</td>
</tr>
<tr>
<td>Increase insurance coverage in service area</td>
<td>• Maintain HIP enrollment assistance Hospital Presumptive Eligibility (HPE) services and screenings at IU Health Paoli</td>
<td>• Identify number of patients and community members screened and/or assisted for enrollment or HPE</td>
<td></td>
</tr>
<tr>
<td>Increase number of mammograms provided to the underserved population</td>
<td>• Partner with the Orange County Community Foundation Women’s Giving Circle to offer vouchers for free mammograms to women in Orange County</td>
<td>• Identify number of women participating in the voucher program</td>
<td>$16,200 (charges written off)</td>
</tr>
<tr>
<td>Increase awareness and education on risks of chronic illnesses to community members</td>
<td>• Partner with local pharmacy, Williams Brothers, to provide Community Health Screenings: blood pressure, blood glucose, cholesterol and BMI, at least once per quarter</td>
<td>• Identify number of people participating in health screenings each quarter</td>
<td>$4,065</td>
</tr>
</tbody>
</table>

Priority Health Need: Behavioral Health
Goal: Increase access to behavioral health services including substance abuse and prevention treatments

<table>
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</thead>
<tbody>
<tr>
<td>Implement behavioral health resources in schools</td>
<td>• Partner with Families First to implement Safe2Talk teen texting program in local schools</td>
<td>• Identify number of people and occurrences utilizing the texting program per year</td>
<td></td>
</tr>
<tr>
<td>Build a collaborative network through the Orange County Health Coalition to address Behavioral Health issues in community</td>
<td>• Formalize coalition to establish partnerships among organizations, agencies and individuals to address local health disparities in collaborative efforts</td>
<td>• Measure percentage of SMART goals achieved set by the coalition at the end of each calendar year</td>
<td>$8,000</td>
</tr>
<tr>
<td>Decrease frequent ER visits</td>
<td>• Provide a Pain Resource Nurse to oversee a committee to address individuals who frequent the ER multiple times per month by sending a certified letter to help decrease the barriers contributing to visits</td>
<td>• Identify the number of individuals to whom a certified letter is sent and measure the decreased percentage of those visits pre and post-letter</td>
<td></td>
</tr>
<tr>
<td>Address perinatal and post-partum depression in expecting and new mothers</td>
<td>• Develop a Perinatal Mood and Anxiety Disorder support group to support OB patients who screen positive for referral. Hosted by 2 registered nurses with specialized training</td>
<td>• Identify the number of women participating in the support group and number of people who call the warm line</td>
<td>$17,042 for the first year and a half</td>
</tr>
</tbody>
</table>
### Priority Health Need: Healthy Weight & Nutrition

**Goal:** Increase the amount of physical activity and access to healthy and affordable foods

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</thead>
<tbody>
<tr>
<td>Increase physical activity in youth at school</td>
<td>• Partner with local schools to encourage application of Strong Schools grant</td>
<td>• Change in average daily minutes of physical activity and number of people served</td>
<td>Provided by IU Health COE</td>
</tr>
<tr>
<td>Increase access to healthy foods to nutritionally at-risk school children</td>
<td>• Partner with Backpacks of Blessings to provide a healthy snack (fruit or vegetable) in the backpacks provided to children in Orange County school corporations to take home over the weekends</td>
<td>• Measure number of children served per school year</td>
<td>$5,000</td>
</tr>
<tr>
<td>Increase activity and education on healthy nutrition to school children</td>
<td>• Host the annual Day of Service in schools to promote activity, nutrition and mental health and partner with community gardens to enhance family gardening experiences with a children’s play set, benches and shed tool organizers</td>
<td>• Measure number of people impacted by the Day of Service each year</td>
<td>$5,000</td>
</tr>
</tbody>
</table>

*Indiana University Health invites community members to review the community benefits plan online at [https://iuhealth.org/in-the-community](https://iuhealth.org/in-the-community) and provide comments to communitybenefit@iuhealth.org.*
### Priority Health Need: Access to Health Services

**Goal:** Continue to support & develop appropriate avenues to address health services access & utilization challenges

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| Increase affordability of and access to health services for those who are uninsured and underinsured | • Provide operational & programmatic funding to support Trinity Free Clinic (Carmel) and Heart & Soul Clinic (Westfield)  
• Provide free community health screenings (BP, A1C, pediatric developmental, pulmonary function, etc.) at community events and through community partnerships  
• Provide an IU Health Individual Solutions Coordinator to help individuals and families register for HIP 2.0 or other Marketplace Insurance  
• Continue working with and providing financial support for the Partnership for a Healthy Hamilton County (PHHC) | • # of patients served  
• # screened and # referred for follow up care  
• # registered for insurance  
• PHHC to provide year-end results of health-based initiatives | $15,600 |
| Reduce unnecessary trips to ED and unnecessary medical runs by Carmel Fire Department | • Explore partnership with the Carmel Fire Department and its Community Paramedicine program | • # of calls/runs/visits as compared to previous years | |

### Priority Health Need: Exercise, Nutrition & Weight

**Goal:** Advocate for and support access to healthy eating and exercise options in the community

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</table>
| Increase access to healthy foods | • Support local farmers markets and advocate for WIC/SNAP programming at affiliated markets  
• Provide healthy cooking demonstrations at farmers markets using local produce | • Market volumes and WIC/SNAP benefits redemption  
• # people served at cooking demonstrations | $12,500 |
| Address youth obesity prevention | • Partner with local schools to provide additional fitness and nutrition resources and education (presentations by dietitians, pedometer/walking competition, walking/running clubs)  
• Explore Jump In and Playworks for local school intervention | • Total participation, length of program, # steps, etc | $5,000 |
| Increase access to fitness activities and opportunities for low-income individuals and families | • Explore and assist with development of Hamilton County Parks & Rec Benefit program  
• Partner with Fishers Parks & Rec Department  
• Support dance camp scholarships for Junior Civic Theatre | • Establish a baseline for appropriate measurement of success  
• Completion of camp by children who received scholarship | $8,000 |

*IU Health Saxony Hospital is located in the City of Fishers, Indiana, in Hamilton County, the 38-bed hospital opened in 2011 and includes an intensive care unit, six technologically advanced operating suites, a full-service, 24/7 Emergency department, a helipad for medical transport and a medical office building. IU Health Saxony Hospital’s primary focus is on cardiovascular and orthopedic services. Many of the persons it serves also receive services at IU Health North Hospital which is also located Carmel, Indiana in Hamilton County. IU Health North Hospital is a full-service hospital for adults and children, with an attached medical office building. IU Health Saxony and IU Health North Hospital share identical CHNA priority needs and strategies. Many of the IU Health Saxony Hospital strategies are developed and funded by IU Health North Hospital with the intent of benefiting all persons in Hamilton County.*
**Priority Health Need: Behavioral Health**

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| Increase availability of mental health providers and resources | • Explore opportunities to support/fund Aspire Indiana, Inc., Indiana Chapter of American Foundation for Suicide Prevention, Mental Health America of Hamilton County  
• Explore opportunities to provide mental health awareness seminars and/or support groups in the community | • Establish baseline and set goals | $100,000 |
| Address behavioral health root causes related to child sexual abuse | • Partner with Chaucie’s Place to offer community and staff education on preventing and recognizing child sexual abuse  
• Provide funding to Chaucie’s Place to further child sexual abuse prevention programming in Hamilton County | • # staff and community members who receive training  
• Establish a baseline for appropriate measurement of success | $6,700 |
| Develop understanding of substance abuse challenges facing Hamilton County residents | • Explore appropriate partnerships with existing groups/agencies, including the Substance Abuse Task Force, local law enforcement | • Establish a baseline for appropriate measurement of success | |

**Priority Health Need: Older Adults & Aging**

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</table>
| Increase access to health services for older adults | • Explore opportunities to support/fund Central Indiana Council on Aging (CICOA) in Hamilton County  
• Explore volunteer networks/organizations to support patient transportation strategies  
• Provide free balance screenings for older adults | • Establish baseline and set goals  
• # patients served  
• # adults screened and results of screenings | $3,000 |
| Develop greater understanding of health challenges facing elderly Hamilton County residents | • Explore appropriate partnerships with existing groups/agencies | • Establish a baseline for appropriate measurement of success | |
| See ACCESS TO HEALTH SERVICES for further implementation strategies | | | |

**Priority Health Need: Transportation**

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</table>
| Increase public transportation | • Participate in the Hamilton County Transit Forum and support the work of the group  
• Work with local agencies and organizations (Hamilton County Express, Janus Development) to explore opportunities to expand transportation services | • Periodically gauge progress of the Hamilton County Transit Forum | $0 |
| TRANSPORTATION is a county wide issue that expands beyond health care. Because of this, IU Health North and Saxony hospitals will participate in and support local initiatives to address the issue, but will not necessarily lead the charge. | • As a large employer in the county, IU Health North and Saxony will provide funding and political support for transportation initiatives when appropriate. | | |

Indiana University Health invites community members to review the community benefits plan online at https://iuhealth.org/in-the-community and provide comments to communitybenefit@iuhealth.org.
### Priority Health Need: Access to Healthcare/Chronic Diseases
Goal: Provide more healthcare services at low or no cost for all residents and increase access to IU Health professionals in the community.

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</table>
| Increase the number of free and low cost screenings at IU Health Tipton and at community outreach programs | • Host a free annual health fair open to all community members | • # of screenings provided  
• # of community members attending for free educational information | $2,000 |
| Promote Hand Hygiene | • Spread awareness of proper hand hygiene in local elementary schools to help prevent the spread of germs. Provide hand sanitizers to every classroom during the cold and flu season | • # of students served | $1,500 |
| Promote the use of Sunscreen | • Provide free sunscreen annually to the local pool, so all patrons have access to use it | • # of packets donated | $1,500 |
| Provide Free Cancer Services Screenings | • Provide free Prostate Cancer Screenings and Skin Cancer Screenings to community members annually | • # of screenings performed | $200 |

### Priority Health Need: Nutrition & Active Living
Goal: Provide educational tools to encourage healthy eating choices & physical activity as well as increase access to programs and events related to healthy eating, fitness and support of community efforts in those areas.

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</thead>
</table>
| Participate in annual Day of Service activities | • Partner with community organizations to provide improvements or new activities on-site | • # of volunteers  
• # of community members served by project | $5,000 |
| Local Farmers Market | • Partner with local farmers market to provide additional funding for promoting and operations | # of community member visits | $150 |

### Priority Health Need: Substance Abuse (Including Tobacco)/Mental Health/Senior Health
Goal: Improve and beautify physical and built environments in underserved neighborhoods

<table>
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</table>
| Reduce number of community members smoking | • Partner with local tobacco cessation program to offer funding to continue the program in the community. Offer funding in addition to the office space for the meetings | • # of community members participating in the program  
• # of community members successfully quitting smoking | $3,000 |
| Community Supporter | • Partner with local organization that now has an office in Tipton, Four County Counseling Center. Will partner on events and awareness opportunities as they fit | • # of community members served | $1,000 |
| Increase Availability of Senior Transportation | • Support the local Encore Senior Center through their transportation fund | • # of rides provided | $1,000 |
| Partner with Purdue Extension to offer 10-14 Program | • Provide families with children between the ages of 10-14 a program to help connect and guide them through relationships and decrease the level of family conflict to lower the levels of substance abuse | • # of families supported | $500 |
Priority Health Need: Injury Prevention

Goal: Increase awareness of injury prevention in the community through Car Seat Fitting Station Program.

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</thead>
<tbody>
<tr>
<td>Increase availability and proper use of car seats</td>
<td>• Attend community events that target the appropriate audience to promote the Car Seat Fitting Station</td>
<td>• # of families served</td>
<td>$1,000</td>
</tr>
<tr>
<td>Update school nurses first aid kit</td>
<td>• Provide funding so that the school nurse can update her first aid kit supplies, to make sure everything is current and ready to treat students injuries and illnesses</td>
<td>• # of students served</td>
<td>$400</td>
</tr>
<tr>
<td>Provide Athletic Trainers the Proper Tools</td>
<td>• Purchase additional equipment for athletic trainers to use at the local schools to keep student injuries down</td>
<td>• # of athletes served</td>
<td>$200</td>
</tr>
</tbody>
</table>

Indiana University Health invites community members to review the community benefits plan online at https://iuhealth.org/in-the-community and provide comments to communitybenefit@iuhealth.org.
### Priority Health Need: Mental/Behavioral Health

**Goal:** Continue to support and develop appropriate avenues to address mental health needs including screening and care/support

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</thead>
<tbody>
<tr>
<td>Increase availability of mental healthcare providers and specialists</td>
<td>• Explore opportunities to support Mental Health America of Hendricks County, Cummins Mental Health and Hamilton Center</td>
<td>• Establish baseline and set goals</td>
<td>$30,000</td>
</tr>
<tr>
<td>Increase awareness of violent relationships, prevent dating violence among teens</td>
<td>• Support Sheltering Wings school/church/team outreach program</td>
<td>• Score improvement and total students impacted by programming</td>
<td></td>
</tr>
<tr>
<td>Address behavioral health root causes with domestic violence victims</td>
<td>• Support Sheltering Wings-Cummins Mental Health partnership for resident counseling</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Explore “mental health first aid” concepts for community support and recognition</td>
<td>• Explore partnership with established Hamilton Center training program</td>
<td>• Establish baseline and set goals</td>
<td></td>
</tr>
</tbody>
</table>

### Priority Health Need: Accessing & Utilizing Healthcare

**Goal:** Continue to support and develop appropriate avenues to address mental health needs including screening and care/support

<table>
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</thead>
<tbody>
<tr>
<td>Lack of providers or specialists in the community</td>
<td>• Provide operational funding to support Hope Health Center (formerly Kingsway Community Care Center)</td>
<td>• # of patients served and establish a baseline of patients referred to HHC and HealthNet vs. return visits to ED for primary care complaints</td>
<td>$40,000</td>
</tr>
<tr>
<td>Address affordability of care, even among the newly insured</td>
<td>• Explore partnership with HCHP, HCC and/or HealthNet to offer free community health screenings</td>
<td>• # screened and # referred for follow up care; improvement in screening metrics year over year if conducted in standard time/place</td>
<td></td>
</tr>
<tr>
<td>Transportation to appointments</td>
<td>• Explore LINK and/or volunteer networks to support patient transportation strategies</td>
<td>• # of patients served; reduce # of requests declined</td>
<td></td>
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</tbody>
</table>

### Priority Health Need: Substance Abuse

**Goal:** Understand scope of substance abuse issues/concerns in Hendricks County and evaluate currently active groups for partnership and action

<table>
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</tr>
</thead>
<tbody>
<tr>
<td>Develop understanding of substance abuse challenges facing Hendricks County residents</td>
<td>• Explore appropriate partnerships with existing groups/agencies, including the Substance Abuse Task Force, local law enforcement</td>
<td>• Establish a baseline for appropriate measurement of success</td>
<td>$10,000</td>
</tr>
</tbody>
</table>
### Priority Health Need: Physical Activity & Nutrition

**Goal:** Advocate and support access to healthy eating and exercise options in the community

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<tbody>
<tr>
<td>Access to healthy foods</td>
<td>• Support local farmers markets and advocate for WIC/SNAP/Fresh Bucks programming at all affiliated markets</td>
<td>• Market volumes and WIC/SNAP benefits redemption</td>
<td>$50,000</td>
</tr>
<tr>
<td>Increase utilization of existing trails, support expansion/ connectivity of trail systems in the county</td>
<td>• Support running/walking events in community including all Plainfield Parks &amp; Rec events, B&amp;O Express</td>
<td>• Total participation</td>
<td></td>
</tr>
<tr>
<td>Support “built environment” initiatives to advocate for a more walkable/connected community</td>
<td>• Support walk audits to align improvement investment with need for safety and connectivity</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Continued expansion/ completion and connectivity of the B&amp;O Trail to Avon/RR Pkwy; Brownsburg Parks trail system</td>
<td>• Support expansion capital campaign; continue B&amp;O Express</td>
<td>• Completion vs. plan</td>
<td></td>
</tr>
<tr>
<td>Access to fitness facilities for low-income individuals and families</td>
<td>• Support Plainfield Parks &amp; Rec “Beneficent Fund” • Support summer camp scholarships for Avon parks</td>
<td>• Increase individuals supported with membership • Establish pre/1 yr fitness evaluation for participants</td>
<td></td>
</tr>
<tr>
<td>Address youth obesity prevention</td>
<td>• Explore Jump In via United Way for local school intervention • Explore/evaluate existing school programs for support (i.e. school-based running clubs)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Priority Health Need: Tobacco Cessation

**Goal:** Reduce smoking initiation and smoking during pregnancy rates in Hendricks County; increase utilization of smoking cessation programming and/or QUIT NOW resources

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<tbody>
<tr>
<td>Address smoking during pregnancy as a key driver for maternal and fetal health</td>
<td>• Support “Baby and Me Tobacco Free” programming in Hendricks County</td>
<td>• Establish baseline and increase enrollment/fulfillment of the program</td>
<td>$10,000</td>
</tr>
<tr>
<td>Establish local smoke free workplace ordinances</td>
<td>• Support Tobacco Coalition efforts to initiate a smoking ordinance in Brownsburg</td>
<td>• Approval of an ordinance</td>
<td></td>
</tr>
<tr>
<td>Explore linkage between IU Health Emergency Room (EMR) to QUIT NOW resources</td>
<td>• Understand Tobacco Coalition’s advocacy for direct program referrals in EMR and determine feasibility</td>
<td>• Establish a baseline</td>
<td></td>
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<tr>
<td>Establish baseline understanding of vaping among teens and adults in the county</td>
<td>• Educate/evaluate opportunities related to phenomenon of vaping industry growth in Hendricks County</td>
<td>• Establish a baseline</td>
<td></td>
</tr>
</tbody>
</table>

*Indiana University Health invites community members to review the community benefits plan online at https://iuhealth.org/in-the-community and provide comments to communitybenefit@iuhealth.org.*
### Priority Health Need: Nutrition and Active Living
**Goal:** Providing education and resources to all ages who are at-risk for diabetes or obesity will help them lead a healthier lifestyle. Also, through A1C screenings, trying to catch those at risk or already diabetic but unaware. Our approach targets children, families, low income community members and individuals who are at-risk for diabetes.

<table>
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<tr>
<th>Objective</th>
<th>Strategy &amp; Time Frame</th>
<th>Evaluation Mechanism</th>
<th>Annual Budget</th>
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</table>
| Increase nutrition and physical activity resources in schools | • Engage team members in Day of Service activities at local schools  
• Enhance local Boys and Girls Club playground | • Improve healthy school environment  
• Increase amount of physical activity for students and teachers | $12,000 for materials |
| Increase community education opportunities regarding obesity prevention, nutrition and physical education | • Nutrition education at Farmer’s Markets  
• Provide healthy eating education at community events | • Record number of screenings at community events | $1,000 for materials |

### Priority Health Need: Access to Healthcare
**Goal:** By physically and financially supporting our community, we’ll increase healthcare access to low income or minority community members. Additional resources made available to patients will allow them to continue receiving required medication or healthcare services.

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| Increase low-cost healthcare options | • IU Health White Memorial financial assistance  
• Low cost physicals for student athletes  
• Car seat safety checks  
• Support groups | • Number of individuals screened and approved for financial assistance  
• Number of students provided free or low-cost physicals  
• Number of car seat safety checks and free car seats distributed | IU Health White Memorial staff will dedicate time to providing screenings, car seat safety checks and support groups |
| Increase access to primary care physicians | • Expand walk-in clinic hours and availability | • Number of patients utilizing the clinic  
• Number of hours clinic is open | IU Health White Memorial will provide space for the clinic and increased open hours |

### Priority Health Need: Chronic Disease Management
**Goal:** Providing education and resources to all ages who are at-risk or living with a chronic disease, learn to manage the disease and lead a healthier lifestyle. Through screenings we are trying to catch those at risk but unaware. Our approach targets children, families, low income community members and individuals who are at-risk.

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| Increase awareness and education of chronic disease management | • Increase number of screenings  
• Increase number of educational opportunities | • Number of screenings completed  
• Number of community events where IU Health provides educational materials  
• Number of people provided educational materials | $2,000 for screenings supplies and educational materials |
**Priority Health Need: Behavioral Health and Substance Abuse**

Goal: Providing education and resources to all ages who have behavioral health issues helping them lead a healthier lifestyle. Our approach targets children, families, low income community members and individuals who may be suffering with behavioral health issues.

<table>
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</table>
| Increase youth access to mental health resources | • Provide QPR (question, persuade and refer) training to all school staff  
• Promote and offer access to Mental Health America's Safe2Talk texting line | • Number of school staff members trained in QPR  
• Number of schools trained and participating in Safe2Talk promotion  
• Number of texts/calls received through Safe2Talk line | • Funding provided by IU Health Arnett  
• IU Health White Memorial Hospital will encourage team members to volunteer and will promote the program at community events |
| Increase the number of trained responders for mental health crisis | • Provide training for school staff, community members and IU Health team members in QPR or other mental health training | • Number of people trained  
• Number of trained crisis intervention specialists at Mental Health America | • Funding provided by IU Health Arnett  
• IU Health White Memorial will also promote the crisis intervention specialist volunteer opportunities |
| Improve access to behavioral health services | • Behavioral health integration in primary care | • Number of patients utilizing behavioral health services in primary care setting | Behavioral Health integration provided by IU Health Arnett (in the West Central Region) |
| Increase local awareness of and reduce the mental health stigma | • Sponsor year-long regional media campaign with WLFI | • Number of page views  
• Number of website hits  
• Number of stories focused on mental health | • Funding for campaign provided by IU Health Arnett  
• IU Health leaders and physicians will participate in story development and interview opportunities |

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Indiana University Health invites community members to review the community health needs assessments and provide comments to communitybenefit@iuhealth.org.

For a full, detailed listing of each IU Health implementation strategy, visit: www.iuhealth.org/inthecommunity.