

2018 Community Health Needs Assessment

2019-2021 Implementation Strategy



**IU Health
Methodist Hospital**



Methodist Hospital

Date Approved by Authorized Governing Body: April 25, 2019

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VI. Community Health Needs Identified

Secondary data, findings from other community health assessments of areas served by the hospital, input obtained from individuals who participated in community meetings, input obtained from key stakeholders, and a community survey were reviewed to identify and analyze the needs identified by each source. The top health needs of the IU Health Methodist Hospital community are those that are supported by multiple data sources.

Community health needs are listed by category, in alphabetical order below, and those highlighted will be addressed between 2019 and 2021. See the 2018 IU Health Methodist Hospital CHNA for more information: **IU Health Methodist Hospital CHNA**.

1. Access to Healthcare Services
2. Drug and Substance Abuse (including Opioids)*
3. Healthcare and Social Services for Seniors
4. Mental Health*
5. Obesity and Diabetes
6. Smoking, Tobacco Use and Exposure to Secondhand Smoke
7. Social Determinants of Health
8. Other Statewide Concerns
 - a. Public Health Funding
 - b. Air Pollution

*IU Health uses the term Behavioral Health to refer to Mental Health and Drug and Substance Abuse (including Opioids).

VII. Community Health Needs Hospital Will Address

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|---|
| Community Health Needs Assessment Priority Area: Behavioral Health |
| Goal: Address substance abuse in the community. |
| IU Health Methodist Hospital Community Health Needs Assessment Report Page: 6, 9-18, 26, 28-29, 36-37, 39-42, 44, 48-49 |

| Initiative | Strategies | Anticipated Impact | Internal/External Collaborations |
|-----------------------------|--|--|---|
| Substance abuse programming | <ul style="list-style-type: none"> - Implement substance abuse programming. - Work with community organizations to determine roles in programming. - Work with local police and fire departments for trainings and resources. | <ul style="list-style-type: none"> - Decrease the burden of substance abuse in the community. | <ul style="list-style-type: none"> - IU Health Behavioral Health Collaborative - IU Health Pharmacy - Local governmental agencies - Community organizations |

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|---|
| *Estimated Annual Budget: \$65,000 |
| Additional Resources: Staff time, space |

| | | |
|-------------------------------|---|-------------------|
| Obesity and Diabetes | Access to Healthcare Services | Behavioral Health |
| Social Determinants of Health | Smoking, Tobacco Use and Exposure to Secondhand Smoke | |

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Assessment Priority Area: Obesity and Diabetes

Goal: Increase knowledge of nutrition and confidence in hands-on skills to access and cook healthy meals.

IU Health Methodist Hospital Community Health Needs Assessment Report Page: 6, 9-15, 26-27, 37-38, 40-42, 44-46

| Initiative | Strategies | Anticipated Impact | Internal/External Collaborations |
|--|---|--|---|
| Healthy cooking classes in the community | <ul style="list-style-type: none"> - Perform cooking demonstrations, food preparation and tasting, nutrition education and planning, and tips for shopping economically for healthy foods. - Collaborate with low-income community housing projects, community organizations, and faith-based organizations to reach target population. - A nutritionist will educate the community. | <ul style="list-style-type: none"> - Increase awareness about obesity, health and healthy cooking. - Reduce obesity in the community. - Conduct up to six trainings a year. | <ul style="list-style-type: none"> - Nutrition and Dietetics Department - Faith-based organizations - Food pantries - Community organizations |

*Estimated Annual Budget: \$50,000

Additional Resources: Staff time, space

| | | |
|-------------------------------|---|-------------------|
| Obesity and Diabetes | Access to Healthcare Services | Behavioral Health |
| Social Determinants of Health | Smoking, Tobacco Use and Exposure to Secondhand Smoke | |

*The budget associated with this strategy is an estimate and should be regarded as such.

Goal: Provide opportunities for community members to be screened for various types of health conditions.

IU Health Methodist Hospital Community Health Needs Assessment Report Page: 6, 11, 19, 44, 49

| Initiative | Strategies | Anticipated Impact | Internal/External Collaborations |
|--|---|---|---|
| Health screenings for low-income community members | <ul style="list-style-type: none"> - Collectively determine which screenings will be implemented. - Provide health screenings in the community. - Refer the community member to the appropriate care provider when abnormal screening results are found. | <ul style="list-style-type: none"> - Establish baseline in the first year of program. - Offer screenings four times a year. - Increase referrals to healthcare providers. - Follow-up with 100% of participants who had an abnormal screening and provide a referral. | <ul style="list-style-type: none"> - Clinical staff - Community organizations |

*Estimated Annual Budget: \$35,000

Additional Resources: Staff time, screening tools

| | | |
|-------------------------------|---|-------------------|
| Obesity and Diabetes | Access to Healthcare Services | Behavioral Health |
| Social Determinants of Health | Smoking, Tobacco Use and Exposure to Secondhand Smoke | |

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Assessment Priority Area: Social Determinants of Health

Goal: Help patients and their families address social needs and health inequities.

IU Health Methodist Hospital Community Health Needs Assessment Report Page: 6, 10, 12-13, 44

| Initiative | Strategies | Anticipated Impact | Internal/External Collaborations |
|---------------------------|---|--|---|
| Medical-Legal Partnership | – Expand the Medical-Legal Partnership. | – Ensure patients’ legal needs related to health outcomes are met in 75% of cases. | – Social workers – Medical-Legal Partnership – Clinicians – Physicians |

*Estimated Annual Budget: \$150,000

Additional Resources: Staff time

| | | |
|-------------------------------|---|-------------------|
| Obesity and Diabetes | Access to Healthcare Services | Behavioral Health |
| Social Determinants of Health | Smoking, Tobacco Use and Exposure to Secondhand Smoke | |

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Assessment Priority Area: Social Determinants of Health

Goal: Connect people in need to community resources.

IU Health Methodist Hospital Community Health Needs Assessment Report Page: 6, 10, 12-13, 44

| Initiative | Strategies | Anticipated Impact | Internal/External Collaborations |
|---------------------------------|---|---|---|
| Pilot a community resource desk | – Help individuals and families in need of support connect to resources available in the Indianapolis community. – Ensure staff are fluent in English and Spanish. Translation services for other languages will be available as needed. | – Establish baseline in first year of program. – Increase access to community resources. | – Social workers – Clinicians – Community organizations – Faith-based organizations – Food pantries |

*Estimated Annual Budget: \$100,000

Additional Resources: Staff time, space

| | | |
|-------------------------------|---|-------------------|
| Obesity and Diabetes | Access to Healthcare Services | Behavioral Health |
| Social Determinants of Health | Smoking, Tobacco Use and Exposure to Secondhand Smoke | |

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Assessment Priority Area: Social Determinants of Health

Goal: Provide housing resources to families in the community.

IU Health Methodist Hospital Community Health Needs Assessment Report Page: 6, 10, 12-13, 44

| Initiative | Strategies | Anticipated Impact | Internal/External Collaborations |
|---|--|---|---|
| Engage community organizations to provide housing resources to low-income community members | - Work with community organizations to determine roles in programming. | - Provide resources for low-income community members. | - Community organizations |

*Estimated Annual Budget: \$50,000

Additional Resources: Staff time, resources

| | | |
|-------------------------------|---|-------------------|
| Obesity and Diabetes | Access to Healthcare Services | Behavioral Health |
| Social Determinants of Health | Smoking, Tobacco Use and Exposure to Secondhand Smoke | |

*The budget associated with this strategy is an estimate and should be regarded as such.

VIII. Community Health Needs Hospital Will Not Address

IU Health Methodist Hospital is unable to address those community health needs that do not relate directly to the hospital's mission to deliver healthcare. These are needs that other governmental agencies and/or community organizations have the most appropriate expertise and resources to address.

IU Health Methodist Hospital is unable to address the following community health needs identified in the 2018 Community Health Needs Assessment:

Healthcare and Social Services for Seniors

Aging in place is very important for older adults, and IU Health recognizes the importance. There are several community collaborations that are working to better the lives of seniors in the Indianapolis community: Central Indiana Council on Aging (CICOA) in Indianapolis is focused on the Indianapolis community. Furthermore, agencies that focus on the State of Indiana are: Southwestern Indiana Regional Council on Aging (SWIRCA); Division of Aging in Indianapolis; and LifeStream Services, Inc.

Funding for Public Health

IU Health has a partnership with the Indiana Public Health Association. This organization works to advance public health services and education in the State of Indiana. IU Health's Government Affairs looks for opportunities to advocate for public health funding at the federal, state and local level.

Air Pollution

The hospital is unable to directly impact policy and implement strategies that address air pollution. However, other state and local governmental agencies and community organizations (e.g. the Hoosier Environmental Council) have the most appropriate expertise with which to address this issue.

Please contact communitybenefit@iuhealth.org with any questions.



Methodist Hospital