

2018 Community Health Needs Assessment

2019-2021 Implementation Strategy



**IU Health
Tipton Hospital**



Tipton Hospital

Date Approved by Authorized Governing Body: March 28, 2019

TABLE OF CONTENTS:

- I. Indiana University Health’s Mission 3
- II. Purpose of a Hospital’s Implementation Strategy 3
- III. Description of Hospital 3
- IV. Community Definition 3
- V. Development of Implementation Strategy 3
- VI. Community Health Needs Identified 4
- VII. Community Health Needs Hospital Will Address 5
- VIII. Community Health Needs Hospital Will Not Address 13

I. Indiana University Health's Mission

We are guided by our mission to improve the health of our patients and community through innovation, and excellence in care, education, research and service.

II. Purpose of a Hospital's Implementation Strategy

An Implementation Strategy outlines how a hospital plans to address community health needs and is intended to satisfy the requirements set forth in Internal Revenue Code Section 501(r)(3) regarding Community Health Needs Assessments (CHNA) and Implementation Strategy. The Implementation Strategy process is meant to align the hospital's resources and programs with goals, objectives and indicators for how the hospital plans to address identified health needs in the community.

III. Description of Hospital

Indiana University Health Tipton Hospital (IU Health Tipton Hospital or "the hospital") has provided patient-centered care to residents of Tipton County and surrounding communities for more than 65 years. IU Health Tipton Hospital is an acute care hospital offering personalized care and a wide range of medical specialties and services. IU Health Tipton Hospital is fully accredited by the Joint Commission and is also a member of the American Hospital Association, the Indiana Hospital Association and the Indiana Rural Healthcare Association.

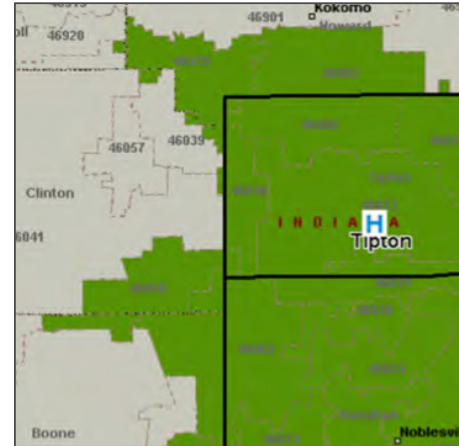
The hospital is part of Indiana University Health (IU Health), the largest and most comprehensive health system in the state of Indiana. IU Health, in partnership with Indiana University School of Medicine, one of the nation's leading medical schools, gives patients access to leading-edge medicine and treatment options that are available first, and often only, at IU Health.

Each IU Health hospital is dedicated to the community it serves. Each hospital conducts a CHNA to understand current community health needs and to inform strategies designed to improve community health, including initiatives designed to address social determinants of health. The CHNAs are conducted using widely accepted methodologies to identify the significant needs of a specific community.

IV. Community Definition

IU Health Tipton Hospital's community is defined as Hamilton and Tipton Counties, Indiana. These two counties accounted for 76.9 percent of the hospital's inpatient cases in 2016. The total population of this community in 2015 was 324,464.

The following map portrays this community. The map shows county and ZIP code boundaries. Specific ZIP codes are included in analyses if any portion of the ZIP code overlaps with one or more counties.



Source: Microsoft MapPoint and IU Health, 2018

V. Development of Implementation Strategy

This Implementation Strategy was developed by a team from IU Health that included the local community outreach team, social work, local organizations and hospital leaders.

Each year, senior leadership at IU Health Tipton Hospital will review this Implementation Strategy to determine whether changes should be made to better address the health needs of its communities.

VI. Community Health Needs Identified

Secondary data, findings from other community health assessments of areas served by the hospital, input obtained from individuals who participated in community meetings, input obtained from key stakeholders, and a community survey were reviewed to identify and analyze the needs identified by each source. The top health needs of the IU Health Tipton Hospital community are those that are supported by multiple data sources.

Needs are listed by category, in alphabetical order below, and those highlighted will be addressed between 2019 and 2021. See the 2018 IU Health Tipton Hospital CHNA for more information: **IU Health Tipton Hospital CHNA**.

1. Access to Healthcare Services
2. Aging Population and Needs of Seniors
3. Chronic Disease Management
4. Drug and Substance Abuse (including Opioids and Alcohol)*
5. Mental Health*
6. Transportation

* IU Health uses the term Behavioral Health to refer to Mental Health and Drug and Substance Abuse (including Opioids and Alcohol).

VII. Community Health Needs Hospital Will Address

Community Health Needs Priority Area: Access to Healthcare Services; Chronic Disease Management

Goal: Increase awareness and access to tools for diabetic monitoring.

IU Health Tipton Hospital Community Health Needs Assessment Report Page: 6, 9, 11-13, 25, 32, 35-36

Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
Community diabetes (A1C) screening initiative	<ul style="list-style-type: none"> – Provide free diabetic screenings and education on proper disease management. 	<ul style="list-style-type: none"> – Increase the awareness of diabetes in the community. – Provide physician referral (if one isn't already established) and education for followup with physician when A1C is high in screening. 	<ul style="list-style-type: none"> – Hospital diabetes educator and staff – Primary care staff physicians

*Estimated Annual Budget: \$1,600

Additional Resources: Staff time, screening supplies

Access to Healthcare Services	Aging Population and Needs of Seniors	Chronic Disease Management
Behavioral Health	Transportation	

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Priority Area: Access to Healthcare Services; Chronic Disease Management

Goal: Increase access to mammography screenings.

IU Health Tipton Hospital Community Health Needs Assessment Report Page: 6, 9, 11-13, 25, 32, 35-36

Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
Community mammography screening program	<ul style="list-style-type: none"> - Work with the Tipton County Foundation (Women's Fund) to establish a program for underserved community members. - Provide annual or recommended mammography screenings. 	<ul style="list-style-type: none"> - Establish baseline in first year of program. - Increase number of underserved community members receiving regular mammogram screening. - Provide continuing access to underserved community members who receive mammogram or appropriate self-screening material. - Increase access for underserved community members. 	<ul style="list-style-type: none"> - Hospital radiology staff - Primary care staff physicians - Tipton County Foundation (Women's Fund)

*Estimated Annual Budget: \$1,800

Additional Resources: Staff time, educational materials

Access to Healthcare Services	Aging Population and Needs of Seniors	Chronic Disease Management
Behavioral Health	Transportation	

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Priority Area: Chronic Disease Management; Aging Population and Needs of Seniors

Goal: Increase awareness of and promote active lifestyles to prevent obesity.

IU Health Tipton Hospital Community Health Needs Assessment Report Page: 6, 11-13

Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
IU Health Days of Service	<ul style="list-style-type: none"> - Promote health, wellness, good nutrition and active living through annual Days of Service by making improvements to local parks, thus encouraging greater physical activity in the parks by residents and visitors. 	<ul style="list-style-type: none"> - Increase amount of equipment and activities available to families and seniors to promote an active lifestyle. 	<ul style="list-style-type: none"> - Hospital staff - Community partners - Encore Lifestyle and Enrichment Center

*Estimated Annual Budget: \$5,000

Additional Resources: Staff time

Access to Healthcare Services	Aging Population and Needs of Seniors	Chronic Disease Management
Behavioral Health	Transportation	

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Priority Area: Aging Population and Needs of Seniors

Goal: Increase access to care for the aging population.

IU Health Tipton Hospital Community Health Needs Assessment Report Page: 6, 13

Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
Senior-focused programs at local events	<ul style="list-style-type: none"> - Provide access to free screenings, general health education and activities to promote active and healthy lifestyles for seniors. 	<ul style="list-style-type: none"> - Increase seniors' access to healthcare education, screenings and nutrition. - Increase healthcare knowledge of seniors by 25%. - Provide referral for 100% of screenings that are abnormal. 	<ul style="list-style-type: none"> - Hospital staff - Primary care staff physicians - Encore Lifestyle and Enrichment Center

*Estimated Annual Budget: \$1,000

Additional Resources: Staff time, screening supplies

Access to Healthcare Services	Aging Population and Needs of Seniors	Chronic Disease Management
Behavioral Health	Transportation	

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Priority Area: Aging Population and Needs of Seniors; Transportation

Goal: Increase transportation services for the senior community.

IU Health Tipton Hospital Community Health Needs Assessment Report Page: 6, 13

Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
Community transportation services for seniors	<ul style="list-style-type: none"> - Provide transportation to seniors utilizing community organizations' buses. 	<ul style="list-style-type: none"> - Establish baseline in first year of program. - Evaluate number of trips and increased ridership in years two and three. - Increase and/or maintain the current transportation system for seniors in the community. 	<ul style="list-style-type: none"> - Encore Lifestyle and Enrichment Center

*Estimated Annual Budget: \$3,000

Additional Resources: Staff time

Access to Healthcare Services	Aging Population and Needs of Seniors	Chronic Disease Management
Behavioral Health	Transportation	

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Priority Area: Chronic Disease Management; Aging Population and Needs of Seniors

Goal: Increase awareness of and promote active lifestyles to prevent obesity.

IU Health Tipton Hospital Community Health Needs Assessment Report Page: 6, 11-13

Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
Fresh & Fit program	<ul style="list-style-type: none"> - Partner with community organizations to implement the Fresh & Fit program in Tipton. - Modify Fresh & Fit program to serve the senior population in the community. 	<ul style="list-style-type: none"> - Increase amount of daily activity for seniors participating in the program. - Increase positive changes in lifestyle habits of at least 50% of participants. 	<ul style="list-style-type: none"> - Hospital staff - Community organizations

*Estimated Annual Budget: \$3,000

Additional Resources: Staff time

Access to Healthcare Services	Aging Population and Needs of Seniors	Chronic Disease Management
Behavioral Health	Transportation	

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Priority Area: Behavioral Health

Goal: Increase awareness of drug and other substance abuse in the community.

IU Health Tipton Hospital Community Health Needs Assessment Report Page: 6, 9, 11-14

Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
Community programs in schools and/or clubs	<ul style="list-style-type: none"> - Partner with local subject matter experts to provide programs in schools (all ages) and clubs to help educate youth on the risks of drug and alcohol use and abuse. 	<ul style="list-style-type: none"> - Increase students' knowledge of substance use and abuse. 	<ul style="list-style-type: none"> - Hospital staff - Primary care staff physicians - Four County Counseling - Local schools and youth clubs - Local law enforcement

*Estimated Annual Budget: \$1,600

Additional Resources: Staff time

Access to Healthcare Services	Aging Population and Needs of Seniors	Chronic Disease Management
Behavioral Health	Transportation	

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Priority Area: Behavioral Health

Goal: Increase awareness of drug and other substance abuse in the community.

IU Health Tipton Hospital Community Health Needs Assessment Report Page: 6, 9, 11-14

Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
Local smoking cessation program	<ul style="list-style-type: none"> - Provide access to meeting space for the local smoking cessation program. - Provide supplies for the program. 	<ul style="list-style-type: none"> - Decrease the number of community members who use tobacco products by 20%. 	<ul style="list-style-type: none"> - Smoking cessation instructor - Local health department

*Estimated Annual Budget: \$2,000

Additional Resources: Staff time, supplies, space

Access to Healthcare Services	Aging Population and Needs of Seniors	Chronic Disease Management
Behavioral Health	Transportation	

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Assessment Priority Area: Behavioral Health
Goal: Assist individuals with substance use issues through a peer recovery counseling program.
IU Health Tipton Hospital Community Health Needs Assessment Report Page: 6, 9, 11-14

Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
Peer recovery program	- Provide 24/7 peer counseling via telemedicine for patients who present in the emergency department (ED) with substance abuse issues.	- Increase the number of patients with substance use issues who receive counseling.	- IU Health virtual care peer recovery program

*Estimated Annual Budget: Staff time
Additional Resources: Telemedicine technology, training

Access to Healthcare Services	Aging Population and Needs of Seniors	Chronic Disease Management
Behavioral Health	Transportation	

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Assessment Priority Area: Behavioral Health
Goal: Provide behavioral health services to patients in the Emergency Department (ED).
IU Health Tipton Hospital Community Health Needs Assessment Report Page: 6, 9, 11-14

Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
Emergency department (ED) telemedicine program	- Trained behavioral health clinicians provide telemedicine visits to patients who present in the emergency department (ED) with behavioral health needs.	- Increase the number of patients receiving psychiatric assistance.	- Emergency department (ED) staff

*Estimated Annual Budget: Staff time
Additional Resources: Telemedicine technology, training

Access to Healthcare Services	Aging Population and Needs of Seniors	Chronic Disease Management
Behavioral Health	Transportation	

*The budget associated with this strategy is an estimate and should be regarded as such.

VIII. Community Health Needs Hospital Will Not Address

IU Health Tipton Hospital will address all the community health needs based on their 2018 Community Health Needs Assessment.

Please contact communitybenefit@iuhealth.org with any questions.



Tipton Hospital