

DESTINATION CENTERS OF EXCELLENCE

at

Indiana University Health



Indiana University Health

WELCOME TO

Destination Services at Indiana University Health

We provide patients from around the world with the highest level of personalized medical care and support.

As one of the most comprehensive academic healthcare systems in the U.S., Indiana University Health is internationally recognized for innovation and leadership in multiple specialties. Thanks to our partnership with the Indiana University School of Medicine—the largest medical school in the U.S.—our physicians have access to the most advanced treatment options and research available.

"Our team continuously strives to provide world-class medical care for people who live either around the corner or around the world. Our collaboration with referring physicians and our united focus on what is best for the patient enables us to provide the experience and care they deserve. Armed with the latest in innovation, technology and research, our experts personalize their approach to each patient who visits our state-of-the-art medical campus in the heart of the United States."



Mohammad Al-Haddad, MD

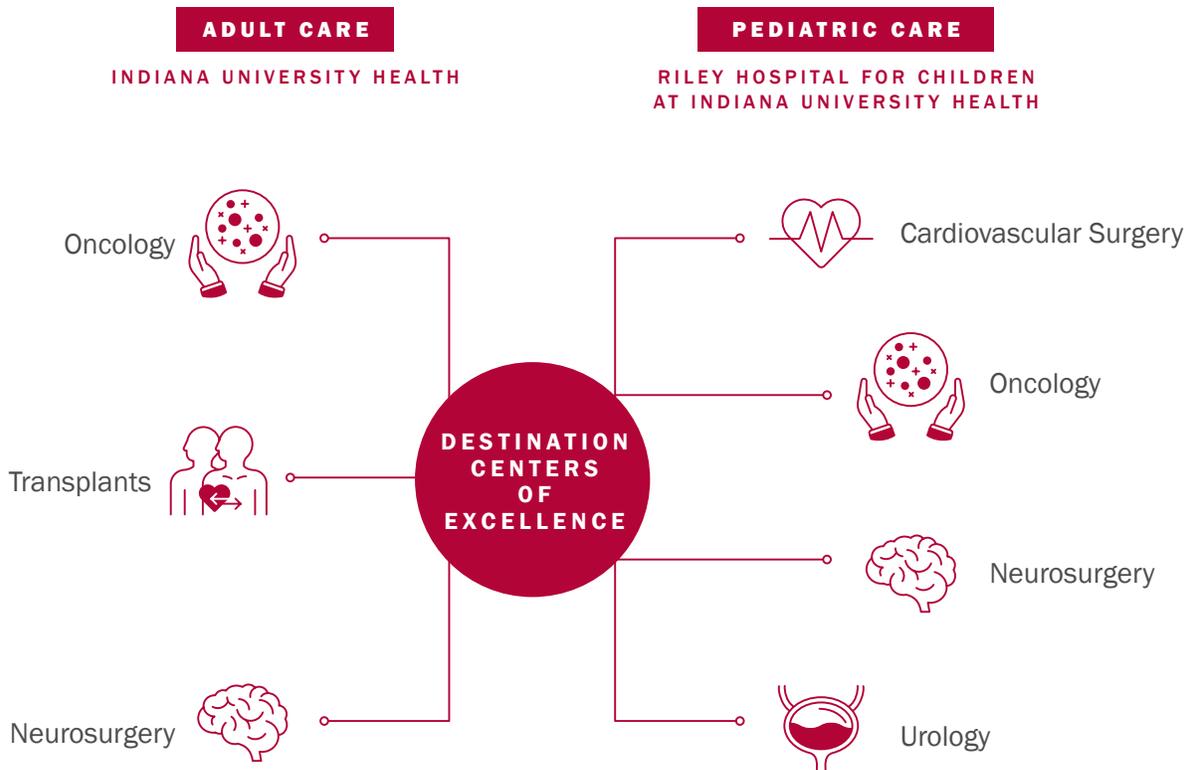
Medical Director for Destination Services

A handwritten signature in black ink, appearing to read "Al-Haddad". The signature is fluid and cursive, written over a light gray background.

Medical Specialties

We employ more than 1,500 board-certified or board-eligible physicians at more than 200 locations, including Riley Hospital for Children at Indiana University Health, one of the top-ranked pediatric hospitals in the U.S.

Our hospitals and physicians consistently rank at the top of surveys by consumers and healthcare professionals alike, including a national ranking in *U.S. News & World Report* for more than 20 years in a row.



NATIONALLY
RANKED

22

YEARS
IN A ROW



Adult



ONCOLOGY / UROLOGY

- **Expertise** – As the oldest urology program in the U.S., we build on a legacy of discovery and advancement for a range of urological conditions – including stone disease and testis, bladder and prostate cancers.
- **Fast detection** – Our work in prostate and bladder cancers includes PSMA tracers using PET/MRI scanners for faster detection and more accurate diagnosis of recurrence in patients.
- **Innovation** – We have pioneered advancements in the treatment of genitourinary cancers, including:
 - nerve-sparing surgical techniques for testicular cancer
 - bladder reconstruction procedures
 - treatment improvements for urologic stone disease
 - BPH and partial gland ablations for prostate cancer

ONCOLOGY / BONE AND BLOOD CANCERS

- Largest program in the U.S. – We completed **265 bone marrow transplants** in 2019 and are an NCI-designated cancer center.
- **Fast results** – Quick lab testing makes it possible for many patients to receive a diagnosis and begin treatment within the same day.
- **Full range of treatment options** – IU Health Melvin and Bren Simon Cancer Center offers a full range of treatment options, including:
 - chemotherapy
 - immunotherapy
 - monoclonal antibodies
 - stem cell transplantation

- **Precision genomics** – Where appropriate, our specialists perform genetic profiling to choose the best, targeted treatment for patients.
- **Access to innovative therapies** – Our blood cancer specialists have access to CAR-T cells, which use the patient’s own immune system to achieve long-term remission in subtypes of lymphoma, leukemia and multiple myeloma.



TRANSPLANTS

LIVER TRANSPLANT

We offer a full spectrum of disease management and transplant services for adults and children facing end-stage liver disease.

LIVER TRANSPLANT PROGRAM HIGHLIGHTS



Median waiting period of 2.2 months. The U.S. average is 12.7 months.



In 2018, we ranked third in the U.S. for liver transplant volume.

LUNG TRANSPLANT

Our program can help patients with complex, advancing lung disease—particularly those experiencing lung failure.

LUNG TRANSPLANT PROGRAM HIGHLIGHTS



Median wait time of 1.7 months. The U.S. average is 3.6 months.



In 2018, we ranked 14th in the U.S. for lung transplant volume



We are home to one of only four platinum level Centers of Excellence in Life Support—the highest level awarded.



INTESTINE AND MULTIVISCERAL TRANSPLANT

Our unparalleled experience, expertise and technologically advanced facilities allow us to perform even the most complicated adult and pediatric intestine transplant procedures.

INTESTINE / MULTIVISCERAL TRANSPLANT PROGRAM HIGHLIGHTS



We are one of only a few programs in the U.S. to perform intestine and multivisceral transplants.



In 2018, we were one of only six programs to perform more than five intestine or multivisceral transplants.



In 2018, we ranked sixth in the U.S. for intestine transplant volume.



NEUROSURGERY

- **Leading edge treatment**
 - minimally invasive surgery
 - image navigation
 - stereotactic radiosurgery
 - awake brain surgery
 - intraoperative MRI
 - robotic digital microscopic surgery
 - robotic intraoperative imaging
- **Comprehensive care**
 - complex brain tumors
 - aneurysms
 - vascular malformations
 - spinal problems
 - peripheral nerve disorders
 - congenital disorders
 - traumatic neurological injuries
- **Expertise**
 - neurosurgical oncology
 - cerebrovascular surgery
 - complex skull base surgery
 - routine and complex spine surgery
 - peripheral nerve surgery
- **Access to innovation** – Our unique partnership with IU School of Medicine gives our team access to new technologies and treatment protocols in the areas of neurotrauma, cerebrovascular disorders and neuro-oncology.



Pediatrics



CARDIOVASCULAR SURGERY

- **Coordinated care** – Our team of world-renowned specialists is prepared to provide a rare level of coordinated care at one of the nation’s top destinations for acute care—from first diagnosis to lifelong management.
- **Internationally recognized treatment** – Our specialists are recognized and respected around the world for their expertise in treating complex heart conditions, including undersized pulmonary arteries, cardiac tumors, complex heart anatomies and more.
- **Commitment to excellence** – Our experts have credentials and expertise found only in the most advanced pediatric hospitals and share a commitment to research and innovation.

PEDIATRIC CARDIOVASCULAR PROGRAM HIGHLIGHTS



We are one of a select group of hospitals **certified to perform pediatric heart transplants** in the U.S.



We received a three-star rating from the Society of Thoracic Surgeons, the **highest rating in the quality category**.



We have one of the **highest-volume pediatric heart programs** in the nation, more than double benchmarked children’s hospitals.



Riley at IU Health has been consistently recognized for its **positive patient outcomes**, including its **lower-than-expected operative mortality**.



Riley at IU Health is recognized among the **top 10 pediatric heart programs** by *U.S. News & World Report*.



We are one of the **first pediatric heart programs** in the U.S. to give a child a **Berlin heart**.



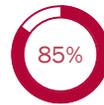
ONCOLOGY

- **Precision genomics** – We offer individualized care using precision genomics to identify treatments that target DNA, RNA and proteins in cancer cells.
- **Access to innovation** – Riley at IU Health offers pediatric stem cell transplant, CAR-T cell therapy, immune effector therapy and Hu3F8 antibody therapy. Families have traveled to Riley at IU Health from around the world for these innovative treatments.
- **Access to clinical trials** – Through collaboration with the CureWorks partnership, Riley at IU Health patients can receive advanced and innovative care through exclusive immunotherapy clinical trials.

PEDIATRIC ONCOLOGY PROGRAM HIGHLIGHTS



In 2018, Riley Physicians Oncology had access to **70 clinical trials** through our partnerships.



In 2018, Riley Physicians Oncology **ranked above the national average** in **five-year survival rate**.



We are ranked among the **top 20 oncology programs** in the U.S. by *U.S. News & World Report*.



NEUROSURGERY

As the largest and most experienced pediatric neurosurgery team in the U.S., Riley at IU Health neurosurgeons treat complex brain, spine and nervous system conditions for pediatric patients from around the world.

- **Leading edge care** – In addition to offering highly specialized care and equipment required for treating complex neurologic conditions, our team offers access to advanced procedures and clinical trials.
- **Advanced treatment options** – We offer access to new and advanced treatment options, including clinical trials, minimally invasive epilepsy surgery and fetal surgery to repair myelomeningocele/spina bifida.

PEDIATRIC NEUROSURGERY PROGRAM HIGHLIGHTS



In 2018, the Riley Physicians Neurology program **performed surgical procedures for more than 900 patients.**



Riley at IU Health is ranked among the **top 25 pediatric and neurosurgery programs** by *U.S. News & World Report*.



UROLOGY

We are world-renowned for our personalized, multidisciplinary approach. The physicians at Riley at IU Health take a personalized, multidisciplinary approach to every patient—from the most common conditions to the most complex

- **Expertise** – As one of the top pediatric urology programs in the U.S., Riley Physicians Urology is recognized as a leader in the field of treating complex urologic conditions.
- **Multidisciplinary approach** – Our network of multidisciplinary clinics brings together different specialists to offer coordinated care for complex cases.
- **Focus on total health** – Our specialists develop treatment plans that address every aspect of a child’s health, personal development and quality of life.

PEDIATRIC UROLOGY PROGRAM HIGHLIGHTS



We are recognized as an **international leader in complex surgical reconstruction** for urinary incontinence in children with spina bifida.



We perform **more pediatric urologic surgeries** than any other children’s hospital in North America, based on volume.



One of only four centers in the U.S. designated as a **Center of Surgical Excellence** for surgical reconstruction for children born with congenital adrenal hyperplasia.



Riley at IU Health is **ranked third in pediatric urology** by *U.S. News & World Report*.

Our World-Renowned Physicians



Dr. Michael O. Koch

Urology

“Making traveling patients comfortable and confident that they made the right decision to trust us with their care is a key element. We take it as seriously as any part of our treatments.”



Dr. Rafat Abonour

Hematology - Oncology

“When a patient comes to me, they can expect a person who wants to listen to them. I would like to hear their story. I’ll listen to them discuss their illness, try to help them understand the disease and find the best treatment possible.”



Dr. Lawrence H. Einhorn

Hematology - Oncology

“In 1986, we pioneered groundbreaking testicular cancer therapies. Since then, we have continued to refine them, making a positive difference in the lives of our patients.”



Dr. Aaron A. Cohen-Gadol

Neurosurgery

“Our patients aren’t just getting the best we can do, they are getting the best anyone can do. Therefore, we carefully consider all the needs of our patients, including all the personal challenges they are facing and create a care plan that fits their needs most effectively.”



Dr. Mark Turrentine

Pediatric Cardiology

“Riley at IU Health’s range of expertise makes it possible to deliver the full continuum of heart care to infants, children and adults with congenital heart defects.”



Dr. Andrew Jea

Pediatric Neurology

“Riley at IU Health is poised to become an international destination for infants through young adults suffering from diseases of the brain, spine, spinal cord and peripheral nervous system.”

VIRTUAL CONSULTATION

With virtual consultation, the home country physician can:

- Meet in real time with our multidisciplinary specialists using a camera-enabled tablet or computer.
- Collaborate with your care team through our secure, encrypted app-based platform.
- Determine the right treatment plan or do a follow-up visit virtually without requiring your patient to travel.

Patient Care Services

The excellence of our medical care is matched by the strength of our patient services. Dedicated to assisting patients and their families, our experienced and compassionate clinical coordinators take an individualized approach to meeting the unique needs of each destination patient and their family throughout their entire visit to IU Health.

SCHEDULING AND NAVIGATION

Our clinical coordinators will:

- Identify the best physician to meet the specific clinical needs of the patient.
- Schedule all necessary medical appointments to accommodate the individual patient time frame.
- Provide escort services to appointments and assist with the registration process.

COMMUNICATIONS

Our clinical coordinators will:

- Support patients and their families at every stage of their visit with IU Health.
- Assist in any specialized travel arrangements.
- Facilitate communication between home physicians and IU Health physicians through virtual consultations.
- Serve as the primary point of contact for any future correspondence.





TRANSPORTATION AND ACCOMMODATION

Our clinical coordinators will:

- Arrange hotel or extended stay accommodations in Indianapolis with discounted rates via the ProCare Network.
- Coordinate general transportation.
- Secure ambulance ground transport, if necessary.

CONCIERGE SERVICES

In addition to providing world-class care, we offer the following services to ensure your experience at IU Health is an exceptional one.

- **Beginning-to-end case management** – Before, during and after your visit, a clinical coordinator will personally handle every detail, including securing bank accounts and phone services and making arrangements for car rentals or other needs.
- **Interpretation services** – If needed, your clinical coordinator will arrange to have an interpreter present at all of your appointments.
- **Cultural resources** – Your clinical coordinator will be able to recommend cultural resources, places of worship and restaurants/grocery stores to meet your needs. They will also help you navigate any cultural dynamics with providers and clinicians, so you can be completely comfortable throughout your entire stay.

Patient Testimonials

“We cannot thank you enough for everything that you have done for us. From the medical care, keeping in touch, the updates to always assisting us with anything and everything we needed—honestly, everything was excellent.”

Patient of Dr. Goggins & Dr. Kubal

Traveled from Saudi Arabia for kidney and liver care

“I wasn’t 100 percent confident with my doctors (in China), and I began reading papers by Dr. Einhorn and his team. I do whatever he tells me to do. He’s spent his life researching, and I trust him.”

Patient of Dr. Einhorn & Dr. Cary

Traveled from China for testicular cancer care

“We felt very fortunate having IU Health Destinations Services looking out for us. The care we got—whether at the hospital or at home after the surgery—was always reassuring and confident. This helped ease the stress.”

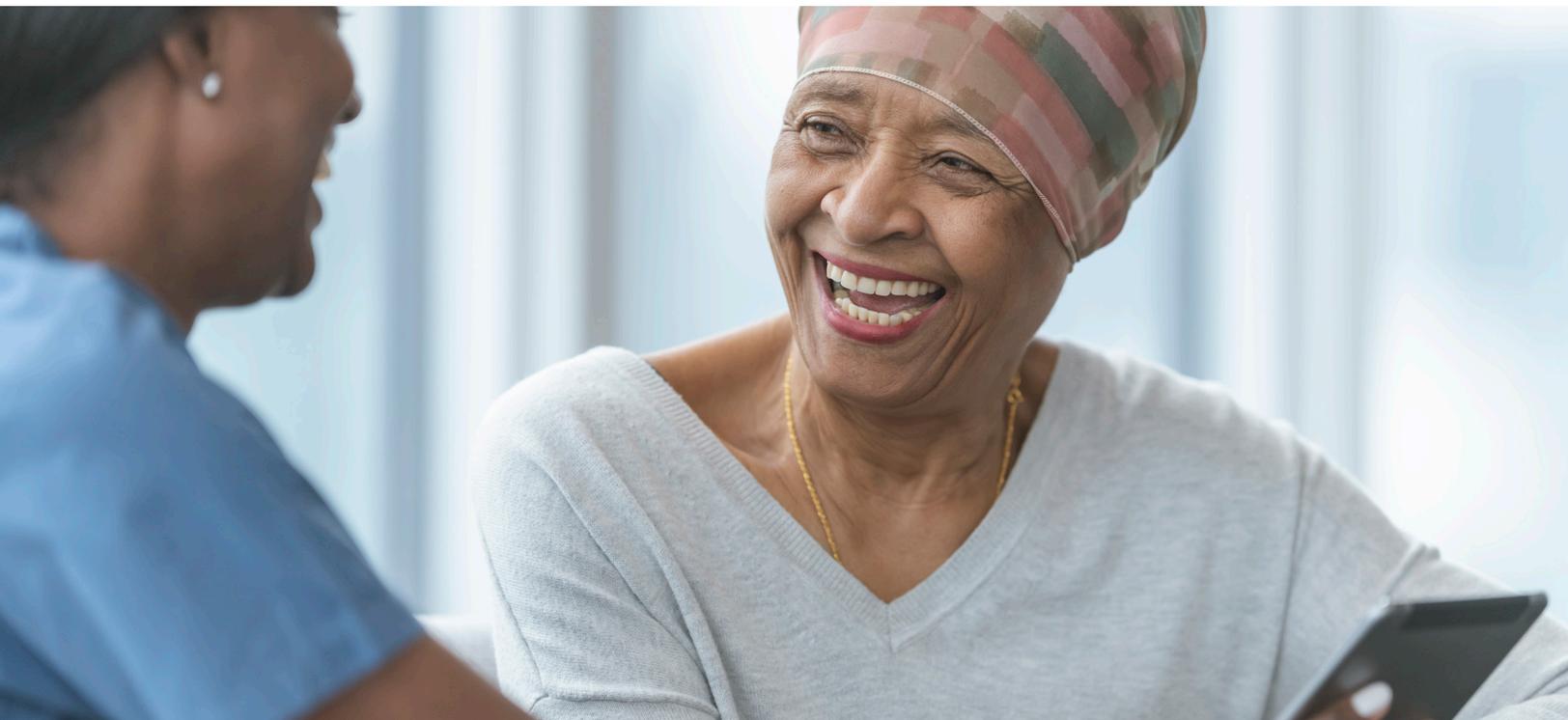
Patient of Dr. Koch

Traveled from Canada for prostate cancer care

“On behalf of my family and I, thanks for everything. While this was an entirely stressful struggle, we couldn’t be happier with the outcome, and we appreciate all the support and care—which made it a whole lot less stressful.”

Patient of Dr. Kesler and Dr. Foster

Traveled from Australia for testicular cancer care





About Indianapolis

Travel & Leisure named Indianapolis one of “America’s Favorite Places,” *Food & Wine* put us on their list of “32 Places to Go (And Eat) in 2019” and *Condé Nast Traveler* called Indianapolis one of “America’s Best Big Cities.” Indianapolis is home to world-class universities, a vibrant arts scene and a diversity of cultural amenities – including churches, temples and mosques, as well as grocery stores, marketplaces and Halal restaurants.

Key Facts



16th largest city in the U.S.



Home to the **country’s largest medical university**, 285 international companies and **some of the most robust bioscience and research organizations in the world.**



Located within **one day’s drive** from 80% of the U.S. and a **90-minute flight** from New York City and Washington, D.C.



Cost of living index is **30% lower than New York City** and **6.5% below the national average.**