



Bariatric Surgery Insurance Coverage Information

Bariatric & Medical Weight Loss

Requirements for surgery approval depend on your policy. Your active involvement is very helpful in understanding your insurance coverage.

Most Insurance Companies Require:

- BMI greater than 40 or greater than 35 with significant obesity-related health conditions (ex. high blood pressure, diabetes, sleep apnea, etc.)
- Documented history of weight loss attempts
- Psychological evaluation
- Nutrition counseling

Our staff will:

- Verify your benefits to ensure coverage
- Review your specific plan requirements with you at your first visit
- Submit your documentation for insurance approval for surgery
- Provide examples of documentation required by insurance

If you have a Flexible Spending Account, you may be able to pay for bariatric surgery consult visits and band adjustments using that account. Check with your flexible spending company to determine if you may use your account toward our program.

If you wish to move forward, call to schedule a one-on-one educational consultation to discuss surgery options, program requirements and insurance coverage with our Bariatric Coordinator.

Contact: Teresa Bowers, RN
Bariatric Coordinator
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Arnett Physicians

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