

# Indiana University Health

# Nurse-Family Partnership

A department of IU Health Bloomington Community Health serving  
Greene, Lawrence, Monroe, Orange and Owen counties.

# 2018 | ANNUAL REPORT



Indiana University Health



# Annual Report 2018

## Nurse-Family Partnership

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Who We Are .....	3
Referrals .....	4
Outcomes .....	5
Philanthropy for Babies .....	6
ACE Scores.....	7
First NFP Client .....	8
2019 Goal.....	9

# Who We Are

The Nurse-Family Partnership (NFP) program is an evidence-based, nurse home visitation program that positively transforms the lives of vulnerable babies, mothers and families. It is a national program with 40 years of evidence to support its outcomes. NFP at IU Health Community Health in Bloomington serves low-income mothers with their first baby from early pregnancy through their child's second birthday. This is a free and voluntary program funded by the Indiana State Department of Health.

“There is a magic window during pregnancy...it's a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty, instability or abuse with the help of a well-trained nurse.”

- David Olds, Ph.D., Founder

## Mission

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Nurse-Family Partnership positively transforms the lives of vulnerable babies, mothers and families.

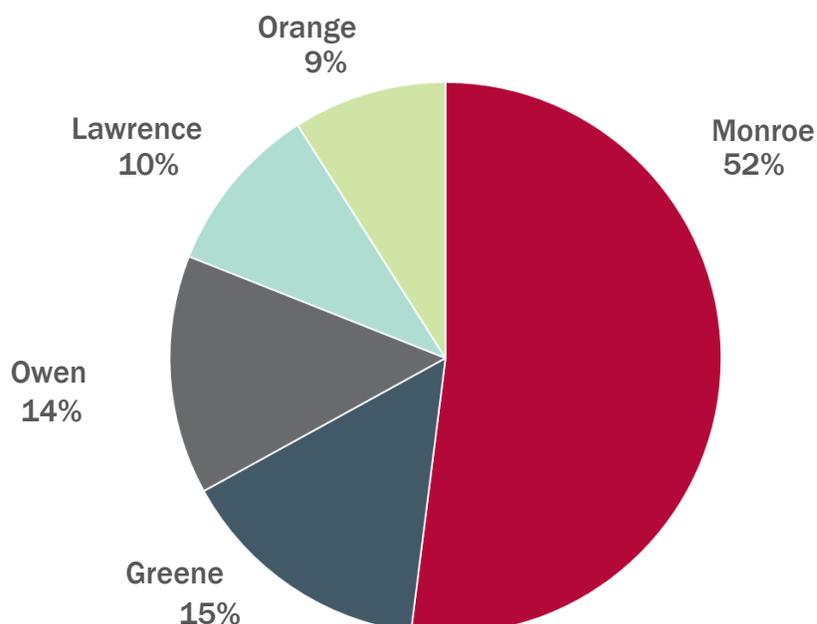
## Vision

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A future where all children are healthy, families thrive, communities prosper, and the cycle of poverty is broken.

## Enrollments by county

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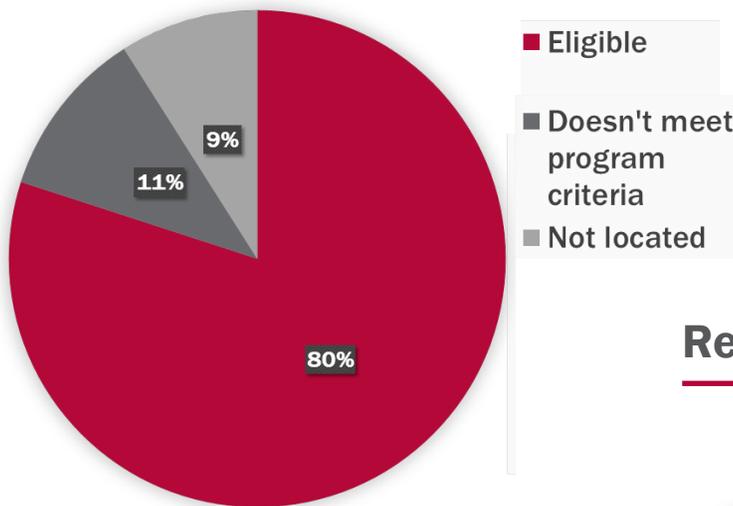


# Referrals

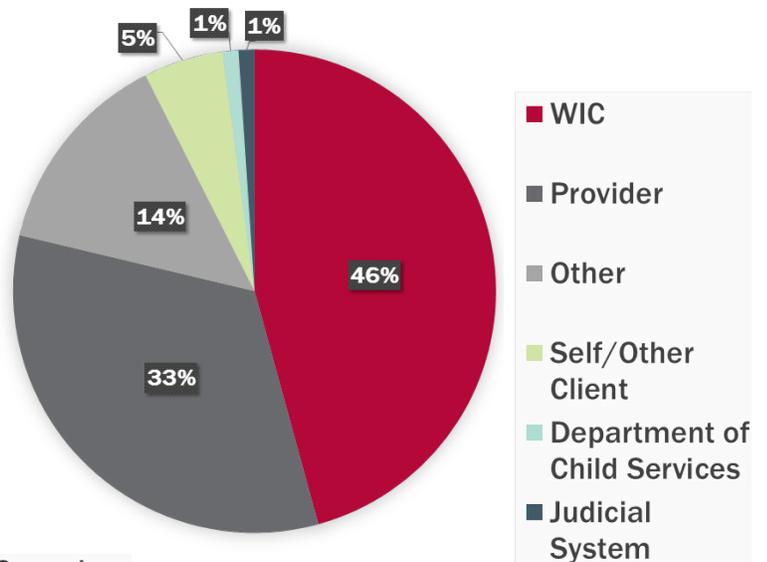
Referrals declined enrollment (IN average 21.8%)	14.9%
Enrolled (IN average 23.9%)	23.9%

“Thank you so much. I really appreciate all of the support. I don’t know how I would do this without you, this being my first baby.”  
– NFP mom

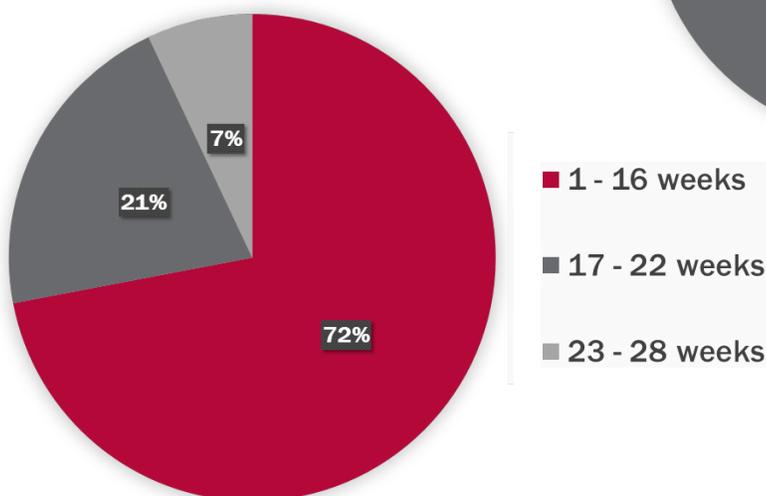
## Referral Eligibility



## Referral Source



## Gestational age at intake IU Health A Team



# Outcomes

## Numbers

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Clients served	99
Home visits	965
Healthy babies born	34

## Percentages

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Clients enrolled reported smoking	33
Ceased smoking prior to delivery	69
Initiated breastfeeding	98
Babies born at a healthy weight (2500 grams or greater)	97
Babies born full term (37 weeks or greater)	90
Clients report putting their baby on their back to sleep	93



# Philanthropy

United Way of Monroe County helped NFP moms get off to a great start by partnering with local organizations and businesses to make baby baskets, welcoming our new babies home in style. The baskets were full of baby necessities as well as many items for mom. Most importantly, each basket contained a hand written note from the person who assembled it with words of encouragement. Thank you United Way for being such a great community partner.



# ACE Scores

ACE scores are Adverse Childhood Events (ACE) that, research shows, link childhood trauma to many health outcomes. ACE scores look at childhood abuse, neglect and household challenges. All childhood experiences, both positive and negative, can have a huge impact on everything from decisions on adult relationships, intimate partner violence, and economic self-sufficiency to chronic health conditions such as high blood pressure, mental health and even cancers.

Safe, stable and nurturing relationships and environments can mitigate the chronic effects of ACEs. Some of the strategies that have been proven effective include home visiting programs for pregnant women, intimate partner violence prevention, parenting classes and support, social support, access to mental healthcare, and economic self-sufficiency, all of which are components to NFP.

Starting May 1, 2018 all obstetric patients being seen in Monroe County are screened at their initial intake appointment for ACEs. All clients that score four or more on the ACE screen are referred to appropriate community client support which includes Nurse-Family Partnership if they are a first time mom and meet income and gestational age requirements.

“This screening has led to a higher acuity of need in the clients that are being referred to the Nurse-Family Partnership program and therefore has enabled us to reach out to those with higher need in our community.”

– Chris Sherwood, RN Charge Nurse at NFP



“The NFP program has provided support to me during my pregnancy and now as a new mother. Having a nurse through this program has given me immeasurable assistance and comfort through the medical and emotional tests that becoming a new mother has presented to me.” – Sara

# First NFP Client

Not only is Melissa a first time mother, but she is also the first mom to sign up with Nurse-Family Partnership at IU Health. Melissa signed up in February and quickly engaged in the program. She expressed to her nurse that she had a strong desire to help other teens know what resources were available in the community to help them if they thought they were pregnant. She also expressed a desire to eat healthy and on a budget. Her nurse took her ideas and together they created a resource for the girl's bathrooms at Bloomington Graduation School and created a cookbook that is now given to all of the clients at NFP.

Melissa has a lot to be proud of during her short time in the program. Melissa has now begun employment at IU Health Bloomington Hospital, she is getting ready to start classes at Ivy Tech Community College, she continues to engage in the program even offering more ideas for resources for other clients and most of all she is the proud new mom of healthy baby boy, Ryder.



**“Having NFP is like having a friend and a nurse all at the same time. “ – Melissa**

# 2019 Goals

- Increase the capacity of clients served in Monroe County by adding a nurse in 2019 who can carry a caseload of 25 – 30 clients.
- Achieve and maintain capacity of 90 percent by September 2019.
- At least 80 percent of all moms in the NFP program will initiate breastfeeding in 2019.
- Seventy-five percent of clients in NFP will maintain stable housing where they have a bed and their own space for at least one month, with no signs of the housing ending in the near future in 2019.
- NFP will maintain a client referral to enrollment rate of 40 percent or greater in 2019.
- NFP will maintain at least a 75 percent client retention rate in 2019.



**“I am happy, so happy being Dan’s mom because you showed us how to be good parents” – NFP mom**

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