

Indiana University Health

Nurse-Family Partnership

A department of IU Health Bloomington Community Health serving
Greene, Lawrence, Monroe, Orange and Owen counties.

2019 | ANNUAL REPORT



Indiana University Health



Annual Report 2019

Nurse-Family Partnership

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Who We Are

The Nurse-Family Partnership (NFP) program is an evidence-based, nurse home visitation program that positively transforms the lives of vulnerable babies, mothers and families. It is a national program with 40 years of evidence to support its outcomes. NFP at IU Health Community Health in Bloomington serves low-income mothers with their first baby from early pregnancy through their child's second birthday. This is a free and voluntary program funded by the Indiana State Department of Health.

"There is a magic window during pregnancy...it's a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty, instability or abuse with the help of a well-trained nurse."

– David Olds, Ph.D., Founder

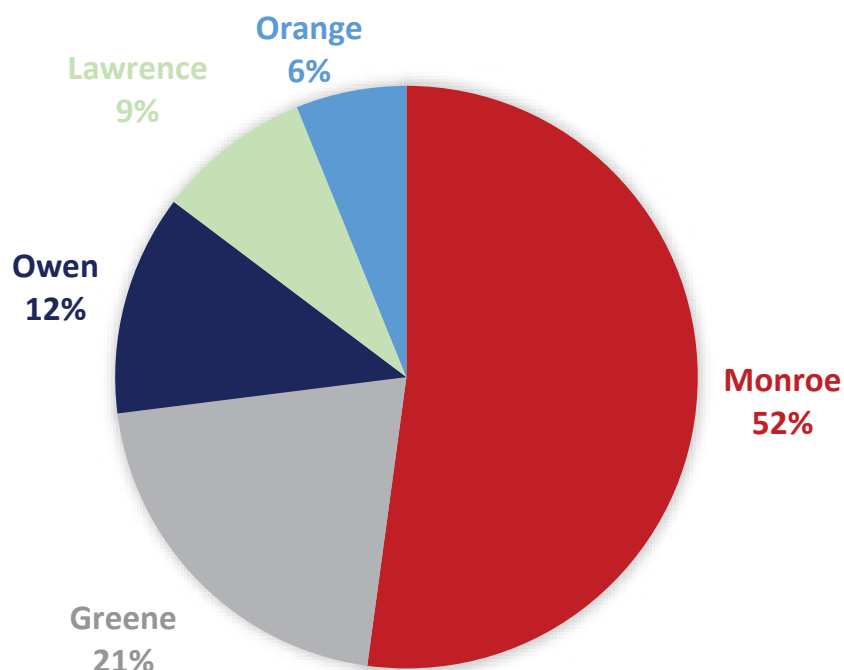
Mission

Nurse-Family Partnership works to positively transform the lives of vulnerable babies, mothers and families.

Vision

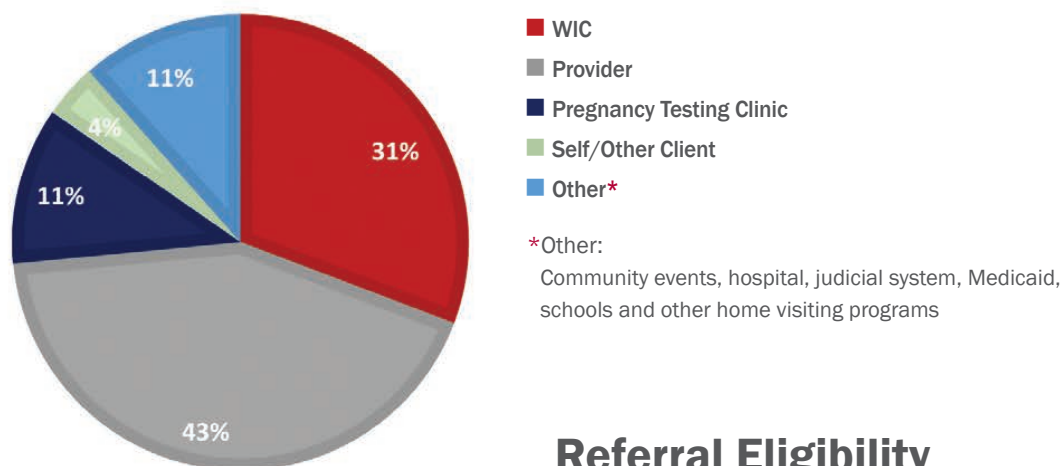
A future where all children are healthy, families thrive, communities prosper, and the cycle of poverty is broken.

Enrollments by county

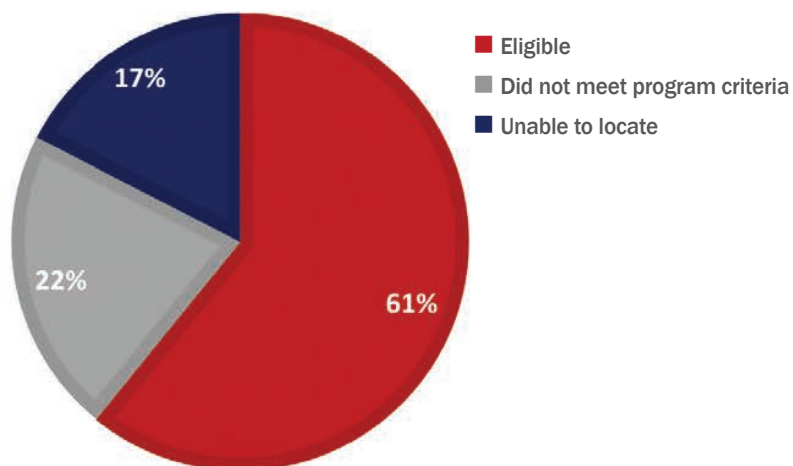


Referrals

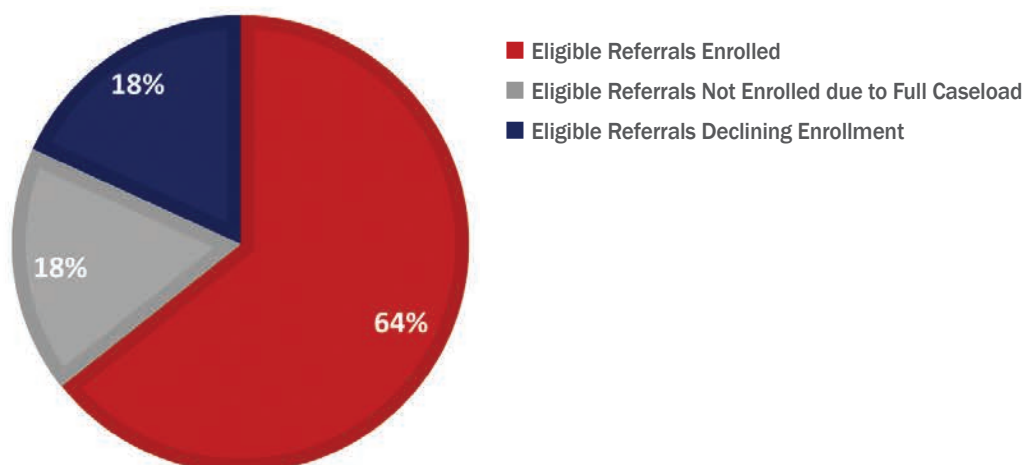
Referral Sources



Referral Eligibility

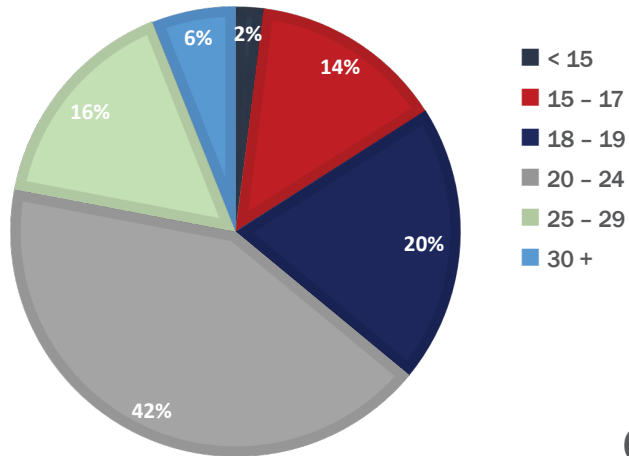


Eligible Referral Enrollment

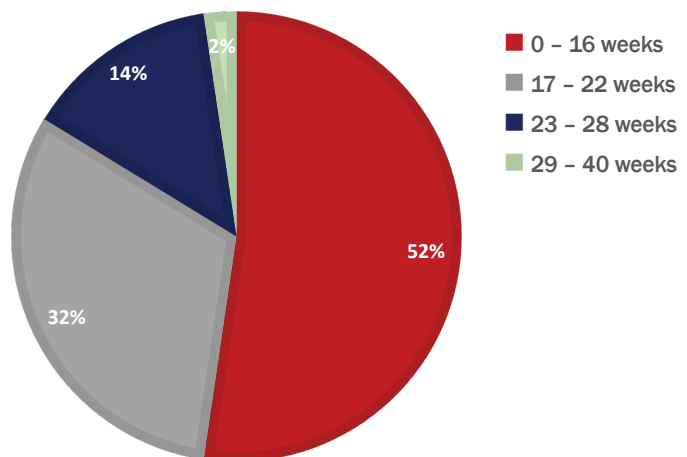


Enrollment Demographics

Client Age at Intake



Gestational Age at Intake



NFP by the Numbers

Outcome	Count
Clients served	163
Total vsits	2364
Total births	84



Outcome	Percent
Full-term births (37 weeks or greater)	95.1%
Healthy birth weight	93.9%
Breastfeeding initiated at birth	96.3%
Reported cigarette smoking at intake	37%
Reported cigarette smoking at 36 weeks pregnant	14.9%
Reported cigarette smoking at one year postpartum	16.7%

NFP in the Community

Diaper Dash 2019

In May, community members along with senior leaders from IU Health Bloomington Hospital came out for a 5k walk/run to support our clients! The event was sponsored by IU Health, United Way, the Greene Family, Local Council of Women, Meadows Hospital, Regional Opportunity Initiatives, Bloomington and Monroe County Community Foundation and Monroe Smart Start. All the money raised went to supporting the Nurse-Family Partnership clients with various needs throughout the year!



United Way

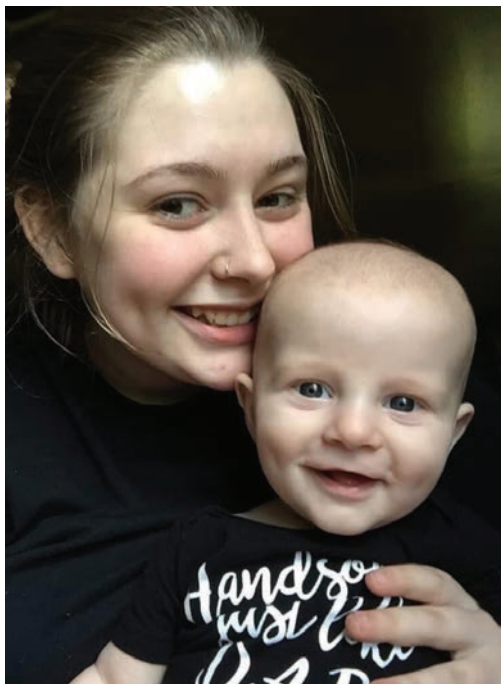
United Way has been a constant and strong support of NFP. They collaborated with community businesses and leaders to provide gift baskets to the NFP clients. These baskets include items such as welcome baby items, mother's self-care items, safety supplies, and educational gifts such as books. They always include a personal and hand written note to the client. The baskets are greatly appreciated and loved by the moms.



NFP Client Successes

Sara accomplished a lot in 2019! She became a first-time mom to beautiful twins, Anthony and Serenity as well as a graduate of Indiana University School of Nursing! Sara was able to finish her program strong while breastfeeding her twins around-the-clock. Sara is looking forward to being able to pay it forward throughout her own nursing career.

“No matter how impossible it seems, just keep trying and give it your best shot! You are capable of more than you think!” – Sara



“Being a mom has been the best thing to ever happen to me, but it can be really tough. Having someone I can go to almost any time has been a life saver. Without my nurse Isis, becoming a mom would have been so much more nerve wracking and I don’t think I would have succeeded the way I have” – Sylvia



Parent Groups

This year, NFP started a monthly parent group where the parents can gather for support and some fun! This group has allowed the new parents to get out of the house and be able to connect with other parents. It also allows the babies to get a chance to play together. Some of the group themes have included baby sign language, Monet and Mocktails, a holiday party, and a cooking class! We are looking forward to continuing the monthly parent groups throughout 2020!



Goals Achieved in 2019

- **Increase the capacity of clients served in Monroe County by adding a nurse in 2019 who can carry a caseload of 25 – 30 clients.**

✓ 84 clients were served in Monroe County in 2019, a **75% increase** from 2018.

- **Achieve and maintain capacity of 90% by September 2019.**

✓ As of September 30, the team was at **104% capacity**.

- **At least 80% of all moms in the NFP program will initiate breastfeeding in 2019.**

✓ **96.3%** of all moms initiated breastfeeding in 2019.

- **NFP will maintain at least a 75% client retention rate in 2019.**

✓ **78.3%** of all clients enrolled remained active in the program in 2019.

- **NFP will maintain a client referral to enrollment rate of 40% or greater in 2019.**

✓ **64%** of eligible referrals were enrolled to the program in 2019.

2020 Goals

- Education on Pregnancy Spacing will take place in 90% of clients before eight weeks post-partum in 2020.
- A tobacco cessation referral will be placed for 90% of clients who have been identified as tobacco users in 2020.
- NFP will maintain at least a 60% retention rate in 2020.
- At least 90% of NFP clients will initiate breastfeeding in 2020.
- At least 26% of clients will be breastfeeding any amount at six months of age.



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