Post-Graduate Track: Orthopedics

The Orthopedic Postgraduate APP Training Program is a one-year, post-graduate experience designed for nurse practitioners (FNP, AGNP, AGACNP) and physician assistants in a nationally ranked health system. The program will offer a comprehensive design with rotations in various subspecialty services.

The trainee will have the opportunity to build on their graduate academic training and to strengthen and develop skills in a variety of domains critical to advance practice. The clinical sites include both inpatient and outpatient experiences within an academic level 1 adult and pediatric trauma center, community hospitals, and ambulatory clinics.

The program provides trainees with:

- A solid foundation to build their advanced practice career in a nationally recognized health system
- Comprehensive experience including:
  - Hands-On Learning in specialty clinical areas
  - Didactic Sessions
  - Mentorship
  - Simulation experiences focusing on clinical patient management
  - Case-based learning

Clinical Areas of Rotation

- General Orthopedics
- Adult Trauma
- Foot & Ankle
- Pediatrics
- Sports
- Joints
- Spine
- Oncology
- Hand
- 1 Elective/Transition to Practice

Training Objectives

1. Acquire the medical knowledge, patient care, professional, and communication skills necessary to function collaboratively with an orthopedic surgeon to provide high quality evidence-based care.
2. Demonstrate the skills to perform a history, physical exam, interpretation of supporting diagnostics, and formulation of a diagnosis.
3. Construct non-operative and operative treatment plans according to evidence based practice.
4. Prepare the post graduate APP for transition to practice within the orthopedics department.