



Facial, Plastic & Reconstructive Surgery

Otoplasty Post-Operative Instructions

Please follow the General Instructions provided. In Addition:

Head Dressing:

- You will have a large, bulky head dressing for one week.
- Keep it dry when showering.

Post-Operative Visit:

- Your first visit will be 5-7 days after surgery.

Resting Position:

- Elevate your head and shoulders with extra pillows for the first week.

Sutures:

- You have dissolvable sutures.

Eyeglasses:

- If needed, wear them on the outside of the dressing.

Headband:

- After the head wrap is removed, wear a headband 24/7 for three weeks.
- Then, wear it at night only for one additional week.

Ice Application:

- Apply ice intermittently to the operative site for the first 48 hours.