



Pathway to Bariatric Surgery

1. Bariatric Intake Seminar and Quiz: 2 Options
 - a. In person: Offered once every month on a Saturday
 - b. Online: Offered on an ongoing basis
 - c. To Schedule, call 317-688-5023
2. Schedule Bariatric New Patient Appointment
 - a. Scheduled at in-person Seminar or by phone
 - b. To Schedule, call 317-688-5023
3. Initial Appointment:
 - a. Consultation with Surgeon: 30 minutes
 - b. Initial Supervised Weight Loss visit with Registered Dietician: 15 minutes
4. Supervised Weight Loss Visits
 - a. Most insurance plans will require 6 consecutive months of Supervised Weight Loss visits
 - b. Patient should refer to their bariatric policy with their insurance company to determine the number of monthly visits required
5. Psychological Assessment

*Psychological Assessments can be scheduled during months 1, 2, or 3 but no further out than month 4.
6. Final Supervised Weight Loss:
 - a. Final consult with Surgeon
 - b. Final Supervised Weight Loss visit with Registered Dietician
7. Clinical documents submitted to insurance company: 2 week process
8. Upon insurance approval, surgeon's assistant will schedule Pre-Admission Testing (PAT), Pre-Op Class, and finalize the date of surgery with the OR and our insurance coordinator
9. Patient attends PAT & Pre-Op Class 1-4 weeks prior to surgery
10. Patient completes surgery preparation liquid diet as instructed
11. Patient arrives at IU Health North Hospital for surgery