Pathway to Bariatric Surgery

1. **Bariatric Intake Seminar and Quiz: 2 Options**
   a. **In person:** Offered once every month on a Saturday
   b. **Online:** Offered on an ongoing basis
   c. **To Schedule,** call 317-688-5023

2. **Schedule Bariatric New Patient Appointment**
   a. **Scheduled at in-person Seminar or by phone**
   b. **To Schedule,** call 317-688-5023

3. **Initial Appointment:**
   a. **Consultation with Surgeon:** 30 minutes
   b. **Initial Supervised Weight Loss visit with Registered Dietician:** 15 minutes

4. **Supervised Weight Loss Visits**
   a. Most insurance plans will require 6 consecutive months of Supervised Weight Loss visits
   b. Patient should refer to their bariatric policy with their insurance company to determine the number of monthly visits required

5. **Psychological Assessment**
   *Psychological Assessments can be scheduled during months 1, 2, or 3 but no further out than month 4.

6. **Final Supervised Weight Loss:**
   a. **Final consult with Surgeon**
   b. **Final Supervised Weight Loss visit with Registered Dietician**

7. **Clinical documents submitted to insurance company:** 2 week process

8. Upon insurance approval, surgeon’s assistant will schedule Pre-Admission Testing (PAT), Pre-Op Class, and finalize the date of surgery with the OR and our insurance coordinator

9. **Patient attends PAT & Pre-Op Class 1-4 weeks prior to surgery**

10. **Patient completes surgery preparation liquid diet as instructed**

11. **Patient arrives at IU Health North Hospital for surgery**