

Preparing for your biopsy with Precision Genomics at Indiana University Health

Preparing for your biopsy



Food and drink

- Do not eat or drink anything after midnight.



Medication

- You may take your heart, blood pressure, pain and anxiety medicines (or other essential medicines) with a small sip of water the morning of your procedure.
- Do NOT take your insulin or other diabetic medicine since you will not be eating for several hours. If you check your blood sugar regularly, please do so the morning of your procedure.
- Do not take any blood thinning medicines (i.e. Coumadin, Plavix, heparin/lovenox, Xarelto, aspirin, or ibuprofen) prior to your procedure. The specific stop date should be discussed with a team member or your ordering doctor to make sure it is okay to stop the medicine. If you are currently taking any medicine/supplements that increase your chance of bleeding, please talk to a member of our team.



What to bring

- ID, insurance card and medication list
- Someone to drive you, as you might receive medications during the procedure
- Questions you want to ask
- You may want to bring a book, tablet or e-reader, headphones and music, a journal for writing, or other items to enjoy before and after your procedure



Biopsy procedure

- The radiologist will discuss the procedure with you prior to starting.
- Any questions or concerns should be addressed at this time.
- Then, you will sign a consent form.
- You may receive sedating medicine to keep you comfortable during the procedure.
- If there is a safety concern or the radiologist cannot obtain an adequate sample, the biopsy may be cancelled. This is for your safety. If this occurs, Radiology will inform us. We will then contact you once a new plan is established.



Plan ahead

- Please allow enough time for registration.
- Please keep your procedure date free and clear of other plans.
- You should not drive or make legal decisions for 24 hours.



After your procedure

- You may be on bed rest for several hours (4 – 6) after your procedure. The radiologist will determine this once the procedure is complete.
- Please follow your discharge instructions accordingly. Call the number on your discharge form with complications or concerns.
- The Precision Genomics team will contact you once your results are in.

For questions or concerns, please call the Precision Genomics team.



Indiana University Health

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