



Post-Graduate Track: Psychiatry

The Psychiatry Postgraduate APP Training Program is a one-year, post-graduate experience designed for nurse practitioners (*PMHNP, FNP, AGNP*) and physician assistants in a nationally ranked health system. The program will offer a comprehensive design with rotations in various subspecialty services.

Trainees will have the opportunity to build on their graduate academic training and to strengthen and develop skills in a variety of domains critical to advance practice. Experiences will be provided throughout IU Health facilities in and around Indianapolis in inpatient, outpatient and telehealth settings.

The program provides trainees with:

- A solid foundation to build their advanced practice career in a nationally recognized health system
- Comprehensive experience including:
 - Hands-On Learning in specialty clinical areas
 - Didactic Sessions
 - Mentorship
 - Simulation experiences focusing on clinical patient management
 - Case-based learning

Clinical Experiences

1. Inpatient/Emergency/Crisis Intervention
 - Safety evaluation and planning
 - Substance Use Disorder assessment and treatment
 - Evaluation and management of severe depression, psychotic disorders, and mania
 - Substance detoxification and addiction treatment
 - ECT indication and observation
 - Partial Hospitalization
2. Consultation/Liaison Psychiatry
 - Assessment and management of delirium
 - Decision making capacity assessment
 - Collaborative/Integrated care
3. Outpatient Psychiatry
 - Adult Psychiatry
 - Child and Adolescent Psychiatry
 - Telepsychiatry
 - Common psychotherapy techniques
4. *Potential* Elective Experiences:
 - a. Chronic pain management
 - b. Treatment refractory mood disorders (TMS/neuromodulation)
 - c. Co-morbid psychiatric and addiction disorders
 - d. Corrections/Forensics
 - e. Geriatrics/Nursing facility
 - f. Eating Disorders
 - g. Women's Health
 - h. Homeless Outreach
 - i. Palliative Care

Training Objectives

Formulate a clinical diagnosis after patient interview, history gathering, and completion of physical, neurological, and mental status exams including necessary diagnostic tests.

1. Demonstrate knowledge of the etiologies, diagnoses, and treatments for major psychiatric disorders in the DSM, and understand what and how factors affect their long-term course and treatment.
2. Develop differential diagnoses and treatment plans, including use of medications and psychotherapy.
3. Communicate effectively with a diverse population of patients, families, colleagues, and other healthcare providers, including the ability to provide appropriate education and complete comprehensive and timely medical records.