

# Indiana University Health

# Post-Graduate Track: Regional AHC Pulmonary and Cardiovascular Critical Care

The IU Health Critical Care Postgraduate Training Program is a comprehensive, one-year experience designed for nurse practitioners (AGACNP) and physician assistants seeking advanced clinical training within a nationally ranked health system. Based at our Regional Academic Health Center in Bloomington, Indiana, the program offers structured, high-acuity exposure across critical care medicine, pulmonology, and cardiovascular surgery.

This immersive program bridges the transition from graduate education to independent clinical practice. APP trainees will refine their expertise in managing critically ill patients, performing advanced procedures, and making complex decisions in fast-paced environments. Through close collaboration with experienced APPs and physicians, participants will cultivate leadership, interprofessional teamwork, and a foundation for lifelong professional growth.

The program provides trainees with:

- A solid foundation to build their advanced practice career in a nationally recognized health system
- Comprehensive experience including:
  - o Hands-On Learning in specialty clinical areas
  - Didactic Sessions
  - Mentorship
  - Simulation experiences focusing on clinical patient management
  - Case-based learning

## **Clinical Experiences**

- Pulmonology / Critical Care
- Trauma/ General Surgery
- Cardiology
- Nephrology
- Neurology

- Infectious Disease
- Cardiovascular Surgery
- Neurosurgery
- Emergency Medicine
- 3 Electives of Trainee's Choosing

#### **Training Objectives**

#### 1. Develop Advanced Clinical Competence:

Equip fellows with the knowledge and skills necessary to manage complex, critically ill patients across a variety of ICU settings through hands-on experience, didactic education, and procedural training.

#### 2. Enhance Critical Thinking and Decision-Making:

Foster clinical judgment and diagnostic reasoning to support independent, evidence-based decision-making in high-acuity situations, with a focus on patient safety and outcomes.

## 3. Promote Interprofessional Collaboration and Leadership:

Prepare fellows to function effectively as integral members of multidisciplinary teams by emphasizing communication, leadership, and systems-based practice in the critical care environment.