



# Indiana University Health

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## IU Health North & Saxony Hospitals

### 2016-2018 Community Benefit Implementation Plan

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October 9, 2015



# IRS Notice/Affordable Care Act

## Anticipatory Regulations

- The Patient Protection and Affordable Care Act and IRS require individual hospital facilities to conduct a Community Health Needs Assessment every three years.
- Hospitals must describe how they plan to meet these identified community needs or describe why the hospital will not meet the community need.
- The hospital governing body must then approve the needs assessment and implementation strategies.

# IU Health Community Health Needs Assessment: 2016-2018 Priorities



## **Overview:**

A Community Health Needs Assessment was conducted on behalf of IU Health North and Saxony Hospitals (in conjunction with Community Health Network, Franciscan St. Francis Health and St. Vincent Health) to determine health needs within Hamilton County. Stakeholder and community input surveys were reviewed along with focus group feedback in order to identify the top 5 community health needs in Hamilton County.

*Please Note: The following is an overview of the strategies that we anticipate implementing over the next 3 years. Expansion of these strategies and development of new strategies will continue as needed.*

## **IU Health North & Saxony Top Priority Areas/Community Needs:**

**Access to Health Services**

**Exercise, Nutrition & Weight**

**Behavioral Health**

*(includes Mental Health & Substance Abuse)*

**Older Adults & Aging**

**Transportation**



# Access to Health Services

Objective: Continue to support & develop appropriate avenues to address health services access & utilization challenges

Need	Implementation Strategy	Anticipated Impact/Metric	Evaluation Plan
<p>Increase affordability of and access to health services for those who are uninsured and underinsured</p>	<ul style="list-style-type: none"> <li>• Provide operational &amp; programmatic funding to support Trinity Free Clinic (Carmel) and Heart &amp; Soul Clinic (Westfield)</li> <li>• Provide free community health screenings (BP, A1C, pediatric developmental, pulmonary function, etc.) at community events and through community partnerships</li> <li>• Provide an IU Health Individual Solutions Coordinator to help individuals and families register for HIP 2.0 or other Marketplace Insurance</li> <li>• Continue working with and providing financial support for the Partnership for a Healthy Hamilton County (PHHC)</li> </ul>	<ul style="list-style-type: none"> <li>• Maintain or increase number of patients served at clinics</li> <li>• Screen x number of county residents during the calendar year</li> <li>• Increase in # of insured individuals and families in Hamilton County</li> <li>• Growth in relationships &amp; partnerships with Hamilton County businesses &amp; organizations that also want to address access issues</li> </ul>	<ul style="list-style-type: none"> <li>• # of patients served</li> <li>• # screened and # referred for follow up care</li> <li>• # registered for insurance</li> <li>• PHHC to provide year-end results of health-based initiatives</li> </ul>
<p>Reduce unnecessary trips to ED and unnecessary medical runs by Carmel Fire Department</p>	<ul style="list-style-type: none"> <li>• Explore partnership with the Carmel Fire Department and its Community Paramedicine program</li> </ul>	<ul style="list-style-type: none"> <li>• Decrease in unnecessary trips to ED and unnecessary medical runs by CFD</li> </ul>	<ul style="list-style-type: none"> <li>• # of calls/runs/visits as compared to previous years</li> </ul>



# Exercise, Nutrition & Weight

Objective: Advocate for and support access to healthy eating and exercise options in the community

Need	Implementation Strategy	Anticipated Impact/Metric	Evaluation Plan
Increase access to healthy foods	<ul style="list-style-type: none"> <li>Support local farmers markets and advocate for WIC/SNAP programming at affiliated markets</li> <li>Provide healthy cooking demonstrations at farmers markets using local produce</li> </ul>	<ul style="list-style-type: none"> <li>Increase WIC/SNAP utilization at affiliated markets</li> <li>Increase public knowledge of ways to use local produce in new recipes</li> </ul>	<ul style="list-style-type: none"> <li>Market volumes and WIC/SNAP benefits redemption</li> <li># people served at cooking demonstrations</li> </ul>
Address youth obesity prevention	<ul style="list-style-type: none"> <li>Partner with local schools to provide additional fitness and nutrition resources and education (presentations by dietitians, pedometer/walking competition, walking/running clubs)</li> <li>Explore Jump In via United Way for local school intervention</li> </ul>	<ul style="list-style-type: none"> <li>Increased activity among participating children and school staff</li> </ul>	<ul style="list-style-type: none"> <li>Total participation, length of program, # steps, etc.</li> </ul>
Increase access to fitness activities and opportunities for low-income individuals and families	<ul style="list-style-type: none"> <li>Explore and assist with development of Hamilton County Parks &amp; Rec BeneFIT program</li> <li>Partner with Fishers Parks &amp; Rec Department</li> <li>Support dance camp scholarships for Junior Civic Theatre</li> </ul>	<ul style="list-style-type: none"> <li>Establish a baseline for appropriate measurement of impact and success in 2016</li> <li>Provide underprivileged child(ren) with fitness and educational opportunity</li> </ul>	<ul style="list-style-type: none"> <li>Establish a baseline for appropriate measurement of success in 2016</li> <li>Completion of camp by children who received scholarship</li> </ul>

# Behavioral Health

(includes Mental Health & Substance Abuse)



Objective: Continue to support and develop appropriate avenues to build awareness of mental health and substance abuse issues and address mental health needs including screening and care/support

Need	Implementation Strategy	Anticipated Impact/Metric	Evaluation Plan
Increase availability of mental health providers and resources	<ul style="list-style-type: none"> <li>Explore opportunities to support/fund Aspire Indiana, Inc., Indiana Chapter of American Foundation for Suicide Prevention, Mental Health America of Hamilton County</li> <li>Explore opportunities to provide mental health awareness seminars and/or support groups in the community</li> </ul>	<ul style="list-style-type: none"> <li>Establish baseline of access to services and further engage in goal setting in 2016</li> </ul>	<ul style="list-style-type: none"> <li>Establish baseline and set 2016 goals</li> </ul>
Address behavioral health root causes related to child sexual abuse	<ul style="list-style-type: none"> <li>Partner with Chaucie's Place to offer community and staff education on preventing and recognizing child sexual abuse</li> <li>Provide funding to Chaucie's Place to further child sexual abuse prevention programming in Hamilton County</li> </ul>	<ul style="list-style-type: none"> <li>Train x # of IU Health staff and community members</li> <li>Determine impact based on dollars given and programs supported</li> </ul>	<ul style="list-style-type: none"> <li># staff and community members who receive training</li> <li>Establish a baseline for appropriate measurement of success in 2016</li> </ul>
Develop understanding of substance abuse challenges facing Hamilton County residents	<ul style="list-style-type: none"> <li>Explore appropriate partnerships with existing groups/agencies, including the Substance Abuse Task Force, local law enforcement</li> </ul>	<ul style="list-style-type: none"> <li>Establish a baseline for appropriate measurement of impact and success in 2016</li> </ul>	<ul style="list-style-type: none"> <li>Establish a baseline for appropriate measurement of success in 2016</li> </ul>

# Older Adults & Aging

Objective: Advocate for and support the health of older adults through the aging process

Need	Implementation Strategy	Anticipated Impact/Metric	Evaluation Plan
<p>Increase access to health services for older adults with Medicare</p>	<ul style="list-style-type: none"> <li>• Explore opportunities to support/fund Central Indiana Council on Aging (CICOA) in Hamilton County</li> <li>• Explore volunteer networks/organizations to support patient transportation strategies</li> <li>• Provide free balance screenings for older adults</li> </ul>	<ul style="list-style-type: none"> <li>• Establish baseline of access to services and further engage in goal setting in 2016</li> <li>• Prevention of falls</li> </ul>	<ul style="list-style-type: none"> <li>• Establish baseline and set 2016 goals</li> <li>• # patients served</li> <li>• # adults screened and results of screenings</li> </ul>
<p>Develop greater understanding of health challenges facing elderly Hamilton County residents</p>	<ul style="list-style-type: none"> <li>• Explore appropriate partnerships with existing groups/agencies</li> </ul>	<ul style="list-style-type: none"> <li>• Establish a baseline for appropriate measurement of impact and success in 2016</li> </ul>	<ul style="list-style-type: none"> <li>• Establish a baseline for appropriate measurement of success in 2016</li> </ul>
<p>See ACCESS TO HEALTH SERVICES for further implementation strategies</p>			

# Transportation



Objective: Advocate for and support local initiatives to alleviate transportation issues in Hamilton County

Need	Implementation Strategy	Anticipated Impact/Metric	Evaluation Plan
<p>Increase public transportation</p>	<ul style="list-style-type: none"> <li>Participate in the Hamilton County Transit Forum and support the work of the group</li> <li>Work with local agencies and organizations (Hamilton County Express, Janus Development) to explore opportunities to expand transportation services</li> </ul>	<ul style="list-style-type: none"> <li>Metrics to be determined by the Hamilton County Transit Forum leadership and participants</li> </ul>	<ul style="list-style-type: none"> <li>Periodically gauge progress of the Hamilton County Transit Forum</li> </ul>
<p>TRANSPORTATION is a county wide issue that expands beyond health care. Because of this, IU Health North and Saxony hospitals will participate in and support local initiatives to address the issue, but will not necessarily lead the charge.</p>	<ul style="list-style-type: none"> <li>As a large employer in the county, IU Health North and Saxony will provide funding and political support for transportation initiatives when appropriate.</li> </ul>		