



Facial Plastic & Reconstructive Surgery

Submental Liposuction/Platysmaplasty Post-Operative Instructions

Please follow the general post-operative instructions provided. In addition:

Days 2-7:

- You will be seen by your surgeon or a nurse the day following your surgery. At this time, your dressings will be removed and your Jawbra will be placed.
- Keep the Jawbra dry and intact. It must be worn constantly unless showering/bathing or performing suture line care.
- Readjust the Jawbra as needed throughout the day and night. Wearing the Jawbra too tight or loose may result in post-operative complications. Neck should feel snug and supported during the first two weeks.
- Continue to wear your Jawbra throughout the 2nd week at night.
- Do not turn your head excessively from side to side or extend your head back to look up. If you need to turn your head, turn from your shoulders or waist.