



Post-Graduate Track: Women's Health

The Women's Health Postgraduate APP Training Program is a one-year, post-graduate training program designed for nurse practitioners (*WHNP, FNP, AGNP*) and physician assistants seeking advanced specialty training in comprehensive women's healthcare. This structured fellowship combines immersive clinical experiences, didactic education, mentorship, and simulation to prepare APPs to provide high-quality, evidence-based care for women across the lifespan.

Fellows work alongside experienced physicians, advanced practice providers, certified nurse midwives, and multidisciplinary care teams to strengthen their clinical knowledge, procedural skills, and confidence in managing a wide range of obstetric and gynecologic conditions.

The program provides trainees with:

- A solid foundation to build their advanced practice career in a nationally recognized health system
- Comprehensive experience including:
 - Hands-On Learning in specialty clinical areas
 - Didactic Sessions
 - Mentorship
 - Simulation experiences focusing on clinical patient management
 - Case-based learning

Clinical Experiences

- General Obstetrics & Gynecology
- Ambulatory Women's Health and Low-Risk Obstetrics
- High-Risk Obstetrics/Maternal-Fetal Medicine
- Minimally Invasive Gynecologic Surgery
- Urogynecology
- Gynecologic Oncology
- Elective rotations based on individual interests

Training Objectives

Upon completion of the fellowship, fellows will:

1. Deliver comprehensive, evidence-based women's healthcare across the lifespan.
2. Develop proficiency in evaluating and managing common and complex obstetric and gynecologic conditions.
3. Gain confidence in performing office-based women's health procedures within the APP scope of practice.
4. Collaborate effectively with multidisciplinary healthcare teams to optimize patient outcomes.
5. Demonstrate clinical reasoning, professionalism, and leadership while providing patient-centered, culturally responsive care.
6. Participate in quality improvement initiatives and integrate evidence-based practice into clinical decision-making.

This fellowship prepares graduates to transition confidently into independent practice as Women's Health APPs while supporting the Indiana University Health commitment to clinical excellence, innovation, and exceptional patient care.